

# Thousands celebrate Platinum Jubilee

Works start at Cranford Park

# Have your say on ULEZ expansion











NEW TRAIL

WINNERS

# **August Bank Holiday Refuse and Recycling**

To minimise disruption to waste and recycling collections over the August Bank Holiday, we will be working on Saturday 3 September.



Please leave your rubbish out for collection by 6am.

Please leave your rubbish near your front gate, but not on the pavement.

Separate arrangements are in place for flats and business premises.

If you have any queries, or would like to report a missed collection, visit i www.hillingdon.gov.uk/recycling or call i 01895 556000.



Normal collection day	Revised collection day
Monday 29 August (Bank Holiday)	Tuesday 30 August
Tuesday 30 August	Wednesday 31 August
Wednesday 31 August	Thursday 1 September
Thursday 1 September	Friday 2 September
Friday 2 September	Saturday 3 September



www.hillingdon.gov.uk



### Autumn Show 2022

# Enter our growing and gardening competition

Visit 🗭 www.hillingdon.gov.uk/ autumnshow

Entry deadline: Friday 2 September Autumn Show takes place: Saturday 17 September at the Great Barn, Ruislip See website for show details





www.hillingdon.gov.uk

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COVER PHOTO: RESIDENTS OF DEERINGS DRIVE, EASTCOTE CELEBRATE THE JUBILEE.





Advertising deadline for next edition: Friday 29 July. Editorial and advertising enquiries O 1895 556903 hillingdonpeople@hillingdon.gov.uk www.hillingdon.gov.uk/hillingdonpeople



After reading, please recycle this magazine

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he Queen's Platinum Jubilee last month was a special opportunity for us all to celebrate Her Majesty The Oueen's remarkable reign and her 70 years of service to our country. The council was proud to host a variety of events during the extended bank holiday and support more than 100 street parties. It was fantastic to see communities come together to mark this momentous occasion and create memories to last a lifetime. Last month, I was honoured to meet our Community Award winners for 2022. We really do have a special borough because of the people that live here who selflessly give their time, efforts, energy and care to others, and that deserves recognition. Congratulations once again to all of our winners. I encourage residents to have their say on the Mayor of London's proposed Ultra Low Emission Zone (ULEZ) expansion before the consultation ends on 29 July. The council is opposed to these plans which would have a hugely detrimental economic impact on our borough – residents, businesses and those who live outside Hillingdon who rely on travelling into and around it. You can read more about why we're opposing these plans and how to respond on page 11. Finally, the rising costs of living are currently having a significant impact on everyone, and we understand that it's likely a worrying time for many residents. Local authorities are administering much of the financial support to residents provided by government and where we have discretion, we are providing an additional helping hand to low-income and pensioner households. It is far quicker to do this for residents who are signed up to pay council tax via direct debit, and so I encourage you to do this so that we can provide you with the financial assistance you're eligible for as quickly as possible. It's not just households that are feeling the pinch, the council is also impacted by the skyrocketing rate of inflation. For example, the council's energy bill for this year will be approximately £2 million more than last year. We will need to make changes as part of our sound financial management processes, and we have already started this work. We have made £1.3 million annual savings following reviews of our senior management and Member costs. During the coming months we will be carrying out more of this work as part of our transformation programme. Be assured though, we will maintain our commitment to being a low tax authority and protect frontline services for the vulnerable. However, it is time for us to think again how we can do things more efficiently.



Cllr Ian Edwards LEADER OF THE COUNCIL



Twenty-five of the council's car parks have retained their Park Mark Safer Parking awards for 2022 following an inspection in April.

The Park Mark Safer Parking scheme, which is run by the British Parking Association on behalf of the Association of Chief Police Officers, is a national standard for UK car parks that have low crime and measures in place to ensure the safety of people and vehicles. Assessors work with the police to carry out an annual rigorous inspection regime.

The council has 25 Park Mark accredited public car parks. The sites are: Blyth Road and Pump Lane, Hayes; Oak Grove, Northview, Devonshire Lodge and Devon Parade, Eastcote; St Martin's Approach, Ruislip; Harefield House, Harefield; Long Lane, Hillingdon; Community Close, Ickenham: Linden Avenue, Pembroke Gardens and Sidmouth Drive, Ruislip Manor; Oakland's Gate and Green Lane, Northwood; Cedars and Grainges, Uxbridge; Brandville Road, West Drayton; Ruislip Lido, Willow Lawn, Kingsend South long-term and shortterm and Kingsend North, Ruislip; and Falling Lane and Fairfield Road, Yiewsley.

The assessors were impressed by the daily visits by staff to ensure any problems are quickly rectified and by the council's commitment to the Park Mark scheme.

To find out more about parking in the borough, visit www.hillingdon.gov.uk/ parking-types. You can find out more about the Park Mark Safer Parking awards at www.britishparking.co.uk.

### London-wide day of action on Blue Badge fraudsters

Officers from the council's counter fraud and parking services teams were out on the streets of Uxbridge in May on the lookout for instances of Blue Badge parking permit misuse, counterfeit and copied badges.

