

HILLINGDON people

News from your council
March/April 2022

www.hillingdon.gov.uk

Record spend on highways

Improving
your area

New leisure centre
for West Drayton

Join in our Platinum
Jubilee celebrations



HILLINGDON
LONDON



SHOP LOCAL



SEE WINNERS



WORKS CONTINUE

FIND A NEW WAY 2 GO

Heathrow is making commuting to the airport more sustainable.

Do you work at Heathrow or would like to?

The new Heathrow Sustainable Travel Zone (STZ) has now launched providing you with easy, cost-effective and sustainable ways to travel between Hillingdon and Heathrow without the need to drive a car every day.



VISIT heathrow.com/commuter

Team Heathrow

Refuse and Recycling

Easter 2022

Normal collection day	Revised collection day
Friday 15 April <small>(Good Friday)</small>	Saturday 16 April
Monday 18 April <small>(Easter Monday)</small>	Tuesday 19 April
Tuesday 19 April	Wednesday 20 April
Wednesday 20 April	Thursday 21 April
Thursday 21 April	Friday 22 April
Friday 22 April	Saturday 23 April

Please leave your rubbish out for collection by 6am.
Please leave your rubbish near your front gate, but not on the pavement.
Separate arrangements are in place for flats and business premises.
If you have any queries, or would like to report a missed collection, visit www.hillingdon.gov.uk/recycling or call 01895 556000.



www.hillingdon.gov.uk/recycling



Are you aged 55-74 and a smoker or ex-smoker in Hillingdon?

You can get a free NHS lung health check.

Lung health checks are quick and simple and are a good way of spotting lung-related problems early on.

If you receive an invite in the post please call for an appointment on 020 7351 8607.



For more information please visit: lunghealthchecks-westlondon.nhs.uk

RM Partners



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COVER PHOTO: THE COUNCIL'S CONTRACTOR O'HARA BROS AT THE WINDMILL HILL ROUNDABOUT IN RUISLIP.



Advertising deadline for next edition: **Friday 8 April.**

Editorial and advertising enquiries

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🌐 www.hillingdon.gov.uk/hillingdonpeople



After reading, please recycle this magazine

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For a copy in large print or as an audio version call 01895 556903

Welcome



Last month, Hillingdon Council set its budget for 2022/23. As a result of strong financial management and to support households experiencing rising living costs, the council tax increase originally proposed in December was reduced from 2.8 per cent to 1.9 per cent.

Frontline services will be protected and there will be further investment in the council's award-winning services and infrastructure.

Free weekly waste and recycling collections will continue, as will investment in leisure facilities (read about the £35 million new leisure centre which is being built at West Drayton on page 11), the borough's road network (as detailed on page 18), town centre improvements to boost local businesses and high streets, new homes, schools and environmental initiatives to reduce the borough's carbon footprint (you can read about some of these environmental schemes on page 12).

Thankfully, the fight against COVID-19 has turned a tide and we must now learn to live with coronavirus but it's really important for everyone to get vaccinated. This is the best form of protection from hospitalisation, so if you've not had your first, second or even your booster vaccine the NHS is still offering these at various clinics and pop-up sites across the borough.

Last month we announced the winners of our Hillingdon Community Awards, who will receive these at a special ceremony in May. One winner also received a prestigious Civic Medal and you can read their story and see the full list on page 14. It was really inspiring to read all of the nominations and I would like to congratulate both the winners and nominees for their fantastic work.

As we look ahead to the spring, local elections take place on Thursday 5 May, and as you can read on page 5, the borough's electoral wards are set to change, so do look on our website to find out which ward you will live in when the changes are implemented.

Finally, the council is proud to offer a free service for residents wanting to organise a street party on Sunday 5 June to celebrate the Queen's Platinum Jubilee. The council will be holding a number of events and activities across the borough to mark this special occasion – find out more on page 16.

Cllr Ian Edwards
LEADER OF THE COUNCIL





More places for Hayes special needs school

Hedgewood School in Hayes has benefitted from a £2.5 million expansion to help meet the growing demand for special educational needs places.

The school supports primary school age children with Education, Health and Care Plans (EHCPs) who are living with a variety of conditions, including autism, complex to moderate learning difficulties, communication and interaction challenges, and other sensory impairments.

Demand for places has risen over the past few years and the numbers of pupils on Hedgewoods' register has risen by a third since 2019.

In January 2021, the council's SEND and school admissions team reviewed primary school applications for September's intake and found that an additional 30 pupils aged between four and five had been assessed as needing a special needs school place.

Construction commenced on the site last August and included the installation of two high-quality, energy-efficient modular classrooms. Each unit has two classroom areas, a kitchen learning zone, small quiet areas, accessible toilets and changing/personal care facilities. Space has also been identified on the site to accommodate a third modular building if needed.

The works to deliver the new classrooms lasted

10 weeks in readiness for the teachers to set up the classrooms ahead of the children's return following the October half-term break.

Works also included the creation of additional external play space and landscaped areas for outdoor learning activities that incorporated a number of new trees.

In addition, adaptations were made to the main school building and included the creation of three additional changing/personal care areas and the upgrading of the school's electrical supply.

Cllr Susan O'Brien, Cabinet Member for Families, Education and Wellbeing, who visited the school to see the works in January 2022, said: "Our £270 million school building and expansion programme continues to provide additional school places to ensure that all our children have access to high-quality educational facilities.

"Pupils who have additional needs are usually referred to the council by nurseries and schools so we can project the places needed. However, due to the lockdowns some children were not able to access early years settings for many, many months which meant that unaccounted for demand had built up.

"The council reacted swiftly to ensure that these pupils did not have to start primary school outside the borough."



Freedom of the Borough

Hillingdon has awarded its highest honour – the Freedom of the Borough – to two dedicated public servants in recognition of their longstanding service to residents.

At a special Full Council meeting on Thursday 13 January, councillors unanimously agreed to admit Cllr Sir Ray Puddifoot MBE and Jean Palmer OBE on to the Roll of Honorary Freeman of the Borough.

Sir Ray, who has lived in Hillingdon all his life, was elected as a councillor for Ickenham ward in 1998 before becoming Leader of the Council two years later. He is the council's longest-serving leader and the longest-serving council leader in London, having held the position for 20 years.

A chartered accountant by profession, Sir Ray has overseen the council building its financial stability while maintaining and investing in services and facilities for residents.

As Older People's Champion, Sir Ray led the delivery of a variety of services for over-65s, including the Brown Badge parking scheme, free burglar alarms, free swimming and swimming lessons, tea dances and free TeleCareLine for over-75s.

Sir Ray's work was recognised in 2012, when he was appointed MBE for services to the community, and then

in 2019 Her Majesty was pleased to confer a Knighthood on him for services to Hillingdon.

In March 2001, Ms Palmer joined the council as Head of Planning and Transportation assuming several other strategic roles before becoming Deputy Chief Executive and Corporate Director of Residents Services in 2013 – a position which she held until her retirement in January 2021.

Notable achievements include helping drive forward an ambitious £270 million school expansion programme, the largest of its kind in London, and also delivering two new sports centres for the borough, including the first 50-metre swimming pool to be built in the capital for more than 40 years.

In 2015, her outstanding public service was recognised when Her Majesty awarded her the Order of the British Empire (OBE) for services to the community.

Leader of the Council, Cllr Ian Edwards, said: "Steeped in history this is the highest award that the borough can give and is an honour bestowed on very few people.

"Ray and Jean both embody the very best of local government and I'd like to thank them for their years of service and for always putting our residents first."

Vote in the upcoming election

Hillingdon's local elections take place on Thursday 5 May and you must be on the electoral register to be able to vote and have your voice heard.

Every eligible resident is responsible for their own registration and the deadline for making sure you are on the electoral register is Thursday 14 April 2022.

If you're unsure if you're on the register, you've recently moved into Hillingdon or have just turned 18, visit www.gov.uk/register-to-vote to register online. Alternatively, call the team on 01895 250251 for assistance.

On election day, you can vote in person at a

polling station between 7am and 10pm.

You can also register to vote by post and the deadline for this is 5pm on Tuesday 19 April 2022. The ballot papers will be sent out from Wednesday 20 April 2022 and you have until 10pm on the day of the election to return it to us.

If you'd like someone to vote on your behalf, you have until 5pm on Tuesday 26 April 2022 to apply to vote by proxy.

For more information and to find your nearest polling station, visit www.hillingdon.gov.uk/vote and for further assistance call 01895 250251.

New ward boundaries

In 2018/19, the Local Government Boundary Commission undertook a review of Hillingdon's local government electoral arrangements, and several changes are being introduced.

They will be implemented for the May 2022 council elections and result in a reduction in the number of councillors elected to the council (from 65 to 53) and

a reduction (by one) in the number of electoral wards

This has resulted in a saving of at least £140,000, which is part of the council's drive for ever greater efficiencies by digitising processes, creating more modern and efficient services, streamlining management structures and maximising the use of the council's assets.



SLOW DOWN
Haram and Cllr Riley remind motorists to watch their speed

Road safety art competition

Pupils from Rosedale Primary School in Hayes have taken part in a council-run competition to design banners which highlight the importance of road safety.

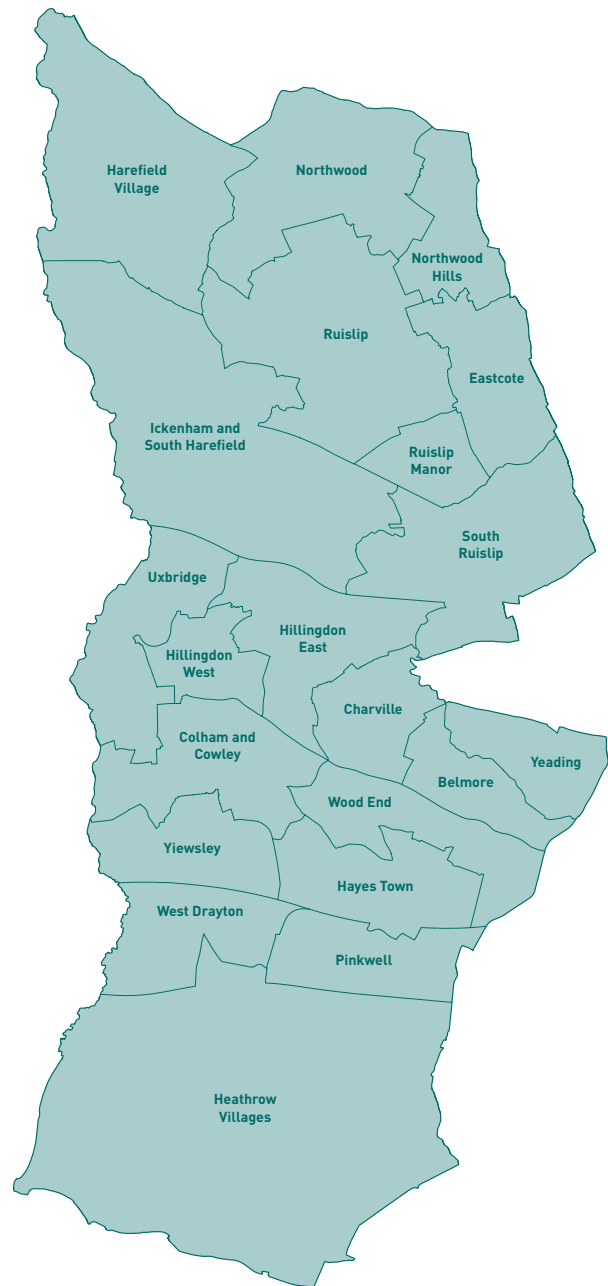
The school has experienced issues during drop-off and pick-up times with parents parking on the yellow 'school keep clear' zig zag lines and motorists frequently exceeding the 20mph speed limit.

A competition was held last September, and children were asked to draw designs for two banners to highlight these issues.

More than 200 entries were received, and Cllr John Riley, Cabinet Member for Public Safety and Transport selected the winning entries.

Year 5 pupils Haram and Elizabeth's designs were chosen and were installed and unveiled on Wednesday 2 February.

If you've any road safety concerns, please complete the council's road safety suggestion form or submit a petition which can be found at www.hillingdon.gov.uk/road-safety and www.hillingdon.gov.uk/petitions.



You can find out which ward you live in and details of all the new boundaries at www.hillingdon.gov.uk/ward-boundaries.



New electric vehicle charging points for Hillingdon drivers

We're making it more accessible for owners of hybrid and electric vehicles to charge their cars in public car parks and residential streets.

Research from car retailer, Evans Halshaw, in 2021 indicated that Hillingdon has the highest number of green-conscious drivers of all London boroughs and is home to nearly 3,000 electric vehicles.

In January, the council approved the review, modernisation, and upgrade of its existing electrical vehicle charging points (EVCP) and installation of new ones across the borough over the coming years.

A contractor has been appointed and the first phase of works will upgrade existing charging points at 12 council-owned car parks.

A second phase will extend the provision to

all council-owned car parks, and a third will see the introduction of EVCP in residential streets.

Cllr John Riley, Cabinet Member for Public Safety and Transport, said: "This is an exciting new chapter for both the council and residents, and it also supports our climate change ambitions.

"With demand for electric vehicles increasing due to the phase out of petrol and diesel cars and vans by 2030, it means we need the infrastructure in place to allow people to charge electric and hybrid vehicles in public places.