It was all part of the Blue Badge Day of Action, a coordinated joint patrol of streets, involving 18 boroughs across London, to identify cases where the concessionary parking permits have been used fraudulently.

A total of 53 blue badges were inspected on the patrol, five of which had already expired. Four other badges were being used by someone who wasn't the registered holder. Those drivers were cautioned and could now receive fixed penalty fines of £100 or even face prosecution.

Blue badges provide parking concessions for people with severe mobility problems, as

well as people with less visible conditions, such as learning disabilities and mental health conditions.

The scheme is open to eligible people irrespective of whether they are travelling as a driver or as a passenger and it helps badge holders park closer to their destination.

They are intended only to be used by the holder and misusing a badge has implications for everyone because it means there are fewer accessible parking spaces for people who need them most.

Cllr Martin Goddard, Cabinet Member for Finance, said: "Although most blue badge holders abide by the rules, this day of action should serve as a reminder that the council will not tolerate misuse.

"If you suspect a case of Blue Badge fraud, you can report it to the council by calling 0800 389 8313 (Monday to Friday 9am to 5pm) or emailing fraud@hillingdon.gov.uk."

### Man jailed after failing to pay fees at civic amenity site

A West Drayton father of three has been jailed for dumping more than 11 tonnes of commercial waste at Harefield Civic Amenity Site on numerous occasions without paying the required fees.

A District Judge described Patrick Stokes' actions as 'appalling' and said he had 'no regard for authority' when sentencing him to 14 weeks in prison during a hearing at Uxbridge Magistrates' Court on Tuesday 7 June.

Stokes, aged 48, of Magnolia Street, admitted seven counts of making off without paying and

three counts of entering the site when banned from doing so. Stokes was also ordered to pay £5,000 compensation to the council to cover the costs of clearing up after him.

The court heard how on seven occasions between 17 March 2021 and 17 January 2022, Stokes dropped commercial waste at the site, as if it were personal household waste.

The court was told that given the very high frequency of Stokes' visits to the site and volumes of waste being deposited, council officers deemed his use was commercial.

rather than private and was therefore subject to fees, like other authorised waste carriers in the borough.



#### Since he had already made off without paying on several prior occasions, the council banned him from the site, but even this ban was ignored three times with Stokes failing to leave the site when asked, the court heard. In mitigation, the

court was told Stokes was unemployed and in receipt of Universal Credit. He was paid to collect the waste from traveller sites at £20 per visit.

Find out more about fly-tipping and how to report it by visiting www.hillingdon.gov.uk/ flytipping.



In May, the council introduced new street cleaning equipment as part of its commitment to keep the borough clean and free of litter.

Three new Overton Vacuum Street Barrows (pictured above) were purchased at a cost of £2,985 each and have been at work in the high footfall areas of Uxbridge, Hayes and Ruislip.

The barrows are particularly useful at picking up pieces of litter such as cigarette butts from around bins, as well as waste from the gaps in between paving slabs. They are also ideal for cleaning underneath street furniture where debris gathers.

Additionally, the barrows can remove small weeds that grow between paving slabs and remove the seeds to prevent the weeds regrowing.

#### Cllr Eddie Lavery, Cabinet Member for **Residents' Services,** said: "We are always looking at ways to improve our street cleaning in Hillingdon.

"These new barrows will make street cleaning much easier and are a more efficient way of working for our street cleaning operatives.

"The machines have electric motors, as opposed to petrol engines, and are very quiet when in use, as well as being extremely energy efficient."

### Virtual permits – making it easier for residents to renew

Last month, we introduced a new paperless parking permit system to help residents and businesses to easily apply for and renew permits online.

All parking permits and visitors' vouchers have now gone digital and can be managed online through a new permits account. (This does not apply to business and carers' permits).

Residents/businesses have been written to advising them on how to set up an

account via the new system at www.hillingdon.gov.uk/ *parking-permits* before their current paper permit expires.

Paper permits and vouchers will remain valid until they expire and must continue to be displayed clearly on the dashboard of your vehicle to avoid receiving a Penalty Charge Notice.

Our civil enforcement officers will now be able to enter vehicle registration numbers into their handheld

habitats, species, geology and provide outdoor laboratories for research. Ruislip Woods has a diverse and species-rich ancient woodland and device to find out if the car has a virtual parking permit or visitor voucher. Cllr Eddie Lavery, Cabinet Member for Residents' Services, said: "We have made it easier and more efficient for residents. visitors and businesses to transact with the council by introducing a new online parking permits system. "You can apply for a permit online 24 hours a day, seven days a week at a time that suits you and



In October 2020 the council acquired Copse Wood, a 30-acre section of ancient semi-natural woodland in Ruislip Woods so that it could be managed and protected for future generations to enjoy. In June, Natural England extended the existing National Nature Reserve (NNR) boundary of Ruislip Woods to encompass the new section, giving it the same level of important protection. To add to the celebrations, the declaration marks the 25th anniversary of the original NNR designation for the woods. The woods, which are owned by the council, became the first of London's three NNRs in May 1997. NNRs were established to protect some of the UK's most important

provides opportunities for schools, residents, visitors, specialist interest groups to experience wildlife and ancient woodland.

Cllr Eddie Lavery, Cabinet Member for **Residents' Services,** said: "We are delighted that the NNR status for Ruislip Woods has been extended, so that even more of this invaluable landscape gets the best possible protection for future generations.

"Ruislip Woods provides inspiration for residents and visitors of any age, from the majesty of its coppiced oak and hornbeam trees, to the wealth of wildlife that thrives there too.

"We're grateful to Natural England for partnering with us in ensuring this critical piece of woodland is preserved and enjoyed for decades to come."

For more information on Ruislip Woods NNR, including walking routes, visit www.hillingdon. gov.uk/leisure.

no longer need to wait for one to arrive in the post or put it physically out for display in your car once you've gone virtual."

Permit holders who do not have digital access can visit one of our libraries and get support to set up an account and apply for permits.

More information on the virtual permit system can be found at www.hillingdon.gov.uk/ parking-permits.

# Helping young people to find full-time employment

Are you aged 17 to 24 with a learning disability or autism and looking for a full-time job?

The council has partnered with DFN Project SEARCH to host a Transition to Work programme at its Civic Centre in Uxbridge and is looking for young people for this year's cohort.

Now in its third year with the council, the scheme gives young people aged 17 to 24 with a learning disability or autism invaluable workplace experience and the chance to develop skills and gain confidence over the course of a year-long placement. With 800 hours of

structured support from staff, mentors, instructors and coaches, it has been designed to help



young people become more confident when applying for a job.

The programme has seen 60 per cent of graduates securing a paid iob (16 hours or more per week) and is run in partnership with Orchard Hill College and Hillingdon Autistic Care and Support (HACS), which supports people with learning disabilities and autism.

For more information, email *projectsearch@* hillingdon.gov.uk and for an application form, contact Orchard Hill College at Assessments&Placements@ orchardhill.ac.uk and on 0345 402 0453.

For more information about DFN Project SEARCH, visit www.dfnprojectsearch.org and www.hacs.org.uk.



Paul from the council's

Archives and Museum

Service for a walk along

Canal. Explore Harefield's

vanished industrial past

which includes mills and

and lock keepers. Book at

archives@hillingdon.gov.uk.

Eastcote House Gardens

is hosting a Heritage Day

and Classic Car Rally on

Sunday 11 September

Admire vintage cars in a

musical entertainment.

Edwardian discovery at Manor Farm in Ruislip on

Saturday 17 September,

Take part in traditional

trail and historical talks

at Manor Farm House.

heritage-open-days.

puppet shows, a wildlife

walk, crafts, an animal quiz

at www.hillingdon.gov.uk/

Access the full programme

from 10.30am to 3.30pm.

beautiful setting and enjoy

Another highlight includes

a drop-in day of Victorian/

from 11am to 4pm.

factories, barges, locks

the Grand Junction

From Friday 9 to Sunday 18 September, residents can once again enjoy an action-packed programme celebrating Hillingdon's history, culture and architecture.

Heritage Open Days 2022 are your chance to see hidden places and try out new experiences - and best of all it's all free.

Following the successful 2021 excavation season, the community archaeology project is back at Cranford Park. Come along from Friday 9 to Sunday 18 September (excluding Monday 12 September), from 9am to 3pm, and take part in this year's dig which focuses on uncovering more about the kitchen gardens of Cranford House, their glass houses and how they worked. No experience is needed, book at archives@ hillingdon.gov.uk.

On Saturday 10 September at 11am, join

## Supporting our LGBTQIA+ young people

Drop-in sessions are being held to support children and young people in Hillingdon who identify as LGBTQIA+.

Run by the council's Adolescent Development Services, the monthly two-hour sessions are an opportunity for children and young people to talk about what matters most to them, as well as connect with like-minded people their own age. Two groups have been

set up, one for those aged 11 to 13 and another for those aged 14 to 17.

The sessions offer a safe space where children and young people can get support, make friends and take part in fun, creative and awareness raising activities.

Monica Gaga, Senior Programme Coordinator, said: "It's a space provided by us but shaped by the children and young people. Some like to cook, some

like to craft and others like to chat – it's their choice.

"Before you join, we can offer you one-to-one sessions so you can get to know us, what we offer, and we can get to know you."

One young person said: "Even if no-one else wants to cook, I like to cook for the group and then we can all enjoy what I've made and sit and chat." Another added: "I

really enjoyed when we



learned about queer role models, and how much people have achieved." If you are a young person, or know someone who might be interested, email targetedprogrammes@ hillingdon.gov.uk to find out more.

# Hayes shopkeeper fined for selling banned harmful skin lightening cosmetic products

A Hayes shopkeeper has been fined £1,260 after being caught selling harmful cosmetic products following an investigation by the council's trading standards team.

Jean Bitulu, owner of John Foods in Hayes Shopping Centre was sentenced at Uxbridge Magistrates' Court on Tuesday 24 May, after admitting seven counts of breaching the Cosmetic Products Enforcement Regulations 2013.

Bitulu was also ordered to pay a victim surcharge of £126 and a contribution towards the council's prosecution costs of £2,000.

The court was told trading standards officers visited Hayes Shopping Centre on 7 October

2020, where several shops were found to be selling illegal skin lightening cosmetics. They noted a particularly large quantity for sale in John Foods.