"We have considered a range of options and I am pleased that we have now approved a contractor to help us take this project forward so that EVCPs are more readily available across the borough."



We'll soon be replacing paper parking permits and scratch-off visitor vouchers with a new online system to make it easier and more efficient for residents, visitors, businesses and the council.

In January, the council's Cabinet approved a recommendation for all parking permits and visitor vouchers to go fully digital and paperless.

When introduced later this year, vehicle owners will no longer have to display a paper permit or visitor voucher visible through their car windscreen, and civil enforcement officers will be able to see whether vehicles have a valid virtual permit or voucher by checking the registration number using the new online system.

Parking permits allow residents living in Parking Management Schemes to park close to their homes. Eligible residents are also able to apply for visitor vouchers to provide guests with temporary parking.

Additionally, the council offers businesses

and their employees permits for car parks.

Prior to the launch, existing permit holders will be contacted by the council advising them on how to create an online account and their existing permit will be automatically uploaded to the system.

Once the new system is launched, any residents wishing to make a new application for a digital parking permit and visitor vouchers will be encouraged to create an online account via the council's website.

Cllr John Riley, Cabinet Member for Public Safety and Transport, said: "Our new digital parking permits and visitor vouchers will make it easier and quicker for residents to purchase and manage them.

"Not only is it good for the environment but it is also an example of how the council is utilising technology to make services more accessible and efficient with quick and easy online processes."

Could you play a part in promoting local democracy?

An opportunity has arisen on the council's Standards Committee for an Independent Person to help promote and maintain high standards of conduct for members.

All elected members and co-opted members of the council work to a Code of Conduct and the role will involve you giving your opinion

on any complaints against members or co-opted members that are considered by the committee. You will also be required to give advice following any investigation.

To be considered for the role you cannot be related to, or be a close friend of, current/former members or officers of the council. In addition, the successful

candidate should be able to demonstrate a commitment to maintaining high standards in public life and have a keen interest in local government.

The Independent Person post carries with it an annual allowance.

If you'd like to be considered for the role, please submit an expression of interest

of between 150 to 200 words, setting out your experience and suitability to the Head of Democratic Services, Lloyd White, Civic Centre, High Street, Uxbridge, UB8 1UW or email lwhite@hillingdon.gov.uk.

Submissions should be received by no later than Saturday 30 April 2022.

Hayes flats to get ultra-fast broadband thanks to partnership

Residents in a Hayes block of flats are the first to benefit from a full fibre internet connection delivered through the council's new partnership with digital network company Openreach.

The building in Devonshire Way also became the first 'multi-dwelling' building in the borough to be connected to Openreach's ultra-fast fibre broadband network, when the works were completed in early January.

Openreach's network delivers fibre optic cables from the local exchange to residents' and businesses' front doors, also known as Fibre-to-the-Premises technology (FTTP) or 'Full Fibre' and can deliver speeds of 1 Gigabit and beyond.

The completion marks a major milestone in

the rollout of full fibre availability across the borough as part of the council's ambition to ensure residents and businesses have access to the best and fastest available connections.

The council agreed its new partnership with Openreach last year as part of a commitment to its digital strategy, which pledges to provide the best-possible connections for residents and businesses.

Currently 35,000 homes and businesses across Hillingdon can access Openreach's ultra-fast network, the result of a £10 million investment in the borough, to date.

Cllr Douglas Mills, Cabinet Member for Corporate Services and Transformation, said:

"This is fantastic news for residents and businesses.



CONNECTING COMMUNITIES
Cllr Mills and the Openreach and council teams involved in the partnership

"We're working hard to ensure the best-possible internet connections are available so people in Hillingdon can seamlessly access the services they rely on and businesses can innovate and thrive."

More buildings are currently being surveyed to see if they're suitable for connection to Openreach's network. Others, that have already been surveyed, are set to go live soon as

many more homes and businesses stand to benefit from full fibre speeds over the coming year as the rollout continues.

A map of Openreach's commercial plans in Hillingdon is available at www.openreach.com/fibre-broadband/fibre-first. To find out whether Full Fibre is available at your home or business, check your postcode at www.openreach.com.

Council homes returned following a six-week long campaign

A six-week campaign to tackle tenancy fraud has helped recover three council properties, saving the council more than £55,000 as well as helping house families in genuine need of a home.

Between Monday 8 November and Friday 17 December, the council's business assurance counter fraud team ran a key amnesty to reclaim social housing being used illegally. This was an opportunity for anyone to hand in the keys to a council property with no questions asked or fear of any further legal action relating to tenancy fraud.

Tenancy fraud costs councils hundreds and thousands of pounds each year and denies residents access to suitable accommodation. Over the past year, the council has recovered 41

council properties which have then been relet to residents in genuine need.

Examples of tenancy fraud include illegal subletting, wrongful succession, a fraudulent 'right to buy'

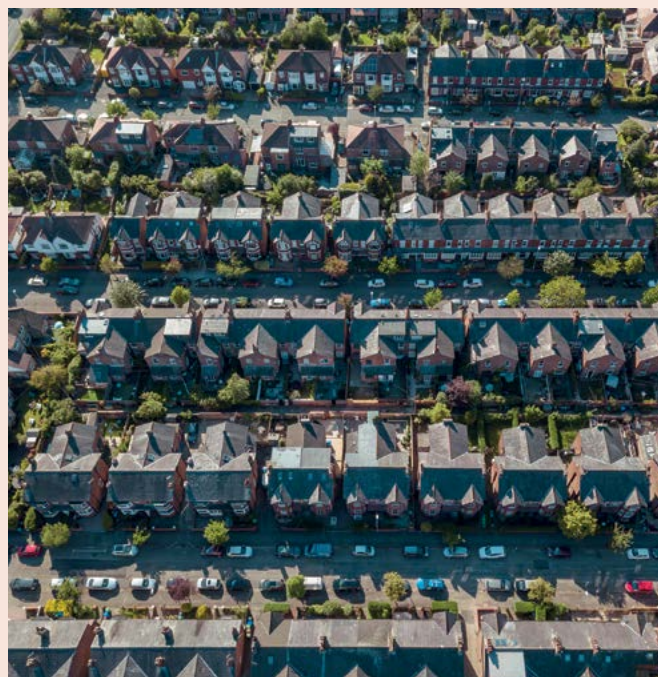
application, lying about a tenancy agreement or housing application, or not disclosing a change of circumstances.

The three properties returned during the

amnesty each had two bedrooms. Two-bedroom emergency accommodation costs the council an average of £18,552.95 a year. The three returned properties means that the council will save £55,568.85 in emergency accommodation costs.

Cllr Martin Goddard, Cabinet Member for Finance, said: "This is the first time we've held a key amnesty to tackle tenancy fraud and I am pleased that it has allowed us to quickly reclaim council homes so desperately needed by people and families on our waiting list."

If you suspect tenancy fraud is taking place, report it online at www.hillingdon.gov.uk/reporting-fraud-or-corruption, call 0800 389 8313 (Monday to Friday 9am to 5pm) or email fraud@hillingdon.gov.uk.



New measures considered to combat Lido parking issues

Last November and December, the council carried out a consultation on its proposals to introduce seasonal parking measures to an area near Ruislip Lido to counter longstanding issues caused annually by visitors to the award-winning lake during summer.

More than 500 residents and businesses in the affected area bounded by Breakspear Road, Bury Street, Arlington Drive and Howlett's Lane were sent a consultation pack, with 38 per cent responding. Two to one were in favour of the introduction of a seasonal parking management



scheme. Because of the layout of the proposed scheme, and its part-time nature, it will be possible to largely avoid the need for formal parking bays.

Following this, a Cabinet Member Report was produced in January which outlined the council's

decision to proceed with a scheme that will as far as possible take on board the many suggestions received.

Public notices, as required in law, will be installed in the area and publicised in the local media in the spring to present the proposed measures

and invite residents to comment on them.

Subject to any objections, the council will then consider a second Cabinet Member Report prior to a scheme being introduced before summer.

In addition, the council will conduct increased parking and anti-social behaviour enforcement patrols in the area during spells of hot weather. Those found parking illegally will be fined and may even have their vehicles towed away and those carrying out acts that contravene the council's public spaces protection order (PSPO) in place at the site may be fined.



Sign up to our e-newsletters

In November the council moved to a new e-newsletter email system to improve the service for residents and share timely information on the topics they'd like to hear more about.

Join the growing number of local people who have signed up to receive regular news and updates.

Francis Doyle, aged 42 from Ruislip, said: "The e-updates have been a really useful way of staying connected with the latest developments locally. I found out where to get my COVID-19 booster vaccination, as well as information on events, so I'm really glad I signed up."

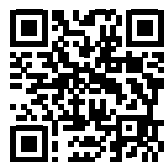
As well as the latest borough news, you can also now sign up to receive our new adult learning and waste and

recycling newsletters. New topics will be added throughout the year.

Cllr Douglas Mills, Cabinet Member for Corporate Services and Transformation,

said: "We've improved our e-news service so that residents can receive personalised updates on the council services and areas that matter most to them.

"To date more than 36,000 residents have signed up to this free service. It's really easy to get started, visit www.hillingdon.gov.uk/enews today to find out more and register."



Fly-tipping continues to fall

Thanks to residents disposing of waste in the correct way and the council's efforts to tackle fly-tipping, reported incidents of the crime fell by 40 per cent between October 2021 and January 2022 in comparison to the same period the previous year.

Various council teams, including waste services and anti-social behaviour, have been running a campaign during the past year to discourage this illegal act by carrying out enforcement when incidents are reported and encouraging people to dispose of waste in the correct way via the council's weekly waste and recycling collections, civic amenity sites or low-cost bulky waste collection service.

Teams have also been working closely with landlords, letting agents and writing to HMO properties and carrying out direct and indirect engagement with residents to promote good waste management.

Last September, the council also launched a new CCTV witness appeal campaign.

The aim of the regular videos, which are shared widely on the council's social media channels, is to help identify and find those filmed illegally dumping rubbish on the borough's streets (after the council has exhausted all other efforts to identify the culprits) and discourage others from fly-tipping.

This work was recognised at the Keep Britain Tidy Network Awards where the council was shortlisted as a finalist in the Litter Initiative of the Year Award category for its work in helping to reduce fly-tipping and littering.

Fly-tipping can be reported easily on the go via our mobile friendly website at www.hillingdon.gov.uk/flytipping – all you need to do is give us the location, the description of the fly-tip and, if possible, a photo.

Continuing to put residents first

The council approved its annual budget on Thursday 24 February, confirming that investment in services and infrastructure will continue in 2022/23 and setting a council tax increase well below the rate of inflation.

Thanks to its record of sound financial management, the council continues to ensure it delivers a balanced budget and award-winning services.

Hillingdon's frontline services will be protected in 2022/23 and there will be further investment in services and facilities. Free weekly waste and recycling collections will continue, as will investment in leisure facilities, road resurfacing, new homes, high-quality educational facilities (including creating school places for children with special educational needs), town centre improvements, environmental projects and reducing the council's carbon footprint.

Since the proposed budget was outlined in December 2021 for consultation, various assumptions have been confirmed following the publication of the government's Final Local Government Finance Settlement which will increase council funding. As a result of this increase and recognising that households nationally are facing higher living costs, the council has reduced the proposed council tax uplift from 2.8 per cent to 1.9 per cent.

This comprises a core council tax increase of 0.9 per cent alongside a 1 per cent levy relating to the social

care precept. In practice this equates to 45p a week for a Band D property.

The majority of fees and charges are being increased in line with inflation.

The council's budget is set to be achieved through a combination of the council delivering manageable increases in council tax, fees and charges, and producing efficiency savings, while maintaining and improving services for residents and preserving reserves.

This year, the government is providing a one-off £150 Energy Bills Rebate for most households in council tax bands A to D. Funding will also be provided via a discretionary scheme to support people on low incomes that do not pay council tax or who pay council tax for properties in bands E to H. As we receive more information on this we will update our website with further details.

The council, as well as a number of local authorities across the UK, is currently in the very advanced stage of discussions with the Department for Education on a safety value agreement to eliminate a cumulative deficit regarding Dedicated School Grants over a five-year period. This deficit has been the result of government underfunding in this area over a number of years and the safety valve process has been created to resolve these problems without risking the financial stability of councils across the UK.

Highlights of the five-year capital programme include:

- £450 million for housing
- £32 million investment in the borough's road network and transport infrastructure
- £35 million for a new leisure centre in West Drayton
- £3 million to improve the fabric of existing school buildings and £53 million towards the creation of more places for children with special educational needs
- £25 million investment in initiatives to reduce the borough's carbon footprint
- £26 million on replacement outdoor leisure facilities for those displaced by HS2
- £2 million on town centre improvements as part of a £10 million programme
- £12 million for equipment for social care clients
- Continued investment in the council's Chrysalis scheme.

Sign up for paperless bills

Help the environment by reducing paper use and help us save money by opting to receive and manage your council tax information online. Sign up now at www.hillingdon.gov.uk/council-tax-account

Budget in numbers

The council delivers nearly 800 services. These are funded through a combination of grants from central government, a share of local business rates and your council tax.

In 2022/23:

- **council tax** (55 per cent)
- **business rates** (22 per cent)
- **central government grants** (23 per cent)



Cllr Martin Goddard, Cabinet Member for Finance, said:

"Since we outlined our proposed budget in December we have received confirmation of further government funding, and as a result of this administration's careful financial planning it means that we can support households experiencing rising living costs by reducing the increase in council tax. "Additionally, we are continuing to protect and invest in the services and facilities residents value."