This resulted in the seizure of 331 products containing the banned harmful hydroquinone.

A further 657 products containing steroids and medicines were also seized. Those items were sent to the Medicines and Healthcare Regulatory Agency which confirmed that the products were unlicensed for supply in the UK.

Anything with hydroquinone, mercury or steroids is illegal as they can carry serious side effects. These ingredients can cause long-term health problems such as kidney and liver

## New £400 million data centre to boost our local economy

Plans for a multi-million pound data centre in Hayes that will significantly boost the local economy have been approved by the council's Major Applications Planning Committee.

The proposals for the £400 million Colt Data Centre in Beaconsfield Road were given the green light when the committee met at the Civic Centre in Uxbridge on Tuesday 26 April.

The redevelopment of the Tudor Works site, north of Hayes and Yeading Football Club's grounds, will result in the construction of two data centre buildings, associated energy infrastructure, car and cycle parking, landscaping and a security gatehouse.

Committee members were told the building would make a significant contribution to the



local economy in both its construction phases (estimated to be around six years) and additionally once up and running. Colt is already in

discussion with a major international company which is looking to take over the whole facility, once operational.

#### HILLINGDON news

damage, as well as increased risk of skin diseases. On 7 July 2021, another inspection at John Foods discovered a further 12 products containing hydroquinone, along with other products which lacked the required labelling. These were also seized. In mitigation, Bitulu's solicitor said that despite being a British citizen, the defendant – who had no prior convictions was unable to read or write English very well and believed the skin lightening products to be a moisturising cream.

Cllr Eddie Lavery, Cabinet Member for Residents' Services, said: "This is a brilliant result for our trading standards team, which works



tirelessly in the borough to keep residents safe. "A large amount of potentially harmful cosmetics have been removed from our streets and I hope this result serves as a warning that we won't allow local businesses to profit by selling products which could cause harm to others and will always take the strongest possible course of action."

The data centre would create 350 new full-time jobs and around 120 parttime jobs. Colt estimates the workforce and visitors to the centre will spend around £2.5 million in the local area each year. Data centres are an intensive climatecontrolled space for the

continuous operation of computer servers, which are supported by complex mechanical and electrical infrastructure.

As the world has become more reliant on digital services the need for and growth of data centres has been exponential. reflecting the growth and importance of data to the commercial sector.

Leader of the Council. Cllr Ian Edwards, said: "This new data centre will be a hugely beneficial addition to the borough, bringing vital jobs and money to boost the local economy.

"This development and the long-term, significant investment it will bring helps to cement Hillingdon as a key investment location for some of the world's biggest businesses."

# Residents find peace through bunker's mindfulness sessions

A suite of activities ran at the Battle of Britain Bunker Exhibition and Visitor Centre this summer focused on improving and supporting mental and physical wellbeing.

Yoga, arts, crafts and Lego-building were among the activities hosted at the unique venue as part of a mindfulness and wellbeing themed spring and summer programme.

The range of activities was put together for residents with the aim of helping decrease stress, anxiety and

loneliness aggravated by the COVID-19 pandemic.

The thoughtful fun kicked off in March with beginner's yoga sessions on the exhibition centre's mezzanine level, with those sessions continuing through April.

These were followed by sketch and draw sessions led by artist Richard McIlrath and encouraged residents of all abilities to try their hand at illustrating the different aircraft and other exhibits on display in the centre. Music from the 1940s was played during the

classes to create a relaxing, immersive experience.

And further activities encouraged visitors to get creative with some mindful building using Lego blocks, with sessions for both children and adults to get creative.

The sessions proved hugely popular drawing in visitors from beyond the borough's border.

To mark the Queen's Platinum Jubilee, some special craft events were also held over the jubilee weekend.

summer months are themed movie nights hosted in the centre's theatre and Family Fridays are set to return as well. From Friday 19 August, the bunker will host a unique exhibition exploring Operation Jubilee to mark the 80th anniversary of the Dieppe Raid, which will also include family activities. For the full listings of events and details on booking, visit battleofbritainbunker.co.uk/ whats-on.

Ongoing through the

# Get fit with Couch to 5K

Taking up running can seem daunting – especially if you feel out of shape or are unfit.

Couch to 5K is a running plan for absolute beginners and helps you to gradually work up towards running 5km.

Hayes and Harlington Road Runners have been commissioned by the council to run a free eight-week programme, giving residents the opportunity to complete Couch to 5K as a group, culminating in a local parkrun.

Nichole, aged 29 from Hayes, took part in the programme earlier this year. She said: "The leaders made everyone feel welcome and were very supportive. Having completed the 5K parkrun, at Black Park, I am proud of

my increased fitness and look forward to improving my running alongside the friends I have made." Cllr Jane Palmer,

**Cabinet Member for** Health and Social Care, said: "Running is a terrific way to improve your overall cardiovascular fitness, which can help to reduce your risk of heart disease, type 2 diabetes, high blood pressure and strokes.

"I'd encourage residents of all ages to sign up to Couch to 5K and get fit while making new friends."