For details on council tax and how to pay, visit www.hillingdon.gov.uk/counciltax

2021 - Our year in numbers

Here's a snapshot of how we continued to put residents first last year:

Green spaces and leisure



63 Green Flags were awarded to our parks and open spaces

More than **1,000** metres of Grand Union Canal towpath were upgraded

32 Christmas lights displays were installed

4,979 visits were made to the Battle of Britain Bunker

Rubbish and recycling

5 new waste collection trucks were purchased

12,632 bulky waste collections were made

£443,038.46 was saved through our separate food and garden waste service between May and November

Responding to COVID-19



3,887 households received household support grants

Sites across Hillingdon carried out **69,911** tests for residents without COVID-19 symptoms and **27,026** lateral flow tests were distributed via libraries and children's centres

Parking and enforcement

47 planning enforcement notices were served



Our Community Hub referred **1,994** vulnerable people to social services for extra help

14,241 parking permits were issued

768 food safety inspections were carried out

80,030 free school meal vouchers were issued to **7,050** households

Recognising achievement

More than 400 young people were nominated for a Kids in Care Award

8 young people benefitted from the Tashan Daniel Award

130 nominations were made for the Community Awards and **25** winners were selected

The council

162 petitions were heard

More than 51,000 people registered for a new MyAccount

Other highlights

Our website had **7,484,242** page views

185 council meetings were held (**77** virtually)



321 weddings were conducted at the register office

4,369 planning applications were processed

13,584 school admissions applications were processed

Works to get under way on new leisure centre for local people

After a ceremonial ground-breaking at the site in West Drayton last month, residents are one step closer to receiving a modern new leisure centre.



A CGI showing the front entrance of the new leisure centre

The contract for the new development was agreed in January and a ceremonial ground-breaking took place at the site – on the corner of Harmondsworth Road and Rowlheys Place – in mid-February.

The new leisure centre will serve residents of Yiewsley and West Drayton and affirms the council's commitment to providing first-class leisure opportunities for local people.

What's being delivered?

Facilities will cater for everyone, with a 25-metre swimming pool, training pool, splash-zone, gym and health suite, soft play, climbing wall, youth zone, a café and terrace, and even a rooftop 3G turf football pitch.

Residents were consulted on the plans in September 2019 and their feedback has been incorporated into the design wherever possible.

Who's the developer?

The new leisure centre will be constructed by Buckingham Group Contracting Ltd. The

Buckinghamshire-based organisation has a strong track record in delivering specialist sports and leisure facilities. Similar projects they've completed include The Wave leisure centre, in Coventry.



COMING SOON
Cllr Edwards and Cllr O'Brien visit the site of the new West Drayton leisure centre

Cllr Susan O'Brien, Cabinet Member for Families, Education and Wellbeing, said: "It is fantastic news for residents that this brilliant new leisure centre is now one step closer.

"We're delighted to have Buckingham Group Contracting Ltd on board who I am sure will lead this project brilliantly and deliver a first-class facility that residents deserve and will no doubt become a real hub for the local community.

"Once complete, Hillingdon will have an enviable offering of leisure facilities serving everyone, from elite sportspeople, to those just trying to lead a more active lifestyle."

When does it happen?

Estimated timeline for the works:



Planting a cleaner and climate-proof future for Hillingdon

Following the council’s climate emergency declaration two years ago, the council continues to make strides in its goal to be climate neutral by 2030. A fundamental element of this work are projects to reduce air pollution and climate-proof the borough through planting and anti-flooding schemes.

Another 13 schools in the borough have been given better protection from the polluting fumes of passing traffic through the addition of ‘green screens’.

These new additions build on the 25 schools already upgraded through the project which involves planting trees and shrubs and the installation of green privacy screens, between the school and nearby roads.

The most recent tranche of schools upgraded through the scheme includes:

In Hayes:

- Botwell House Catholic Primary School
- Brookside Primary School
- Cranford Park Academy
- Hewens Primary School
- William Byrd Primary School.

In Heathrow Villages:

- Harmondsworth Primary School
- Heathrow Primary School.

In West Drayton:

- West Drayton Academy.

And in Uxbridge:

- Hermitage Primary School
- Hillingdon Manor School
- Hillingdon Primary School
- St Mary’s Catholic Primary School.

By April this year, more than 40 schools will have been upgraded through the project, which has been funded through an investment of more than £250,000 from the council. Another 12 schools and a further 13 roadsides in recreational areas are also set to benefit later this year.

In total, more than 200 trees, 4,000 shrubs and 1,500 metres of privacy screening have been installed to date, protecting the borough’s schoolchildren and removing harmful pollutants from the local atmosphere.



Hillingdon Primary School



Hewens Primary School



William Byrd Primary School

Cllr Eddie Lavery, Cabinet Member for Environment, Housing and Regeneration, said: “We’re making great strides in our efforts to counter the threats of climate change with a lot of great work around planting trees to keep our borough one of the greenest in London.

“Trees bring a multitude of benefits, from boosting the mental health and wellbeing of residents, to cleaning polluted air and providing a home to the borough’s wealth of wildlife.

“It’s great to start the year off with a round-up of some of the projects we’ve got in progress, or recently completed, and I can assure residents the year ahead will see even more great work as we prioritise our climate-based work and continue to put residents first.”

More 'mini copses' planted

The council's partnership with charity Trees for Cities continues to yield green benefits for borough residents.

Last year, Trees for Cities worked with the council on a project to plant 'mini copses' on soft verges in Long Lane, Uxbridge, by planting whips (very young saplings) rather than established trees. These will form mature mini ecosystems over the coming decades that will sustain wildlife and provide a vital amenity for residents.

In late January and early February this year, a further 2,570 whips were planted along Dawley Road in Hayes with the help of Trees for Cities and teams of corporate volunteers from local businesses.

A busy arterial road, close to Heathrow Airport and the M4



VOLUNTEERING IN ACTION
Planting 2,570 whips along Dawley Road

motorway and with low levels of existing tree cover, Dawley Road gets higher levels of air pollution than other parts of the borough. These new trees will help address

this by reducing noise and pollution levels here, as well as bringing biodiversity benefits too, by helping connect green spaces, so wildlife can forage and travel more easily.



FLOOD PROTECTION
The council's contractors introduce an anti-flooding scheme in Bessingby Park

Flood protection for park

A Ruislip park has been given a bad weather boost after the council used natural measures to help tackle a flooding issue.

Bessingby Park regularly flooded following heavy rainfalls due to water flowing out of a manhole and collecting in the park and neighbouring gardens as it had nowhere to disperse to.

The first stage of works were completed last December to solve the issue. A small area in the southern part of the park was sculpted into a shallow basin that would collect standing water and allow it to drain away slowly back into the sewers, once they have capacity again, and into Yeading Brook.

The clay ground in the park means rainwater tends to run off, rather than being absorbed. By creating the basin, the water pools in one place away from the footpath. This also brings ecological benefits by creating mini-wetland areas that will attract wildlife. The scheme has proved successful, so more basins are planned for elsewhere in the park. During 2022, the scheme will also be expanded into Pine Gardens and Cavendish Recreation Ground. This next phase of work will be funded by a £41,000 grant from Thames Water and the Greater London Authority as part of the 'Grow back greener' fund.



SHALLOW BASIN
Has been replanted with grass seeds to help water drain away slowly

Read more about the council's proactive work to tackle the climate emergency at www.hillingdon.gov.uk/climate-action

Hillingdon Community Awards

The winners are...

Twenty-five local heroes have been announced winners of this year's Hillingdon Community Awards.

The council-run awards celebrate local people who work tirelessly behind the scenes to make the borough a special place to live, work and visit.

During the past two years, the coronavirus pandemic has also highlighted the fantastic contribution from local people in helping their neighbours, community, and those most in need of support.

Throughout November and December 2021, we asked residents across the borough to nominate their unsung heroes.

More than 150 nominations were submitted, giving our judges (the Mayor of Hillingdon Cllr Roy Chamdal; Leader of the Council, Cllr Ian Edwards; and Interim Chief Executive of the Council, Tony Zaman) the tough job of selecting this year's winners.

The rest of this year's winners, who will receive their Gold, Silver and Bronze lapel pins at a ceremony in May, are:

Long Service to the Borough award

- **Gold for Bob Beeston:** As detailed above.
- **Silver for Simon Dyke:** For 25 years' service with the 12th Ruislip Scout Group helping young people develop life skills. Simon dedicated his time during the lockdowns to producing fun, educational and practical online sessions for the Scouts.
- **Bronze for Jane Taylor:** For her years of service to the residents of Harmondsworth and beyond. As well as campaigning to save people's homes under threat from the proposed third runway at Heathrow, Jane tackles numerous problems, from housing difficulties to road safety, for local residents.

Bob receives Civic Medal honour

It was Eastcote resident Brian 'Bob' Beeston who stood out the most for our judges, winning the 'Outstanding contribution to the borough' award and receiving a prestigious Civic Medal (the second highest award after the Freedom of the Borough) as well as a Gold award for long service from the Leader of the Council, Cllr Ian Edwards and the Mayor of Hillingdon, Cllr Roy Chamdal on Thursday 24 February.

Bob's lifetime commitment to helping and supporting young people moved the judges.

At the age of 91, Bob continues to support 4th Eastcote Scout Group which he has been doing for more than 80 years. Originally a Scout at the age of 11, Bob has given so much time, and dedication to support the Scouts every Friday night in various roles.

Bob said: "Receiving the award is a great surprise and I'm deeply honoured to have it bestowed



on me for doing something which I've enjoyed over my lifetime.

"My service has already been recognised by the Scout Association but to receive something from the council is very special and I'm delighted to accept it."

Extraordinary Achievement award

- **Gold for Susan Setterfield:** For protecting school staff from COVID-19 by making scrubs, hats and more than 450 masks and donating the money raised to nine charities.
- **Silver for Dee Lennon:** For overcoming personal difficulties during the second lockdown to return to work and inspire her students at Meadow High School.
- **Bronze for Samantha Queen:** For supporting her community by delivering food packages to those shielding, raising £1,000 for Ickenham Village Hall to help fund a defibrillator unit and teaming up with Ickenham Bikewise to donate food to Hillingdon Foodbank.

- **Bronze for Nimesh Pattatni:** For getting involved and supporting community initiatives, such as tree planting, local events and litter picking despite his learning difficulties. Volunteering has helped Nimesh grow in confidence, make new friends, find employment, and make a significant contribution to Hillingdon.

Helping Vulnerable People award

- **Gold for The Silver Fox Memory Group:** For supporting residents with dementia and other conditions such as brain tumours and cancer. They raised £27,000 to support dementia-friendly initiatives and during the pandemic ensured residents with dementia were supported.

- **Bronze for teenage brothers Alexander and Daniel Bisland:**

For volunteering throughout the pandemic every Saturday (and Friday nights during the first lockdown) at a local foodbank. They also organised activities, such as litter picks and a car wash to buy Christmas presents for a local care home.

Helping Communities award

- **Gold for Angela Cox:**

For organising afternoon teas for local elderly people; running career days and after-school clubs to teach youngsters life skills; and gathering 200 volunteers to transform the gardens of four care homes for residents.

- **Gold for Ruislip and Eastcote Arts and Crafters:**

For bringing happiness to the community by creating street art via their postbox toppers. The colourful creations coincided with calendar events, such as Easter and Remembrance Day, and brought communities together by creating a trail for children to follow and introducing classes to teach crochet.

- **Silver for Bhim Tamang:**

For supporting the Gurkha Nepalese residents of Hillingdon. Bhim is a Gurkha veteran who served in the army for nine years. He has supported Gurkha veterans, widows and families in Hillingdon and west London with claiming benefits, getting pensions, learning English and accessing health care.

- **Silver for Nicola Setterfield:**

For more than 30 years Nicola has been involved in and currently runs a local Brownie unit. During the lockdowns, she made and delivered activity bags to all the girls and continued to run the virtual meetings for which the girls used the resources from the activity bags. She also raised more than £5,000 for local and national charities and made 120 scrub bags for the NHS.

- **Bronze for Gretta Batts:**

For creating a safe haven for women to get support and make new friends through coffee, walks and cinema trips. The 'Hillingdon friendship ladies' has been a lifeline for many during the pandemic, who have now gained the confidence to meet up for different types of

events and many lasting friendships have, and are still being, established.

- **Bronze for Julie Spittle:**

For more than 15 years Julie has been devoted to enriching the lives of children at the Jack & Jill parent and toddler group and as Brown Owl of the 2nd Ickenham Brownie pack. She also coaches youth softball and volunteers as a classroom assistant at a local primary school. By working as a nanny to local families, Julie dedicates her time to the care and development of children and is loved by parents and children in Ickenham.

- **Bronze for Jane Turnbull:**

For working tirelessly for the local community as secretary of Oak Farm Residents' Association. Not only does Jane organise small events but also the big events for the community – such as the Christmas Bazaar and Easter Extravaganza. Both of these annual community events bring a strong sense of community to the area but also raise funds that are reinvested into local projects. Jane is also a very active green spaces volunteer and can often be seen, gloves and shovel in hand, knee deep in mud working hard to maintain these spaces for the local community.

Keeping the Borough Healthy award

- **Silver for David Odonkara:**

For promoting mental and physical health during the pandemic by providing free exercise sessions at Colham Green Recreation Ground.

- **Bronze for David Gentry:**

In 2020, David received a British Citizen Award at Westminster Palace for his charity work and work with schoolchildren in the borough educating them on the dangers and effects of street/knife crime and bullying. David walked a total of 150 miles raising £2,200 for the NHS, and ran free online classes for his martial arts and football students during the lockdowns to keep them active and occupied.

- **Bronze for Shirley Gore:**

For tirelessly and enthusiastically running the Rusty Bike Café in Fassnidge Park, Uxbridge as an unpaid volunteer and supporting the Recycle-A-Bike charity that provides work opportunities and training for people with mental health issues.

Cllr Edwards said: "It has been really inspiring and heartwarming to read about the local work people have been doing to support their communities, including during the challenges of the ongoing pandemic.

"These awards recognise and celebrate the best of Hillingdon and I'd like to congratulate all our winners and nominees. You have gone above and beyond to make a difference to the lives of others and it really shows how great our borough is."

Keeping the Borough Clean and Green award

- **Gold for Hillingdon Litter Pickers:**

Since 2020, the group has grown to encompass more than 800 active members, who organise litter picking events spanning Hillingdon parks, canals and roads that help to improve the local environment

- **Bronze for South Ruislip Litter Pickers:**

They have consistently litter picked for the past five years, come rain or shine, on average collecting 58kg. The group provides fun, fitness and friendship while helping to keep South Ruislip litter free.

- **Bronze for Tidy Harefield Volunteers:**

This group has been picking up litter on the first Saturday of the month for more than 10 years. Whatever the weather they work hard to keep the village looking tidy.

- **Bronze for Marie Early:**

Marie and her partner Bob spend their own time litter picking throughout the borough. Both retired pensioners, the pair think a lot of their community as they've both lived here for 50+ years.

- **Bronze for Lesley Crowcroft:**

Lesley spearheaded the Friends of Eastcote House Gardens volunteer group, which has worked with the council to deliver the Eastcote House Gardens restoration project. Lesley has gathered a group of dedicated residents to support the council in maintaining Eastcote's green spaces.



Celebrating The Queen's Platinum Jubilee

In 2022, Her Majesty The Queen will become the first British Monarch to celebrate a Platinum Jubilee, 70 years of service, having acceded to the throne on 6 February 1952. The council is holding a range of events to mark this joyous occasion and *Hillingdon People* takes a look at how you can get involved.



An extended bank holiday, from Thursday 2 to Sunday 5 June, will provide an opportunity for our communities to come together to celebrate the historic milestone. Across the four days the celebrations will include public events and community activities, as well as national moments of reflections on The Queen's 70 years of service.

The borough has a rich tradition of street parties. At the end of the war in 1945, Hillingdon residents like those in many other parts of the country, took to the streets to celebrate, throwing big potluck luncheons. After years of city bombings, blackouts, and intense rationing, Britain was finally ready to celebrate.

More recent street parties include celebrations to mark the Duke and Duchess of Cambridge's wedding, Her Majesty's 90th birthday and the Diamond Jubilee.

Events at a glance

Saturday 30 April to Sunday 12 June The Queen's Platinum Jubilee Beacon Trail

Hillingdon will be taking part in a specially designed augmented reality trail where players visit seven characters that have come to life from Buckingham Palace and are visiting locations around Uxbridge High Street on a day out.

Players, guided by Sir Barnaby Beacon, visit each character, learning about a different decade in Her Majesty's 70-year reign and 'choose their own adventure' as they progress around the trail.
Cost: Free (smartphone required)

Friday 20 May to Friday 17 June (during normal library opening times)

Platinum Jubilee at Uxbridge Library Her Majesty Goes Platinum: Seventy Years as Queen

Travel through the decades in this exhibition, exploring major events in the Queen's life, both globally and in Hillingdon.

Cost: Free



Saturday 28 May to Sunday 5 June Platinum Jubilee at the Battle of Britain Bunker

Celebrate the Queen's Platinum Jubilee with themed crafts in the bunker's 'Mess Hall' for families of all ages to enjoy.

Cost: Included in the admission fee to the bunker/visitor centre.

Find out more and book by visiting battleofbritainbunker.co.uk.

Monday 30 May at 2.30pm Dementia Platinum Jubilee afternoon tea sing-a-long at the Compass

Come along to the Compass Theatre and join in an afternoon of singing to celebrate the Queen's Jubilee. The event is free for residents living with dementia but booking is essential.

Find out more and book by visiting www.hillingdontheatres.uk or calling 01895 250615.

Thursday 2 June Platinum Jubilee Beacon lighting at Uxbridge Civic Centre

The United Kingdom's long tradition of celebrating Royal Jubilees, Weddings and Coronations with the lighting of beacons will be continued to mark the Platinum Jubilee. More than 1,500 beacons will be lit throughout the United Kingdom, Channel Islands, Isle of Man and UK Overseas Territories.

On Thursday 2 June, a Town Crier will walk along Uxbridge High Street in the afternoon reading a special proclamation to mark The Queen's Platinum Jubilee and signify the lighting of the beacon later that evening.

As the sun sets, a bagpiper and trumpeter will play a selection of specially composed music to commemorate the occasion on the Civic Centre forecourt. For more information on the running order and timings for the beacon lighting ceremony, visit www.hillingdon.gov.uk/platinum-jubilee.

Saturday 4 June, 11am to 4pm Platinum Jubilee at Eastcote House Gardens

Join in a special treasure trail hosted by the Friends of Eastcote House Gardens, suitable for all ages and themed around the Platinum Jubilee and the wonderful surroundings of the gardens.

There will also be a special picnic to celebrate Eastcote House Heritage Day.

Cost: Free

Sunday 5 June, 2pm to 4pm Platinum Jubilee Picnic in Fasnidge Park, Uxbridge

Come down to Fasnidge Park and join in a picnic hosted by the Mayor of Hillingdon.

Enjoy live performances from The Bon Bons as they sing classic songs from the likes of Glen Miller, The Andrews

Sisters and Vera Lynn, as well as artists such as Beyoncé and Britney Spears.

Sunday 5 June, 10am to 3pm Platinum Jubilee fun at Manor Farm

Visit Manor Farm's Duck Pond Market and browse stalls showcasing a tempting array of local produce, crafts, gifts, homewares and clothing.

Get into the Jubilee spirit and join in a miniature street party where entertainment includes arts and crafts, games, and more.

Cost: Free

Cllr Susan O'Brien, Cabinet Member for Families, Education and Wellbeing,

said: "The Queen's Platinum Jubilee is a chance for us to celebrate the reign of Her Majesty and her years of service to our country.

"Street parties, beacon lighting, and big community lunches are just some of the ways we can come together and celebrate with our friends and neighbours.

"We want to make it easy for local people to hold a street party and our free service helps to cut down on the red tape and helps to guide you through the process."

Get into the Jubilee Party spirit

To help celebrate the Queen's Platinum Jubilee, residents wishing to mark the occasion by holding an individual street party on Sunday 5 June 2022 can apply to the council for free public liability insurance and road closures.

Cul-de-sacs, quiet roads that are not 'through roads', and roads not on bus routes are likely to be the easiest to arrange parties for. If your road

can't be closed, we may still be able to assist by suggesting an alternative open or green space nearby.

Please note: This option is only for residents that live in a road that cannot be closed (it is not for an open entry/public event).

The closing date for applications is Thursday 31 March – to find out more and apply visit www.hillingdon.gov.uk/platinum-jubilee.

Visit your local library

A range of activities are also planned across the borough's libraries.

Drop in 1950s style street parties

Wednesday 1 June at:

- Uxbridge Library (10.30am to midday)
- Botwell Library (11am to 4pm)
- Ruislip Manor Library (2pm to 5pm)

Creative writing competition

Young creative writers aged five to nine or 10 to 13 are invited to write a poem or a story to celebrate the Platinum Jubilee. Send your entry to uxbridge-library@hillingsdon.gov.uk with the header 'Jubilee Competition' by Monday 6 June. Entries will be judged by the Mayor of Hillingdon.

Great Jubilee Quiz Nights

Come along to our Great Jubilee Quiz Night with fish and chips. Tickets for each event are £8 per person:

- at Charville Library on Tuesday 24 May, from 6pm to 8.30pm. To book, email charville-library@hillingsdon.gov.uk or call 01895 558296.
- at South Ruislip Library on Thursday 26 May, from 6.30pm to 9.30pm. To book, email southruislip-library@hillingsdon.gov.uk or call 01895 556536.



For the full programme of events and more information, visit www.hillingdon.gov.uk/platinum-jubilee



Record spend on highways

Each year the council invests millions in the borough's pavements and roads to keep residents safe and moving. *Hillingdon People* spent the day with the highways team to find out more about their extensive work enhancing neighbourhoods and supporting our economic recovery.

Keeping Hillingdon's highways in good condition is no small undertaking, and as the second largest London borough its road network stretches approximately 700 kilometres.

Over the next five years, the council is implementing a £30 million highway improvement programme.

The council spent a record-breaking £10.7 million on road and pavement resurfacing in 2021/22 to improve the condition of its road network infrastructure.

As part of this significant investment, the council has introduced a rolling programme which includes preventative maintenance to increase the lifespan of roads, as well as prioritising those which are the most damaged and busiest.

Wherever practicable, the council will look to implement road repairs with new road safety improvements. For example, last year the council heard a petition from residents requesting the introduction of traffic calming measures to the junction of Windmill Hill, Eastcote Road and Kings College Road.

In January, works to the Windmill Hill junction (pictured above) were completed by the council's contractor

O'Hara Bros and involved the installation of raised road tables to slow approaching traffic to the roundabout.

Thousands of residents are also seeing the roads and footpaths outside their homes improved. In 2021/22, 68 roads and 70 footpaths were resurfaced.

Recent examples of roads which were resurfaced include Bromley Crescent (South Ruislip), Azalea Walk (Eastcote), Bramble Close (Yiewsley) and Windsor Gardens (Hayes). In January, the road and footpath along Corwell Lane (Uxbridge) were upgraded.

Highway design and implementation

The council's highway engineers are responsible for designing projects such as town centre improvement programmes, as well as road safety, bus priority, traffic calming, school travel and flood mitigation schemes to name just a few examples.

In September, a parade of shops and the streetscape along Kingshill Avenue in Hayes underwent a £422,000 revitalisation.

New energy-efficient streetlighting with LED dual lanterns were installed



WORK IN PROGRESS
Kingshill Avenue in Hayes



REVITALISED
The parade now

to improve visibility for both motorists and pedestrians along the parade and carriageway.

Extensive lengths of guard railing, bollards and outdated and unnecessary street furniture were removed, and new paving, planters, contemporary benches, cycle stands and trees have helped to transform the streetscape.

Highway structure maintenance

On adopted roads, the team also maintain highway structures including culverts (a drainage structure under the road), subways, bridges and retaining walls.

In September 2021, major repair work completed on Trout Road Bridge in Yiewsley. Works included strengthening the edge beams, painting and protection of the steel beams to prevent further corrosion, as well as masonry and concrete repairs.

There are a number of bridges in Hillingdon that have weight or height restrictions, which may cause problems for hauliers when delivering or travelling. The team manages the movement of these hauliers to ensure safe network access.

The team is also responsible for the regular monitoring of the Ruislip Lido water level and maintenance of the dam to prevent it from overflowing.

Ongoing repair and maintenance

As well as implementing major improvement projects, the highways team also looks after the borough's street lights, pedestrian crossings, grass verges, highway drainage, traffic lights, signs and bridges.

Resurfacing and potholes

The team regularly checks Hillingdon's roads and pavements for potholes and other defects. When they find a problem, they log it for repair.

Last year, the council repaired 1,761 potholes in response to fault reports from residents, as well as emergency repairs.

The team have three Rhinopatch repair machines which use infrared heaters to melt and reset the road instead of digging it up and replacing it. As well as being quieter and cheaper than traditional road-mending, they are also more eco-friendly as they produce around 80 per cent less carbon dioxide.



REDUCING THE RISK
Cleaning gullies to reduce the risk of flooding

To find out more and report a pothole on a road or pavement, visit www.hillingdon.gov.uk/potholes.

Street lighting

As well as maintaining Hillingdon's 24,000 street and subway lights, the team also look after 3,000 illuminated signs, bollards and zebra crossings.

Maintaining modern and reliable street lighting is an important part of the council's commitment to keeping residents safe. The team responds to emergency callouts within two hours and routine faults/replacements are dealt within 10 working days.

Find out more by visiting www.hillingdon.gov.uk/street-lighting.

Reducing the risk of flooding

The council has approximately 33,000 gullies across the borough and maintains and cleans these as part of a rolling programme to prevent them from becoming blocked.

Gullies are normally cleaned by lifting the metal grating or cover and sucking all the dirt out using a gully sucker machine. Sometimes jetting is required to move some obstructions.

Not only does clearing gullies make our roads safer but also reduces the chances for potholes to form as a result of surface water. The team also maintains the ditches on highways to ensure that they are kept clear of debris.

Find out more by visiting www.hillingdon.gov.uk/flooding.

Cllr Riley, Cabinet Member for Public Safety and Transport, said:

"Despite the pandemic, over the past year we've rolled out a record number of highway and town centre improvement projects.