The next course starts on Wednesday 7 September at 6.30pm at Hayes and Harlington Community Centre. To find out more and sign up visit, *discover*. hillingdon.gov.uk/couch-5k.



WARM WELCOME Event at the Beck Theatre helps families settle in Hillingdon

### Helping people fleeing Ukraine to access support

The council continues to ensure that those arriving from Ukraine are supported as they settle into borough life.

As well as help with housing, employment and accessing health services, the council's Adult and Community Learning Service hosted an event in May at the Beck Theatre in Haves to welcome 50 families from Ukraine.

The event was held in conjunction with the homeless charity Trinity and was designed to connect Ukrainian families and also an opportunity for trained professionals to assess the new arrivals' English to determine how they could be best supported.

A class for beginners has already been set up and more will be scheduled during the coming months to cater to the different English levels.

The council's leisure centre partner, Better, has also launched a new initiative which offers those who have fled Ukraine a free Better Health Centre membership, a lesson or course membership, for a fixed three-month period.

To find out more, email supported.membership@ gll.org or email supported. lessonandcourse@gll.org. For more information on how the council is supporting Ukrainians, visit www.hillingdon. pov.uk/ukraine.

### Promoting positive parenting

In May, more than 120 professionals who work with young people and families, alongside parents and carers, attended the launch of 'Five to Thrive' at the Civic Centre in Uxbridge to find out how to support children's brain development.

The event was run by the council's children's centres and showcased the 'Five to Thrive' parenting approach which was developed by Kate Cairns (author and foster parent) who was also a keynote speaker.

Kate spoke about the importance of loving relationships for healthy brain development. She outlined five simple activities which parents do every day that can help the brains of children to grow well. These have been

described using five key words: respond (responding and assessing needs); cuddle (connecting and engaging); relax (self-regulating stress); play (being playful/ activating the right-hand side of the brain) and talk (creating a narrative/ activating the left-hand side of the brain). These are the 'Five to Thrive' of healthy brain development.

The council's children's centres have a three-year partnership licence with 'Five to Thrive' and staff are being trained using this new model. The council is also rolling out training to other professionals, as well as expectant and new parents.

Cllr Susan O'Brien. **Cabinet Member for Children**, Families and Education, said: "It's important that we understand how our earliest experiences can affect our long-term mental and physical health.

Dispelling common myths during Foster Care Fortnight

Hillingdon got behind this year's Foster Care Fortnight, from Monday 9 to Sunday 22 May, with a series of virtual and inperson events promoting the life-changing benefits of fostering on children, young people and foster carers alike.

The two-week national campaign provided the perfect opportunity for the council's fostering team to speak to residents across the borough and address some common myths and misconceptions that can stop potential foster carers from giving it a go. Here are some of the

common questions and the team's answers:

#### Don't you need a spare room to foster? Not necessarily. You

can foster a baby if you

#### don't have a spare room. Provided there's enough space for a cot and the baby's things, they can sleep in your bedroom.

#### l'm in my 60s. Am l too old to foster?

There's no upper age limit to fostering, what counts is a person's ability to physically care for children and keep them safe.

Is there a minimum age to become a foster carer? Yes, we ask that adults should be a minimum age of 25.

#### How does the council check someone is suitable to be a foster carer?

Before we allow someone to foster, we check that they don't have a criminal record. We also run a medical check to

There's nothing to stop you fostering if you work full time, provided you have some flexibility to take on things like the school run or attending meetings during the day. If that's going to be an issue, you could also consider being a respite foster carer, providing care overnight or at weekends.

I've never had children of my own, can I still foster? You don't need to be a parent to be a great foster carer. All we ask is that you have experience of looking after children



HILLINGDON people July/August 2022



Bird from Hillingdon children's centres and Sally McGregor, Oral Health Promoter

"We're committed to doing everything we can to support parents and carers so that our children have the best start in life." To find out more about 'Five to Thrive'

and how it can aid your child's development, visit *fivetothrive.org.uk* and for more information on the borough's children's centres, visit www.hillingdon.gov.uk/ childrenscentres.

assess their physical and emotional health and we get personal and employer references.

#### Can I still foster if I also have a full-time job?

for at least six months; whether that's looking after family members' children regularly or through your work - teaching, coaching or mentoring children.

After coming along to one of our Foster Care Fortnight events, 19 people expressed an interest in becoming foster carers and are taking their next steps in the process.

If you think you might like to do the same, you can find out more about fostering at www. hillingdon.gov.uk/fostering.



# **Supporting residents** living with dementia

This year's Dementia Action Week (Monday 16 to Sunday 22 May) encouraged people who are concerned that they or someone they know may be experiencing early signs of dementia or memory loss to seek further help.

• o mark the week, the council and its partners held a series of awareness-raising events so that local people could find out more about dementia and how to live well with the condition.

Information stalls were held at Harefield Library, Hayes town centre and The Pavilions shopping centre in Uxbridge where professionals from the Alzheimer's Society and Admiral nurses were on hand to support carers of residents living with dementia who have complex needs and signpost them to the support available.

Dementia Friends held virtual reality sessions at Ickenham Library so that local people could experience the symptoms which affect a person living with dementia. This included distorting the participants' senses such as their touch, sight and vision to aid a deeper understanding of the condition.