"As a result of our strong record of sound financial management we're able to put the infrastructure in place to support our borough's economic recovery from COVID-19.

"We're also committed to investing in ongoing maintenance and our highways team ensures that Hillingdon continues to be a great place, live, work and visit!"

Keeping the borough moving

Each winter, the council's gritters go out across the major road routes in advance of freezing conditions, to ensure key roads remain usable for residents, buses and emergency services.

Eight pre-determined routes are gritted, totalling 190 miles – almost half of the borough's roads. Gritting of the roads is prioritised with the busiest, major routes being treated first.

Pavements are gritted when it snows. These are also prioritised to ensure areas of higher footfall, or where there is higher risk, such as outside hospitals and care homes are gritted first.

Find out more about our road gritting routes by visiting www.hillingdon.gov.uk/gritting.

Making a difference by funding improvements to your local area

The council's ward budget scheme continues to support local communities. During the past year the initiative has funded more than 60 projects ranging from events to refurbishment works and new facilities.

Each of Hillingdon's 22 wards is allocated its own budget to spend on local projects. Since launching in 2011, the council has invested £1.4 million in the scheme, with ward councillors receiving a variety of proposals from residents suggesting initiatives that would benefit their local communities.

Funding in 2021/22 went to:

Barnhill

- Four new benches were installed at Greenway Open Space and Warren Park.
- Belmore Primary Academy to improve the Key Stage 1 and 2 playgrounds by adding shaded seating areas.

Botwell

- 3rd Hayes Scout Group for garden improvements and to part-cover the total cost of their minibus

- and van insurance for the year, and the service of their trailer.
- 3rd Hayes Guides and Rangers Group towards a theatre trip.
- Lake Gardens to plant new bulbs and wildflowers.

Charville

- Hayes Park School to revamp their wildlife and sensory garden.
- Charville Community Association for a kitchen renovation.
- Grosvenor Allotments for a range of gardening materials and goods to support their work.

Carol Acker, from Hayes, has an allotment at Grosvenor Allotments. She said: "It was wonderful news to receive the funding, as it is a great help to us allotmenters."

Eastcote and East Ruislip

- Eastcote House Gardens for a seat and plants to mark the Queen's Platinum Jubilee.
- Pinn Meadows to purchase wetland

Cavendish

- 6th Eastcote Scout Group for a gazebo to use at scouting events and provide shelter for parents dropping off their children.
- Newnham Junior School to resurface playgrounds and repaint netball lines.
- Saint Swithun Wells' Catholic Primary School for an interactive whiteboard and 15 tablet devices.
- Field End Junior School towards a memorial garden.
- Cavendish House to purchase new accessories and soil to carry out improvements to a rose garden.

Lesley Crowcroft, Chairperson of Eastcote Conservation Panel, helped with work at the rose garden.



Interpretative outdoor signs at Harefield Hospital, Harefield Ward

- plants to enhance the open space.
- Eastcote Methodist Church towards replacing their carpet.
- Coteford Junior School for inclusive play equipment for each class to use.

Harefield

- Harefield Hospital for 12 interpretative outdoor signs for their outdoor space which is open to and enjoyed by local residents.

Heathrow Villages

- The Friends of the Great Barn's Christmas concert so they could hire entertainment and purchase food and drinks for the event.
- Moor Lane Allotments for an open day.
- Harmondsworth Primary School to replace their playground



She said: "The rose garden at Cavendish Park had become rather tired looking – all ornamental shrubs including roses are only at their best for a maximum of 10 to 15 years.

"After discussions with the council's green spaces team and Cllr Teji Barnes (Cavendish ward councillor) it was agreed to change some of the beds into modern planting with ornamental grasses and perennial plants. This will give more interest to the garden for a longer season.

"The works were carried out by the council and it is planned to start a small volunteer group later this year to assist with the maintenance of the beds."

equipment and safety flooring in their early years outdoor area.

Hillingdon East

- Uxbridge Royal Naval Association towards a CCTV upgrade.
- Oakwood School to purchase trophies for their local community awards.
- All Saints Church towards a defibrillator.

Ickenham

- Ickenham United Reform Church to upgrade their fire alarm system and emergency lighting.

Manor

- A memorial tree and plaques in recognition of two founder members of the Friends of Shenley Park.

Northwood

- MHA Communities West London (previously Northwood Live at Home Scheme) towards a Christmas party with food and entertainment.

Pinkwell

- Pinkwell Primary School for a playground refurbishment and play equipment.
- Hillingdon Autistic Care and Support towards the running of their summer play schemes.
- Funding a ladies group to host a Teeyan event.
- Hayes Cultural Society to offer after-school dance and drumming classes.

South Ruislip

- New flower baskets on Harvey Road.
- Three tiered planters along Field End Road.
- 12 hanging baskets along Station Approach.



6th Eastcote Scout Group's gazebo, Cavendish Ward

Uxbridge South

- Uxbridge Centre for a CCTV upgrade.
- Whitehall Infant School to assist with home learning
- St Andrew's Church of England School for a new database, bookshelves and storage unit.
- Our Lady of Lourdes and St Michael Catholic Church to upgrade their existing parish kitchen.
- St Margaret's Church to put towards a kitchen refurbishment and new equipment.



Memorial tree and plaques in Shenley Park, Manor Ward

- Bootscrapers at Coronation Walk and Field End Recreation Ground.
- Queensmead School for a front garden project.
- The organisers of the annual Remembrance Service at the Polish Air Force Memorial towards the hiring of a sound system.

Townfield

- Village Garden Estate for a replacement perspex panel for a noticeboard.
- Dr Triplett's Church of England Primary School to create an outdoor playhouse and purchase of educational play equipment.
- Minet Infant and Nursery School to buy core textbooks to further enhance their curriculum.

Uxbridge North

- Uxbridge Children's Centre for air conditioning to be installed.
- A community litter picking group for equipment and protective clothing.
- John Locke Academy to put towards outdoor seating for students to use while studying and relaxing.
- Uxbridge Cricket Club towards the replacement of a sight screen and an engine for their roller.

West Ruislip

- Bishop Winnington Ingram Church of England School to paint lines for sports pitches on their playground.
- 1st/3rd Ruislip Scout group for a new fence.

West Drayton

- Yiewsley and West Drayton Community Centre towards a new projector.
- Yiewsley and West Drayton Arts Council to hold creative community sessions.
- Southlands Arts Centre towards outdoor lights to use at their events.
- St Martin's Church of England Primary School and St Catherine Catholic Primary School to buy new reading books.
- Bell Farm Christian Centre for a variety of activities, including a children's summer club, an older persons' lunch club, and three community Christmas events.

Cllr Douglas Mills, Cabinet Member for Corporate Services and Transformation,

said: "Our ward budget scheme enables councillors to support a range of groups and organisations in their localities.

"The funding provided allows them to purchase or put it towards facilities or activities that will benefit the wider community.

"The council will continue to set aside funding for this popular initiative in 2022/23 and I encourage residents to submit proposals to their local councillor."

To find out more about the ward budgets scheme, visit www.hillingdon.gov.uk/wardbudgets

Fulfilling a lifelong dream of fostering



After putting it off for 13 years, Hillingdon couple Wajid and Mobeena finally fulfilled their dream of fostering.

Wajid, aged 42, (pictured left) and Mobeena, aged 36, (pictured right) from Uxbridge, were first introduced to the world of fostering in 2009 through Mobeena's sister Naila. Although Naila had just started fostering, the couple had seen the immediate transformation she had made on the children's lives. This inspired them to find out more about fostering and this is their story.

Wajid and Mobeena first enquired with a local fostering agency and had even started on the training course before realising how much commitment is needed to be a foster carer. They decided to put their plans on hold until their own children, two girls and one boy were a bit older.

Wajid said: "We didn't want to be selfish, we wanted to give 100 per cent to the child. We have plenty of love to give and a warm home and we felt we could better provide that for the child once our own children were older."

In 2020, with their children now teenagers the couple decided they were ready to take the steps into fostering.

After discussing with Naila, who recommended going through Hillingdon Council, **Mobeena** began by completing an enquiry form on the council's website. She said: "The process wasn't very difficult; everyone is there to help you."

The couple had an initial meeting with the recruitment officer over the phone, followed by a home visit with a social worker, where they discussed the process in-depth which included viewing the bedroom for fostering.

Following a positive home visit, the couple were invited to formally apply, where they undertook various background checks.

They went through a very rigorous training process that was all done online. Wajid and Mobeena were some of the first people to complete fostering training during lockdown.



Once they successfully completed the course, they were allocated a social worker to complete their fostering assessment. One of the first questions they ask applicants is what age group they want to foster. This ensures that they get the match they want, wherever possible.

Hillingdon recruits foster carers for children from birth to 18 years of age and the assessor will frame their questions and scenarios to the applicants around how they deal with certain issues a child of that age may be experiencing.

The couple were approved by the fostering panel in October and have already had two placements. Their first was with two primary school age siblings over three nights who then went on to live with other family members. Their second placement was with a teenage girl, over nine days and she needed extra support as she had some emotional issues, including an eating disorder.

Mobeena sat and talked with her for several hours during her stay trying to identify her concerns. Soon, the young person was asking Mobeena to cook certain foods and meals. The couple could see the difference they were making, and the teenager's school fed back that they could see positive changes. Mobeena said: "It makes me happy, because I've done something good."

Cllr Jane Palmer, Cabinet Member for Health and Social Care, said:

"We have many foster carers in Hillingdon who do amazing work every day to support our children and young people in care.

"If you've been thinking about fostering for a while or are just curious as to what the role entails, please do get in touch with our dedicated fostering team who are on hand to support you every step of the way."

Mobeena encourages anyone interested in fostering to give it a try. "Do it if you've got the time, love, patience, attention and can provide a safe place to live," she said.

Wajid added: "It puts you in a situation you've never been in. You need to accept that that person has come from a different world, for example a different culture. And when they go away and they've done well, you think that's good."

If you've been inspired by Mobeena's and Wajid's story, find out more at www.hillingdon.gov.uk/fostering

Renewing Cranford Park for future generations

The Cranford Park restoration project continues to gather momentum as the contract to deliver the next phase of works was given the go ahead by the council's Cabinet on Thursday 17 February.



NEW FACILITIES

An illustration of the proposed new café within the footprint of Cranford House which was demolished in 1945

Designed to transform the site into a thriving visitor attraction, highlights of the next stage include opening up the 17th century vaulted brick cellars under the former house (demolished in 1945); building a new café within the footprint of the former house, with access to the cellars; repairing the historic stables to open them up to the public; creating two new play areas and restoring the gardens and historic features such as the high garden walls, and 'ha-ha' (a sunken trench which acted as a boundary to the park without interrupting the view).

History of the project

In June 2020, the council was awarded £2.28 million by The National Lottery Heritage Fund and The National Lottery Community Fund. An overall £3.47 million budget was approved by the council in July 2020 for the restoration of the park's historic buildings, walls and courtyard; landscaping works; the introduction of new visitor facilities; as well as creating a wealth of volunteering opportunities for the local community.

Improvements delivered

Works to the northern cycle path completed in April 2021 to link Watersplash Lane with St Dunstan's subway. Improvements included installing new fencing and creating wider, more accessible footpaths to open up the route. As part of the overall restoration project, a perimeter track will eventually circle the park providing an attractive trail for cyclists, runners and walkers.



FRUITFUL
Volunteers prune the apple and pear trees

Cllr Jonathan Bianco, Cabinet Member for Property and Infrastructure, said:

"Steeped in history, Cranford Park was the former seat of the Berkeley family for 300 years and is surrounded by expansive woodlands, wildflower meadows and wetlands.

"The park is an important part of our heritage and an important asset for the local community to enjoy. We're committed to delivering these improvements so that the park can be enjoyed by future generations of residents."

Engaging the community

In September, Cranford Park hosted a series of community digs to unearth finds from its historic past and more digs are planned for the summer.

Objects recovered from the excavations were taken to Yiewsley Library in December to showcase the wealth of finds uncovered.

The park's community engagement officer has also led dementia-friendly walks around the site and given interactive talks for visually impaired residents at Uxbridge Library.

Another popular initiative, The Orchard Project, makes use of the park's extensive orchard of 49 apple and pear trees and in October a team of volunteers harvested the fruit.

In January and February, volunteers came together to learn how, where and why to prune the trees to keep them healthy and fruitful.

Works to deliver the next phase are expected to commence in the spring.

For more information, visit www.hillingdon.gov.uk/cranfordpark

Shop local, spend local this spring

With spring just around the corner, there's never been a better time to visit your local high street. The council continues to champion Hillingdon's hospitality and retail sectors and an action-packed town centre events programme is already underway for 2022.

During the past two years high streets everywhere have been hit hard and the pandemic struck against what was already a challenging retail backdrop.

In March 2021, the council was awarded £545,710 from the government's Welcome Back Fund to support a safe return to high streets.

In response, the council has directed this funding into creating a raft of support measures to help kick-start local businesses' recovery by celebrating the vibrancy and uniqueness of our town centres and shopping parades.

Throughout February and March, 12,500 free tote bags are being handed out to businesses across the borough's 15 town centres. Each town centre has been given a unique visual identity to celebrate their individuality and distinctiveness. In addition to tote bags, the eye-catching branding also features on hand sanitising stations across Hillingdon.

Made from a renewable and sustainable material, the eco-friendly tote bags are available while stocks last – make sure you shop local to ensure you don't miss out!

Encouraging footfall

Our town centre events programme returned last month to once again delight residents of all ages, as well as highlighting the choice, value and service found in our high streets.

On Saturday 12 February, a 'Love your Independents' event took place in Uxbridge (along Windsor Street) to celebrate our small businesses and help them capitalise on the trading opportunities ahead of Valentine's Day.

Romance was in the air, as crowds listened to classic love songs from live band The Pocket Belles.

Shop windows were decorated with heart and flower-themed displays and families joined in a retail treasure trail to win a prize of a Valentine's goody bag.

Outside the Charter Building there were special giveaway tents and shoppers enjoyed a wine, drink and food tasting afternoon that was put on by local restaurants and off licences.

A pop-up funfair encouraged visitors to try their luck at the fairground to win prizes of shopping vouchers and other giveaways.

During February half-term, a children's literature-themed fun

day and treasure trail took place in Northwood Hills; Uxbridge Road, Hayes; Hillingdon Circus and Harlington High Street. Highlights included meeting *The Gruffalo*, *Harry Potter* potion making, a *Charlie and the Chocolate Factory* chocolate making workshop, arts and crafts, and balloon making.

On Saturday 26 February, Ruislip town centre hosted an Arts and Crafts Day celebrating the wealth of creative talent in Hillingdon whilst also showcasing the many independent businesses within the high street. Visitors enjoyed arts and crafts sessions, sculpture workshops, an art treasure trail throughout the town centre and a free two-hour comic book masterclass at Ruislip Library.

Residents were asked to provide feedback and give their ideas on designs for a street art inspired mural for the skatepark located at King's College Playing Fields in Eastcote which could then be installed later in the year.

Foodie fun days also took place in Eastcote on Saturday 5 March and in Northwood on Saturday 12 March. The events showcased the variety of fresh, seasonal produce on offer and the fantastic array of food outlets on our doorstep. Highlights included a children's creative kitchen, cake decorating, balloon modelling, a smoothie bike challenge, face painting, as well as a food treasure trail.





REVITALISED
New civic square for Ruislip High Street

New civic square for Ruislip

In January, works were completed on a new civic square for Ruislip.

Located along Ruislip High Street (opposite Sainsburys), outdated and tired park benches were removed, and bushes and shrubbery were cut back to create a welcoming space for residents and visitors.

New, attractive Tegula paving has been laid and six new planters (four of which feature seating) have been installed. The planters feature attractive seasonal bedding plants and are in the same style as the ones already installed outside the Red Onion café and Melisi restaurant further along the high street.

Planters have also been introduced in locations along Eastcote High Street and on Green Lane in Northwood.

Temporary public pavement extensions, known as 'parklets' have also been installed in Eastcote and Ruislip town centres to provide additional outdoor dining capacity and a space for people to sit, relax and enjoy their surroundings. An additional parklet is being trialled in Windsor Street, Uxbridge.

Grants for businesses

The council continues to administer government grants to support businesses that are experiencing difficulties due to the pandemic. The Omicron Hospitality and Leisure Grant and Additional Restrictions Grant Scheme are currently being processed.

In 2021, £36 million was paid out to more than 4,000 individual businesses.

For more information on the latest grants available, visit www.hillingdon.gov.uk/local-business-grants.

Hillingdon First discounts

Hundreds of businesses are part of our Hillingdon First card scheme and offer discounts and promotions on various products and services, including food and drink, clothing, travel, leisure and hair and beauty.

Start saving today and simply show your Hillingdon First card at the point of paying. Visit www.hillingdon.gov.uk/hillingdonfirst to find out more and order your card.

Leader of the Council, Cllr Ian Edwards, said: "Despite the interruptions caused by the Omicron variant, our high street recovery programme continues to move at pace.

"Our targeted investment has helped to breathe new life into our high streets, and we've helped to place them on a stronger footing for the year ahead.

"There's no doubt it's still a challenging time for the borough's business owners and we can all do our bit by choosing to support our independents over big-name online retailers."



Use our directory to explore what shops and businesses are open in your area or sign up to promote your business. For more information, visit www.hillingdon.gov.uk/businessdirectory

Funding boost for communities

The council's Chrysalis initiative puts residents in the driving seat on deciding how money is spent locally and each year £1 million is earmarked for improvement projects across Hillingdon.

The scheme encourages residents to suggest ideas for providing or enhancing facilities on council-owned land. Examples include improving playgrounds and allotments, building outdoor gyms, supporting sports clubs and upgrading community centres.

A total of 21 projects were funded for the 2021/22 programme and on Monday 14 February the final three were formally opened by the Mayor of Hillingdon, Cllr Roy Chamdal, Cllr Eddie Lavery, Cabinet Member for Housing, Environment and Regeneration and ward councillors.

Chrysalis funding in action

Paul Bryant from Hayes

submitted a Chrysalis application for Willow Tree Open Space.

He said: "I've lived near Willow Tree for the past 38 years and have seen it develop into a wonderful space enjoyed by families. I put in an application for new play facilities as I felt there wasn't really any equipment for older children to enjoy. The new play park has really enhanced the area and is benefitting the wider community."

The original playground was installed in 2008 and catered for the younger age groups. Works completed in January on a new playground which boasts an inner fenced play area for toddlers and



SPIDER PARK
Cllr Kauffman, Mayoress Reeta Chamdal, Cllr Chamdal, Cllr Lavery and Cllr Tuckwell formally open the play area

younger children with a range of equipment to encourage imaginative play and an outer play area for older children featuring a climbing frame and spinning roundabout.

The improvements at Willow Tree cost £89,000.

South Ruislip ward councillor Steve Tuckwell put forward an application on behalf of residents to improve the play area and accessibility at Spider Park in South Ruislip.

The focal point of the much-loved amenity is a large metal spider playing frame which was given a fresh coat of paint. The park's pathways were resurfaced to improve access for pushchairs, wheelchair users

and residents with mobility issues.

The play equipment was also upgraded, and the toddler area now benefits from a 3D rubber spider with leg floor graphics, spider-themed play area and a multi-play area with slide.

Older children can let off some steam on a multi-play

area with slide and multi-person rope swing. Works completed in January at a cost of £89,000.

Yeading Community Centre is an important part of the Hayes community and the space's large hall is hired out to local community and sports groups. An application was submitted by **John Echlin, Chair of Yeading Community Association**, for the refurbishment of the toilets.

John said: "The Association is most appreciative of the work put into providing these new toilets, all done with a minimum of inconvenience to users whilst the work progressed."

Works were completed in January at a cost of approximately £71,000.



YEADING COMMUNITY CENTRE
Cllr Lavery, Cllr Bliss, Cllr Chamdal and John Echlin open the new facilities

Cllr Lavery said: "The Chrysalis fund empowers communities so that funding can be allocated to the projects which matter most to them."

"I'm really proud of the impact the initiative has had since it was first introduced in 2000 and I was delighted to officially open these facilities last month."

To suggest an improvement via the programme, visit www.hillingdon.gov.uk/chrysalis

Celebrating International Day of the Older Person in Uxbridge

To celebrate International Day of the Older Person the council hosted a special event on Tuesday 1 February to showcase the wealth of support available.



The event took place at The Pavilions shopping centre in Uxbridge and featured more than 40 stalls providing information, advice and details of support for older people in the borough. Stallholders included Age UK Hillingdon, Hillingdon Carers and the Alzheimer's Society.

The event also aimed to bring together older residents and help to tackle loneliness particularly following the lengthy time many have had to isolate during the past two years of the pandemic.

There were also a range of activities for people to get involved in, which included a walking football

game, yoga, chair-based exercise and mindfulness sessions.

Additionally, there were performances from the John Locke Academy school choir, Hillingdon Choral Society and Nik the Singer, plus French and floristry taster classes run by the council's adult and community learning service.

Heritage walks also took place, starting off in Uxbridge High Street and taking 51 participants around key historical sites nearby between The Greenway and the Swan & Bottle pub.

The Deputy Mayor of Hillingdon, Cllr Becky Haggart, was in attendance welcoming visitors and getting involved in the various activities.

She said: "I was very pleased the event took place as it offered residents an opportunity to visit stalls from a wide range of services and ask questions and get information face to face. We recognise the importance of these events in providing an opportunity for residents to meet services that promote older people's wellbeing."

Sue Duke, aged 75 from Hayes, really appreciated the effort and creativity that went into the day. She said: "I visit Uxbridge once or twice a week but due to coronavirus I hardly see any older people. But at the event I saw so many friends that I have not been able to meet for more than two years – for me it was like a school reunion. Everyone there had the biggest smile on their face, and it did wonders for our mental health. We are all still talking about it and sharing photos amongst ourselves and families."

"The entertainment was fantastic, every half an hour there was a different entertainer on the schedule. The stalls had people ready to assist us and gave us so much useful information."

Lynn Kauffman, from the Ruislip Lions charity thoroughly enjoyed being involved as a stallholder. She said: "Wow what an event! There was a buzz in the centre throughout the day."

"At a time where people are still a little nervous venturing out, the team did a great job to make sure we were all safe and able to enjoy ourselves. We made good contacts and met some potential new members as well, so it was great for us to be part of it."

Leader of the Council and Older People's Champion, Cllr Ian Edwards, said: "The Day of the Older Person event was a fun and informative day for those who attended, and I hope residents were able to find out about support groups, take part in activities and socialise with others."

Support for residents and carers living with dementia

The council offers a range of activities and sessions for people living with dementia.

Weekly meet-ups take place at many of our libraries for residents and carers living with dementia. The free sessions provide an opportunity to connect with others. A range of activities are also on offer and include reminiscence sessions, chair exercise, bingo, art and music classes.

There are also a variety of weekly free sporting activities taking place across the borough and these include adapted golf, walking

football and walking tennis. Sessions must be booked in advance.

For more information on the library events and sporting activities and to book, visit www.hillingdon.gov.uk/dementia-activities, email sdurner@hillingdon.gov.uk or call 01895 277137.

Additionally, monthly daytime discos take place at the Compass Theatre, Ickenham, and feature popular music from the 50s, 60s, 70s and 80s, with space to dance or just listen. For more information and to book, visit www.hillingdontheatres.uk.

Find out more about activities and resources for older people by visiting www.hillingdon.gov.uk/olderpeople

JETS

JOB ENTRY:
TARGETED
SUPPORT

BACK INTO WORK

Has COVID-19
left you
struggling to find
work?

Are you sending
applications and
not hearing
back?

Are you selling
yourself short
in job
interviews?



We want to support you during these hard times and you may be able to receive free specialised support from Shaw Trust.



Find out how we can help you by scanning the QR link above or going to:
<https://tinyurl.com/HillingdonSupport>

Alternatively, to speak to your local Hillingdon representative you can contact Judith

To contact, email: WLAIntegration@shaw-trust.org.uk

Features and benefits of the JETS Programme

- ✓ Personal advisor
- ✓ Direct access to live vacancies
- ✓ CV building and Interview skill building
- ✓ Learn new skills and change sector
- ✓ Confidence building and job search guidance

shaw trust

West
London
Alliance 
IMPROVING OUTCOMES FOR WEST LONDON


European Union
European
Social Fund

Learning to live with COVID-19

The government's relaxing of restrictions signalled a turning of the tide in the fight against COVID-19.

Ending of restrictions

All COVID-19 restrictions ended in England on Thursday 24 February as the government moves to manage COVID-19 like other respiratory illnesses.

Residents can reduce the risk of catching and passing on COVID-19 by:

- **Getting vaccinated**
- **Letting fresh air in** if meeting indoors, or meeting outside
- **Wearing a face covering** in crowded and enclosed spaces, especially where coming into contact with people they do not usually meet and when rates of transmission are high
- Trying to **stay at home if unwell**
- Taking a **test if displaying COVID-19 symptoms**, and staying at home and avoiding contact with other people if testing positive
- **Washing hands** and following advice to "Catch it, Bin it, Kill it".

Testing will be scaled back in line with the reduced risk from COVID-19. This means that free testing will end for most people from Friday 1 April.

There will be some limited ongoing free symptomatic testing for at-risk groups. Free symptomatic testing will remain available to social care staff. For more information, visit www.gov.uk/coronavirus.



As restrictions end, it's understandable that some of us may feel anxious by the changes and it's okay to take things one step at a time. For support and advice, visit www.nhs.uk/every-mind-matters/coronavirus.

Vaccinating children and young people

Children aged 5 to 11 who are in a clinical risk group or who live with someone who is immunosuppressed are now able to get the first dose of the vaccine.

Young people aged 12 to 15 are eligible to receive two doses of the vaccine. This should help to reduce the need for them to have time off school, as well as reduce the risk of spread of COVID-19 within schools.

Fully vaccinated 12 to 15-year-olds are also now able to access a NHS COVID Pass letter for international travel. For more information, visit www.gov.uk/coronavirus.

It's not too late to get your vaccine

Vaccinations remain our best defence against COVID-19 and the programme continues at pace.

Whether you haven't yet had your first, your second or a booster there are a variety of vaccination clinics across Hillingdon where you can either walk-in or make an appointment.

To view the sites, opening hours and to book, visit www.nwondonccg.nhs.uk/coronavirus/vaccine-centres.