Discover Tovertafel sessions were put on throughout the week at Uxbridge Library. Created in the Netherlands, the Tovertafel 'magic table' uses interactive games to connect people in the mid-to-late

If you'd like to support people living with dementia to live well for longer, why not become a Dementia Friend? The next information session takes place on Tuesday 20 September, from midday to 1.30pm, online via Microsoft Teams and to book your slot email *sdurner@hillingdon.gov.uk*.

stages of dementia with each other, their family members and friends, while stimulating movement.

Residents with dementia and learning disabilities are invited to enjoy this resource and sessions are held at Botwell Green, Harefield, Northwood Hills. Oak Farm. Ruislip Manor and Uxbridge libraries. Find out more at www.hillingdon.gov.uk/magic-tables.

#### Living life to the full

A diagnosis of dementia doesn't necessarily mean you have to stop doing the things you enjoy.

The council used the week to celebrate the positive contributions made by residents living with dementia. Sarah Durner, Senior **Officer Sport and Physical** Activity, said: "We want residents to





understand that it is possible to live well with dementia by taking control of their health and wellness and focusing their energy on the aspects of life they find most meaningful."

One of our early onset dementia group members, Élizabeth, is a very keen gardener and has recently started volunteering at Manor Farm House in Ruislip.

Elizabeth's husband David said: "Elizabeth has always loved volunteering, but she thought that she wouldn't be able to contribute anymore. However, you made her feel a real sense of worth. which is absolutely priceless.

"You may think that you've done a very small thing, but I wanted you to know how much these things mean to people like us, who are struggling to cope with dementia."

**Soula Duke** used to be a party entertainer (pictured above left) and she marvelled the Uxbridge dementia group on Tuesday 17 May with an amazing magic show and party games. She said: "I enjoy having the opportunity to do what I love. Thank you to the council for welcoming me and giving me the chance to do what I enjoy."

#### Leader of the Council and Older People's Champion, Cllr Ian Edwards, said: "Life

doesn't end with the diagnosis of dementia and while there is no cure, with the right support and treatment options it is possible for people living with the condition to enjoy a good quality of life.

"We're committed to ensuring that residents and carers living with the condition get the information and support they need."

For more information about regular dementia-friendly events and support services, visit www.hillingdon.gov.uk/dementia

# Have your say on the **ULEZ** expansion plans

The council is encouraging residents, and those who work and travel through the borough, to respond to the Mayor of London's consultation on the expansion of the Ultra Low Emission Zone (ULEZ) to all of Greater London including Hillingdon. This consultation is open until Friday 29 July.

#### o read the proposals and have your say, visit *haveyoursay*. tfl.gov.uk/cleanair. You can also email *cleanairyourview@tfl.* gov.uk or post your feedback to FREEPOST TFL HAVE YOUR SAY.

The council is submitting its own response to the consultation opposing the extension of the zone.

The proposal would impact those least able to replace older, non-compliant cars adding to their financial worry at a time when wages are not keeping up with price. For those who cannot afford a new car their mobility will be taken away as Hillingdon does not have the public transport services of central London.

The council is also very concerned at the damage this proposal would cause to local businesses and services. Not only would it deter shoppers from neighbouring areas, local employers, including the council, rely on a wide catchment of valued workforces which live in neighbouring counties. These workers could face a daily charge

just for entering the borough which would greatly harm local recruitment and retention of staff: our public services would likely suffer as a result. The council recognises the harm poor air quality can have on residents, but also recognises that the impacts are not boroughwide. For example, the rural area of Harefield cannot be compared with the problems associated with the TfL-

#### Leader of the Council, Cllr Ian Edwards, said: "We are vehemently opposed to this hare-brained plan.

Imposing the ULEZ charge in Hillingdon will financially hurt many of our residents and it is likely to do damage to our businesses and services. "London cannot be treated with a one-size-fits-all approach when the make-up of inner boroughs is incredibly different to those of outer

boroughs like ours. "The irony is that when there are spikes in air quality in Hillingdon, most of them are linked either to Heathrow or the major arterial roads, the controls of which are under others, including the Mayor, and over which the council has no say. We believe the extension of the zone is a lazy distraction from better targeted interventions and it is more about raising money than it is about anything else.

voices are heard"

#### HILLINGDON consultation

Ultra low emission

At all times



controlled roads serving Heathrow Airport. Applying one solution to the whole of London as if it suffers equally distracts from targeted and meaningful action that would have a more purposeful impact. The Mayor of London should be considering more targeted action in areas that do suffer from poor air quality as opposed to penalising those in areas not impacted by poor air quality.

"I urge people to have their say before the end of July to ensure their

# **Hillingdon Community Awards** Borough's unsung heroes recognised at awards ceremony

In June, 25 of the borough's unsung heroes were presented with awards for the incredible – often unseen – work they do in the local community. Hillingdon People attended the 2022 Hillingdon Community Awards ceremony to find out more about the extraordinary work of these Hillingdon heroes.

f there's one thing the 2022 Hillingdon Community Awards revealed, it's that we could all be living just a few doors away from a reallife superhero. Nominations poured in from across the borough from residents keen to champion those they knew who were going the extra mile to make a difference to the lives of others.