In February, the council worked with NHS colleagues to take vaccinations on the road – with its Youth Transporter Bus (pictured left) acting as a pop-up vaccination clinic.

The Transporter is touring locations across the borough. For more information, visit www.hillingdon.gov.uk/vaccination-sites.

Community Champions initiative continues

The government recently provided an extra £22.5 million to councils across the UK for Community Champions to help drive COVID-19 vaccine take-up in harder-to-reach communities.

Hillingdon received further funding to continue its work with H4All (Hillingdon for All) which is recruiting champions to help deliver health messaging across the borough.

So far 30 Community Champions, who come from a wealth of backgrounds, have completed training and are working with the council on various initiatives in their communities by having conversations to raise awareness, motivate and signpost people to services which will help to improve their health and wellbeing.

In terms of COVID-19, champions have disseminated key health information and messages to individuals and groups. Virtual community conversation sessions have been held to discuss the COVID-19 vaccine and the borough's vaccination clinics and pop-ups have also been promoted.

This valuable work is set to continue during the coming months to help increase COVID-19 vaccine awareness across some areas of the borough that are seeing low take-up.



VACCINE ROLLOUT
Kulvant Singh, President of Brunel University's Student Union (second from left) and fellow students at Yiewsley

For latest information, visit www.hillingdon.gov.uk/coronavirus



Update from the West Area Chief Inspector

Hello Hillingdon! My name is Acting Chief Inspector Tom Beavon and I'm taking the reins for the next few months.

Let me start on a sombre note, and the most important issue facing us at the moment.

In December, we reached a tragic milestone when the capital's 30th teenage homicide of 2021 took place in the heart of our own community in Yiewsley.

I would like to appeal to the people of Hillingdon to share information with us if they are concerned about what a young person is getting up to, or have some information that could help us intervene before harm is caused. We and our council partners are here to help, and if we do this early enough it saves lives and prevents our young people from even entering the criminal justice system, an outcome that we no doubt all aspire to. You can share information with us directly or pass information on anonymously at Crimestoppers-uk.org or via Fearless.org. If someone is at risk of immediate and serious harm, then please always call 999.

On a more positive note, the new Uxbridge Town Centre Team has been up and running for more than three months now. They are currently focusing on tackling violent crime, anti-social behaviour and robberies/snatches. If you visit Uxbridge, you may see them out and about during the day and also on Friday and Saturday nights where they are helping keep people who are enjoying the area's vibrant evening entertainment safe. Please feel free to approach them and say hello, they are a friendly bunch.

A quick update for those outside Uxbridge, our local ward teams will shortly be given a much-needed uplift. Two further officers will be posted to each of these three wards: Brunel, Botwell and Townfield. Violence is and will continue to be a main priority, the deployment of further officers to these wards will greatly help achieve this goal. We are currently running numerous initiatives to help keep our community safe, one such example is the StreetSafe pilot. If you identify an area that you have felt or feel unsafe

in, you can report it anonymously at www.police.uk/streetsafe.

Please remember this is not for reporting crimes. Once information is fed back to us, we can allocate officers to the right place at the right time and work with partners to make our community safe.

Finally, I'd like to remind residents to join Hillingdon Neighbourhood Watch. Approximately 17,000 local people have signed up to the borough-wide system called OWL (Online Watch Link) and it continues to grow. It allows the police to alert you to crimes in your immediate area, and crime prevention messages are sent by both the police and Neighbourhood Watch. Find out more by visiting www.owl.co.uk.

On behalf of the police, I would like to thank all of our partners and the public for the amazing support you continue to provide us.

See you in the next edition. Best wishes,

Tom
Acting Chief Inspector
Tom Beavon

Make 2022 the year you improve your health and prevent type 2 diabetes

Every two minutes someone finds out they have type 2 diabetes and due to COVID-19 many people may have missed their annual blood sugar test (called HbA1c).

If you've missed a blood sugar test, or you would like to see if you are at risk from type 2 diabetes, you can check by scanning the QR code below with your smartphone (or visit www.knowdiabetes.org.uk/prevention/check-my-risk)



If your results indicate you are high risk, it's easy to self-refer on to the nationally recognised NHS Diabetes Prevention Programme by visiting www.knowdiabetes.org.uk



Want to know more about the programme?

Read Sunil's story on the Know Diabetes website www.knowdiabetes.org.uk/get-local/share-your-story/prevention/sunil-s-story

Sunil said: "It was really interesting, easy to follow, and it opened my eyes to sugar levels and eating well."

"The health coaches took each session one at a time and in each session, they recapped the previous one, so we were able to keep the information fresh in our minds. The coaches were open and fair, gave lots of examples, and asked good leading questions."

What are the type 2 diabetes risk factors?

- If you're over 40 and white, or over 25 and African-Caribbean, Black-African, Chinese or South Asian.
- A family history of diabetes.
- You are overweight.
- Have high blood pressure.
- A history of a heart attack or stroke.
- A history of Schizophrenia, bipolar illness or depression, or if you are receiving treatment with anti-psychotic medication.
- You've had polycystic ovaries, gestational diabetes, or a baby weighing more than 10 pounds.

Join our social media platforms

You can join our Facebook group by searching 'Friends of Know Diabetes' on Facebook and Instagram.

Supporting residents' wellbeing

Give Space is a Community Interest Company co-founded by two registered dramatherapists who are both Hillingdon born and bred. They support residents and organisations through their therapy and wellbeing service. Find out how you can get involved with their advisory board.



WELLBEING SUPPORT
Rachel and Becci host a workshop for local schoolchildren

Rachel and Becci met while studying on the MA Drama and Movement Therapy course at the Royal Central School of Speech and Drama in 2018. While on clinical placement together they were inspired to create Give Space.

They formed the Hillingdon-based organisation in 2020 and have since been working hard delivering mental health and wellbeing support through movement and dramatherapy. Their service, which is supported through a council grant, offers group and individual therapy and wellbeing workshops that are bespoke to best meet individuals' needs.

Give Space has provided sessions to a variety of charities including P3, Carers Trust Hillingdon, Hillingdon Brain Tumour and Injury Group,

the Centre for ADHD and Autism Support, Hillingdon Women's Centre, and primary and secondary schools across Hillingdon, working with adults, young people and children.

Their work has helped those dealing with feelings of isolation, anxiety, challenging emotions and offers a space for individuals to connect and share.

Rachel and Becci both trained in the Sesame Approach to dramatherapy, which is informed by Jungian and developmental psychology.

Drama and movement therapy is a bespoke creative arts psychotherapy that involves working with story, movement, art, music, sound, play and spontaneity. The Sesame Approach uniquely offers movement with touch and sound as a way

of working, which is a method that can be particularly useful for those who may be non-verbal.

Rachel said: "Give Space is passionate about the importance of mental health and emotional wellbeing. Our practice is informed by our collective years of previous frontline work experiences within the public and private mental health sectors. This has contributed to Give Space's dedication to working in a holistic and empathetic way with a person-centred approach."

Becci added: "We believe everyone deserves to have a space in which they feel accepted and free to be themselves. Give Space offers a therapy and wellbeing service that is flexible and unique which prioritises nurturing the needs of individuals. It's a creative and indirect approach which can make the therapy feel more accessible and is often helpful in engaging those who perhaps have found other services and approaches difficult to engage in."

If you are an organisation that feels your community could benefit from Give Space's services, visit www.givespace.co.uk or email info@givespace.co.uk

Volunteer with Give Space's advisory board

Give Space's advisory board is an opportunity for volunteers to use insight and experience gained from their respective job fields to contribute positively to the overall strategy and operations of Give Space.

Simon, from Hillingdon, is an experienced business director. He has been on Give Space's advisory board since its formation.

He said: "Volunteering in an advisory capacity for Give Space has been an enjoyable and rewarding experience as I have been able to use my expertise to positively contribute to the mental health sector, which feels more critical than ever."

If you think you could offer professional advice and experience to benefit the organisation, email info@givespace.co.uk

Cllr Douglas Mills, Cabinet Member for Corporate Services and Transformation, said: "Give Space provides beneficial mental health and wellbeing support to many residents and organisations across the borough. If you would like to assist their work in an advisory capacity, I encourage you to get in touch with the team."

HILLINGDON WHAT'S ON?

LIBRARIES

Tovertafel sessions Various dates, locations and times

Visit the libraries' magic tables and enjoy a series of 'light' interactive games developed for people living with dementia and other disabilities. We welcome adults and children with special needs to discover the magic with their families or carers. Organisations are welcome to book in advance.

Cost: Free
Find out more and book at www.hillingdon.gov.uk/magic-tables

Reading Friends: Tiny Tales

The borough's libraries host morning sessions for two to five-year-olds featuring stories and songs, in a relaxed and friendly environment.

Cost: Free
Find a session near you at discover.hillingdon.gov.uk/library-events

Online Crochet Club Monday 28 March, 8pm to 9pm and Monday 4 April, 8pm to 9pm

Bring your own knitting or crochet project and join us online for a chat, to share ideas or work on a shared project. Open to adults.

Cost: Free
Find out more at discover.hillingdon.gov.uk/library-events

Spring has Sprung Thursday 7 April, midday to 3pm at Manor Farm and Tuesday 12 April, 2pm to 4pm at Uxbridge Library Level 6

Celebrate the spring by taking part in these free family-friendly craft activities at Manor Farm and Uxbridge Library Level 6.
Cost: Free. Just drop in.



Spring has Sprung

THEATRES

Dinosaur Adventure Live Monday 4 April, 2pm and 4.30pm

Feel the excitement of meeting real life-like dinosaurs face-to-face and hearing the tremendous roar of a T-Rex. This awe-inspiring show captivates both young and young at heart, immersing audiences in an enthralling and realistic world of dinosaurs.

Cost: £14
Find out more and book at www.becktheatre.org.uk or call 0343 310 0044
Beck Theatre

Alice's Adventures in Wonderland Wednesday 6 April to Sunday 10 April, 12.30 and 4pm

Join Alice and drop down the rabbit hole to a magical place in Wonderland.

Cost: £17, £13 under-16s and £52 family of four (two adults and two under-16s or one adult and three under-16s)
Find out more and book at www.hillingdontheatres.uk or call 01895 250615
Compass Theatre

Humpty Dumpty the Pantomime Thursday 14 April to Friday 15 April, 7.30pm, and Saturday 16 April, 2.30pm and 6.30pm

Argosy Players have adapted the popular nursery rhyme for a lively new production.
Cost: £12.50, £10 concessions and group bookings
For enquiries, email info@argosyplayers.org.uk
The Douay Martyrs
Catholic School

Legally Blonde Wednesday 27 to Saturday 30 April, 7.30pm and Saturday 30 April, 2.30pm

Hillingdon has a range of free (unless specified) activities to keep you entertained throughout March and April.

Presented by Ruislip Operatic Society, *Legally Blonde* tells the story of Elle Woods: a bubbly, fashion-savvy sorority girl who enrolls at Harvard Law School chasing love! This fantastically fun, witty, and uplifting musical will have you tickled pink as we follow Elle's journey tackling stereotypes and scandal whilst in pursuit of her dreams.

Cost: £15, £13 over-65s and £13 under-16s (no concessions Saturday evening)
Find out more and book at www.hillingdontheatres.uk or call 01895 250615
Compass Theatre

The Strange Case of Dr Jekyll and Mr Hyde Monday 25 to Tuesday 26 April, 7.30pm, and Wednesday 27 April, 1.30pm and 7.30pm

A thrilling adaptation of Robert Louis Stevenson's dark psychological fantasy, *The Strange Case of Dr Jekyll and Mr Hyde* immerses you in the myth and mystery of 19th century London's fog-bound streets where love, betrayal and murder lurk at every chilling twist and turn. Gripping, stylish and thought-provoking, this is unmissable theatre.
Cost: £24.50, £22.50 concessions
Find out more and book at www.becktheatre.org.uk or call 0343 310 0044
Beck Theatre

LEISURE

Eastcote and Ruislip Choral Society's Spring Concert Saturday 19 March, 7.30pm

Enjoy choral and orchestral performances of Mendelssohn's *Psalms* and Mozart's *Mass* in D major. Accessible venue.
Cost: £15, under-12s free
Find out more and book at www.eastcote-ruislip-choral.org
St. Edmund's Church

Northwood Choral Society perform Mendelssohn's Elijah Saturday 26 March, 7.30pm

Northwood Choral Society joins forces with Harrow Philharmonic Choir and Trinity Orchestra to perform Mendelssohn's *Elijah*. Northwood Choral Society's Musical Director Julie Bale will take the soprano solo role for the concert. Other soloists include John Upperton (tenor), Scarlett Brett (contralto), and Laurence Williams (bass).
Cost: £15, £12 concessions, under-19s free
Find out more and book at www.harrowphil.co.uk or call 07947 024156
Harrow High School

Comedy
Compass



Comedy Compass Sunday 3 April and 22 May, 7pm

A great line-up of comedy talent (to be announced) in the bar at the Compass Theatre. Over 18s only. Raising funds for Friends of Ickenham Hall.