Of the 150 nominations received by the council, 25 were shortlisted as winners across the various awards categories. Those winners were invited to a special awards ceremony on Tuesday 21 June in the Council Chamber of the Civic Centre in Uxbridge where they were presented with their awards by the Mayor of Hillingdon, Cllr Becky Haggar and Leader of the Council, Cllr Ian Edwards.

They heard the incredible stories of residents who worked tirelessly for a better borough, volunteering their time, effort, energy and care without ever the expectation of reward.

Samantha Queen, from West **Ruislip,** was the Bronze winner for the Extraordinary Achievement award for her work delivering food packages to

those shielding during the COVID-19 pandemic. She also raised £1,000through the Co-op where she works, to fund a defibrillator for Ickenham Village Hall and even teamed up with Ickenham Bikewise to donate food to Hillingdon Foodbank.

Samantha said: "I am very honoured to receive this award and extremely proud to have the Ickenham Co-op enable me to help others.

"The kindness that has been expressed to me by the welcoming people and customers of Ickenham Co-op is immense, I was simply repaying back into the community, which keeps people at its centre with the love and kindness Ickenham is known for.

"Sometimes life is hard, therefore I feel it necessary for others to know they're not alone."

Angela Cox, from Hayes, received Gold in the Helping Communities award category.

Angela was nominated for organising a range of events, from afternoon teas for older people, career days and after school clubs for young people and

**Cllr Edwards** said: "It's been an absolute pleasure and a genuinely humbling experience to meet our Community Award winners.

"It's heartening to know there are so many great people doing incredible acts of kindness out there, but it's not surprising, as we've long known and taken pride in the fact our borough is very special because of the people who live here.

"The calibre of all who were nominated was exceptional, not just our fantastic winners, so I share my congratulations and thanks to everyone involved."



mustering 200 volunteers to transform the gardens at four local care homes. Angela said: "I am so honoured and grateful to have even been nominated, let alone being presented with this Gold award. "It's a great feeling to know

that my efforts have helped others in the local community."

David Gentry, from Uxbridge, received Bronze in the Keeping the Borough Healthy award category.

In 2020, David received the British Citizen Award at Westminster Palace for his charity work and work with children in the borough's schools educating them on the dangers and effects of street/knife crime and bullying. He was also recognised for his fundraising efforts for the NHS where he walked a total of 150 miles raising £2,200 and the free online classes he ran during the lockdowns for his martial arts and football students to keep them active and occupied.



David said: "From a young age I have always had a passion for sport. Over the years I have gained a lot of knowledge of many varying sports and now I enjoy helping others achieve their goals and raising money for various charities. I am honoured to receive this prestigious award for keeping the borough healthy."

Winner of the evening's top honour, the Special Recognition award was Eastcote's Brian 'Bob' Beeston, aged 91, who was presented with The Civic Medal for committing 80 years to helping his local scout group. The Civic Medal is the highest award the council can bestow after Freedom of the Borough.

Congratulations to all our winners and to everyone nominated.

#### Special Recognition award

Brian 'Bob' Beeston: The Civic Medal (the second highest award after the Freedom of the Borough) was awarded to Bob for his lifetime commitment to helping and supporting young people.

#### Extraordinary Achievement award Gold

Susan Setterfield: For protecting school staff from COVID-19 by making scrubs, hats and more than 450 masks and donating the money raised to nine charities.

#### Silver

Dee Lennon: For overcoming personal difficulties during lockdown to return to work and inspire her students at school.

#### Bronze

Samantha Queen: Featured opposite.

#### Nimesh Pattani: For getting involved

in and supporting community initiatives, such as tree planting, local events and litter picking, despite his learning difficulties. Volunteering has helped Nimesh grow in confidence, make new friends, find employment, and make a significant contribution to Hillingdon.

#### Helping Vulnerable People award Gold

The Silver Fox Memory Group: For supporting residents with dementia and other conditions such



#### HILLINGDON community awards





as brain tumours and cancer. They raised £27,000 to support dementiafriendly initiatives and during the pandemic ensured residents with dementia were supported.

#### **Bronze**

#### Alexander and Daniel Bisland:

For volunteering throughout the pandemic every Saturday (and Friday nights during the first lockdown) at a local foodbank. They also organised activities, such as litter picks and a car wash to buy Christmas presents for a local care home.

#### Helping Communities award Gold

Angela Cox: Featured opposite.

**Ruislip and Eastcote Arts and Crafters:** For bringing happiness to the community by creating street art via their post box toppers. The colourful creations coincided with



calendar events, such as Easter and Remembrance Day, and brought communities together, created a trail for children to follow and classes were introduced to teach crochet.

#### Silver

**Bhim Tamang:** For supporting Gurkha Nepalese residents in Hillingdon and west London – helping them with claiming benefits, getting pensions, learning English and accessing health care.

Nicola Setterfield: For more than 30 years Nicola has been involved in and currently runs a local Brownie unit. During the lockdowns, she made and delivered activity bags to all the girls and continued to run the virtual meetings for which the girls used the resources from the activity bags. She also raised more than £5.000for local and national charities and made 120 scrub bags for the NHS.