Cost: £8
Find out more and book at www.hillingdontheatres.uk 01895 250615

Compass Theatre

Hillingdon Choral Society's Spring Concert Saturday 26 March, 7.30pm

Enjoy choral and orchestral performances of Vivaldi's *Gloria* and Bach's *St Luke's Passion*, led by conductor Peter J Williams.
Cost: £15, £3 12 to 18 years, under-12s free
For enquiries, email hillingtonchoralsociety@gmail.com or call 07941 601966
United Reformed Church, Ickenham

Harrow Choral Society perform Handel's Messiah Saturday 2 April, 7.30pm

Handel's *Messiah* is an emotive and uplifting piece of music that connects with the time we have been living through recently. Renowned, period instrument orchestra, Charivari Agréable, will be performing while Simon Williams will conduct.
Cost: £18, under-18s free
For enquiries, visit www.harrowchoral.org.uk or call 07794 253463
Harrow School Speech Room

Charity car boot sales Sunday 3 April, Sunday 1 May and Sunday 12 June, 1pm to 4pm

Age UK (Hillingdon, Harrow and Brent) and Carers Trust Hillingdon are holding monthly car boot events throughout the year to help raise funds for both charities. Food and drink will also be on sale.
Cost: Charity donation on entry (sellers £10 per car)
For more information visit www.ageuk.org.uk/hillingdonharrowandbrent or call 020 8756 3068.
Mecca Bingo rear car park, Hayes

Sounds of the Suburbs exhibition

Monday 4 to Friday 29 April, during normal library opening times

The display will use material from the borough's extensive collections to explore the history of all things musical in Hillingdon. Discover Hillingdon's rich and varied musical heritage, its performers, composers and changing musical tastes.

**Cost: Free
Botwell Green Library**

Lunchtime Lecture: Jim Nicolson

Friday 22 April, 12.30pm

A lunchtime talk by Jim Nicolson about his uncle James Nicolson, the only Fighter Command pilot to be awarded the Victoria Cross during the Second World War. The talk will focus on Nicolson's first-hand experience of the Battle of Britain and include personal objects and documents.

Cost: £5, Hillingdon First cardholders £2.50

**Find out more and book at battleofbritainbunker.co.uk
The Battle of Britain Bunker Exhibition and Visitor Centre**

4th Harlington Brownies

Wednesday, 6pm to 7.30pm

Brownies offer girls aged seven to 11 opportunities to try new things, make friends and discover the world around them. Weekly activities include arts and crafts, cooking, games, holidays and days out.

Find out more by calling Karen on 07517 192357 or emailing harlington4thbrownies@hotmail.com

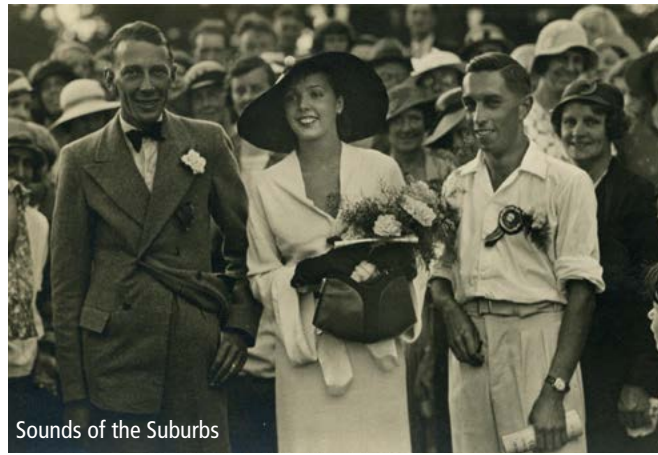
2nd Harlington Scout Hut

EXERCISE

Fitness Pilates

Tuesdays, 5.30pm (via Zoom/Facebook Live) and Thursdays, 5.30pm – (via Zoom/Facebook Live) and in person

Fitness Pilates is a low impact total body general fitness class,



Sounds of the Suburbs

designed to improve posture and balance, increase strength and flexibility, plus leave you feeling calm and relaxed. Includes standing exercises along with the more traditional Pilates-style mat work. Sessions are often themed with different focuses, such as back and core strength, stretching, flexibility and ballet barre style.

**To make an enquiry or book a free taster session, email Emma@EmmaBFitness.com.
Deane Park Hall**

Boffo's HIIT Bootcamp

Tuesdays, 6.30pm (via Zoom/Facebook Live) and Thursdays, 6.30pm – (via Zoom/Facebook Live) and in person

Ladies interval training sessions to get you fitter, healthier and toned. Don't be scared of the words 'HIIT' or 'Bootcamp', exercises can all be modified to suit your level. This is not a super young, military-style, shouty session.

I'm 51 myself and having taught this session for nearly 13 years, it has absolutely helped keep me 'young' and fit and I'm still loving helping others feel the same.

**To make an enquiry or book a free taster session, email Emma@EmmaBFitness.com.
Deane Park Hall**

Young at Heart Yoga for All Abilities

Wednesdays 10am to 11am

Nobody is too old or too stiff to do some yoga! Yoga will improve your strength, stamina and flexibility, and help with concentration, mental clarity and relaxation. Come and try our friendly class – whether or not you have practised any yoga before – and experience the benefits it can have to your body and mind.

**Cost: £50 for six weeks.
For more information and to book, email shape.tone@blueyonder.co.uk or call Loretta on 020 8845 7873.
Oak Farm Library**

Meditation with Quiet Space Wellbeing

Mondays, 1.45pm, Wednesdays at 10am and Thursdays at 10am (term-time only)

Take an hour to relax and rejuvenate with deep abdominal breathing and guided meditation. Classes have been running for six years and are suitable for adults, and beginners are welcome.

**Cost: £10 per class
For more information, text Aly on 07753 349024, email hello@quiet-space.com or visit quiet-space.com.
Eastcote House Gardens
The Stables at Manor Farm
Ickenham Village Hall**

Pilates with Suzy Barton

Tuesdays 1.30pm to 2pm

Pilates exercises focus on improving posture, core strength and flexibility. The classes are suitable for everyone regardless of age, ability, or fitness level. Suzy is an ex-British gymnastics squad member, Pilates Foundation trained and a CYQ Level 3 instructor.

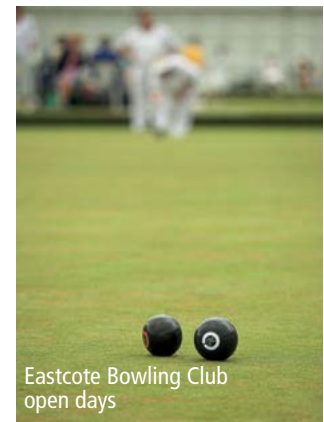
**Cost: £12.50 per class or £10 for a block of five or more.
For more information and to book, email suzybartonpilates@btinternet.com or call 07850 687488.
The Stables at Manor Farm**

Eastcote Bowling Club open day

Sunday 15 May, 10am to 1pm

People of all ages are welcome to come along and try their hand at this friendly and enjoyable sport. Coaching and advice is available on the day and further help will be given by our fully qualified coaches should you decide to join the club. Please remember to bring flat soled shoes on the day.

**For more information, contact Jan Rush on 07757 652028.
Find out more at eastcotebowlingclubbuzz.co.uk.
Cavendish Pavilion**



Eastcote Bowling Club open days

VENUES

2nd Harlington Scout Hut

63-65 Wentworth Crescent, Hayes, UB3 1NW

Beck Theatre

Grange Road, Hayes, UB3 2UE

Botwell Green Library

East Avenue, Hayes, UB3 2HW

Cavendish Pavilion

Field End Road, Eastcote, HA4 9PG

Compass Theatre

Glebe Avenue, Ickenham, UB10 8PD

Deane Park Hall

Long Drive, South Ruislip, HA4 0HS

Douay Martyrs Catholic School

Edinburgh Drive, Ickenham, UB10 8QY

Eastcote House Gardens

High Road, Eastcote, HA5 2QS

Harrow High School

Gayton Road, Harrow, HA1 2JG

Harrow School Speech Room

Harrow-on-the-Hill, HA1 3HP

Ickenham Village Hall

33 Swakeleys Road, Ickenham, UB10 8DG

Manor Farm

Bury Street, Ruislip, HA4 7SU

Mecca Bingo

466-468 Uxbridge Road, Hayes, UB4 0SD

Oak Farm Library

Sutton Court Road, Hillingdon, UB10 9PB

St. Edmund's Church

Pinner Road, Northwood Hills, HA6 1QS

St. Giles Church Hall

Swakeleys Road, Ickenham, UB10 8BG

The Battle of Britain Bunker Exhibition and Visitor Centre,

Wren Avenue, Uxbridge, UB10 0BE

United Reformed Church

Swakeleys Road, Ickenham, UB10 8BE

Uxbridge Library

High Street, Uxbridge, UB8 1HD

Residents without internet access can visit their nearest library to access online listings.

If you wish to publicise an event, please email details to hillingdonpeople@hillingdon.gov.uk or send to Hillingdon People, 3S/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion.

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HILLINGDON CONTACTS



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Abandoned Vehicles ▶
 Environment and Anti-Social Behaviour ▶
 Flytipping ▶ Graffiti ▶
 Parks and Green Spaces ▶
 Pest Control ▶ Roads and Pavements ▶
 Special Collections ▶ Street Lighting and Cleansing ▶
 Waste and Recycling
 01895 556000
 Licensing ▶ Animal Welfare
 01895 277433
 Food Health and Safety
 01895 250190

Learning

Adult Learning
www.hillingdon.gov.uk/adultlearning
 01895 556455
 Library Information Desk
 01895 250714
 School Admissions
www.hillingdon.gov.uk/schooladmissions
 01895 556644
 School Transport
 01895 250008
 Truancy Hotline
 01895 250858

Leisure

Battle of Britain Bunker Exhibition and Visitor Centre
battleofbritainbunker.co.uk
 01895 238154
 Botwell Green Sports and Leisure Centre
 020 8561 0956
 Haste Hill Public Golf Course
 01895 250777
 Highgrove Pool and Fitness Centre
 01895 630753
 Hillingdon Sports and Leisure Complex
 0345 130 7324
 Hillingdon Theatres
www.hillingdontheatres.uk
 01895 250615
 Queensmead Sports Centre
 020 8845 6010
 Uxbridge Public Golf Course
 01895 556750
Local democracy
 Council Meeting Dates and Agendas
 01895 250636
 Electoral Services and Registrars
 01895 558250

Conservative Group Office
 01895 250316
 Labour Group Office
 01895 250780
 Mayor's Office
 01895 250763

Planning

www.hillingdon.gov.uk/planning
 01895 250230

Building Control, Inspections and Dangerous Structures
 01895 558170

Dangerous Structures (out of hours)
 01895 250111

Local Land Charges
 01895 556115

General

Adoption and Fostering
 0800 783 1298

Brown Badges
 01895 277277

Council Tax and Benefits
www.hillingdon.gov.uk/counciltax
 0300 123 1384

Families' Information Service
 01895 556489

Fraud Hotline

www.hillingdon.gov.uk/reportfraud
 0800 389 8313

Hillingdon First Card
www.hillingdon.gov.uk/hillingdonfirst
 01895 556677

Hillingdon Social Care Direct (adults) ▶ Blue Badges ▶ Freedom Passes ▶ Meals Service ▶ TeleCareLine
 01895 556633

Housing Services
www.hillingdon.gov.uk/housing
 01895 556666

Social Care – Children (Stronger Families Hub)
 01895 556006

Substance Use and Misuse or Sexual Health
 01895 250721

Trading Standards
www.hillingdon.gov.uk/tradingstandards
 01895 250164

All other council enquiries (not listed above)
 01895 250111

USEFUL SERVICES AND AGENCIES

Addiction, Recovery, Community, Hillingdon (ARCH)
 01895 207777
 Affinity Water
 0345 357 2407
 Age UK Hillingdon
 020 8756 3040
 Alzheimer's Society Hillingdon
 01923 823999
 Asphaleia Action
 01895 272478
 Carers Trust Hillingdon
 01895 811206
 Centre for ADHD and Autism Support
 020 8429 1552

Citizens Advice Consumer Helpline
 0808 223 1133
 Citizens Advice Hillingdon
 0344 848 7903
 Communicare Counselling Service
 01895 256056
 Disablement Association Hillingdon (DASH)
 020 8848 8319
 HD Carers Support Group
 07752 169849
 Healthwatch Hillingdon
 01895 272997
 Hillingdon Autistic Care and Support (HACS)
 020 8606 6780
 Hillingdon Brain Tumour and Injury Group
 01895 713205

Hillingdon Chamber of Commerce
 01895 545940
 Hillingdon Independent Domestic Violence Advocacy (HIDVA)
 020 8246 1745
 Hillingdon Mind
 01895 271559
 Hillingdon Parent Carers Forum
www.hillingdonpcf.com
 Hillingdon U3A
 07532 268002
 Hillingdon Women's Centre
 01895 259578
 Home-Start Hillingdon
 01895 252804
 P3 Navigator Advice Centre
 01895 436114
 Samaritans
 116 123 (freephone)
 Victim Support
 08 08 16 89 111 (freephone)

Hospitals

Harefield Hospital
 01895 823737
 Hillingdon Hospital
 01895 238282
 Mount Vernon Hospital
 01923 826111
 Northwick Park Hospital
 020 8864 3232
 Watford General Hospital
 01923 244366
 NHS
 111
Police and Fire
 Metropolitan Police
 Non-emergency 101
 Textphone 18001 101
 Hillingdon
 Neighbourhood Watch
all@hillingdonnhw.co.uk
 Hillingdon Fire Station
 020 8555 1200

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