#### **Bronze**

Gretta Batts: For creating a safe haven for women to get support and make new friends through coffee, walks and cinema trips. The 'Hillingdon friendship ladies' has been a lifeline for many during the pandemic, who have now gained the confidence to meet up for different types of events and many lasting friendships have, and are still being, established.

**Julie Spittle:** For more than 15 years, Julie has been devoted to enriching the lives of children at the lack and lill parent and toddler group and as Brown Owl of the

2nd Ickenham Brownie pack. Julie dedicates her time to the care and development of children, and is loved by parents and children in Ickenham.

Jane Turnbull: Jane organises events that help bring a strong sense of community to the area but also raise funds that are reinvested into local projects. Jane is also a very active green spaces volunteer and is often seen working hard to maintain these spaces for the local community.



#### Long Service to the Borough award Silver

Simon Dyke: For 25 years' service with the 12th Ruislip Scout Group helping young people develop life skills. Simon dedicated his time during the lockdowns to producing fun, educational and practical online sessions for the Scouts

#### **Bronze**

**Jane Taylor:** For her years of service to the residents of Harmondsworth and beyond. As well as campaigning to save people's homes under threat from the proposed third runway at Heathrow, Jane tackles numerous problems, from housing difficulties to road safety, for local residents.

#### Keeping the Borough Clean and Green award Gold

Hillingdon Litter Pickers: Since 2020, the group has grown to encompass more than 800 active members, who organise litter picking events spanning Hillingdon



parks, canals and roads that help to improve the local environment

#### Bronze

South Ruislip Litter Pickers: They have consistently litter picked for the past five years, come rain or shine, on average collecting 58kg. The group provides fun, fitness and friendship while helping to keep South Ruislip litter free.

#### Tidy Harefield Volunteers: This

group has been picking up litter on the first Saturday of the month for more than 10 years. Whatever the weather they work hard to keep the village looking tidy.

#### Marie and Bob Earley: Marie

and her partner Bob spend their own time litter picking throughout the borough. Both retired pensioners, the pair think a lot of their community as they've both lived here for 50+ years.

#### Lesley Crowcroft: Lesley

spearheaded the Friends of Eastcote House Gardens volunteer group, which has worked with the council to deliver the Eastcote House Gardens and Long Meadow restoration project. Lesley has gathered a group of dedicated residents to support the council in maintaining Eastcote's green spaces.

#### **Keeping the Borough** Healthy award Silver

**David Odonkara:** For promoting mental and physical health during the pandemic by providing free exercise sessions at Colham Green Park

#### Bronze

#### David Gentry: Featured on page 12.

Shirley Gore: For tirelessly and enthusiastically running the Rusty Bike Café in Fassnidge Park, Uxbridge as an unpaid volunteer and supporting the Recycle-A-Bike charity that provides work opportunities and training for people with mental health issues.

> For more details on the awards, visit www.hillingdon.gov.uk/ community-awards

# Works commence at Cranford Park

The restoration project gathers pace as works started last month to restore the site into a thriving visitor attraction for future generations. On Thursday 23 June, a ground-breaking ceremony was held to celebrate the milestone.



n March, construction firm Quinn London was awarded the contract for the project and they started setting up on site on Monday 9 May. Fencing has been erected around

the construction area and cabins installed for the duration of the works. Temporary lighting has been

fitted in the cellars and stables, and surveys and photography reports were commissioned to document the condition of the site before works began.

Work has now begun on clearing the brick and stone rubble from the cellars, reinforcing its vaulted roof to guard against damage from the construction above and clearing the topsoil so that the café foundations can be laid on the walls of the former house.

AOC Archaeology, which has been leading archaeological excavations at Cranford Park during the past three years, are overseeing the works to the cellars to advise contractors and record any new walls or structures uncovered. Work on the stables will start in

August/September, once the bat

roosting season is over. There will be special arrangements to protect the bat population through the installation of hot boxes for them to roost in and special access tiles will be put in the roof. Ecological consultancy Middlemarch Environmental will be on hand to guide contractors. During the next few months other restoration highlights include repairing the garden walls and 'haha' (a sunken trench which acted as a boundary to the park without interrupting the view); landscaping and extending the car park; reinstating the driveway to the front of the former house and creating a playground in the Pleasure Grounds. Álthough the park will remain closed to vehicles throughout the construction period, it is still open to pedestrians and cyclists and all pedestrian entrances and most of the paths will remain open. The Church of St Dunstan's remains open for worship. Supported by the National Lottery Heritage Fund, the overall budget for the scheme is approximately £4 million and the works are

due to finish in spring 2023.

#### HILLINGDON green spaces



#### Engaging local people

As part of the Cranford Park restoration project, an outreach events programme is taking place on site and across the borough.

At the beginning of May, the project team welcomed primary school students from Cranford Park Academy to attend a workshop which explored the different habitats in the park. A combination of good weather and some very obliging rabbits meant that the students had a brilliant time, and the school will return soon for more lessons.

Sunday 29 May saw the Cranford Park restoration project on tour as part of the Hayes Canal Festival. Almost 400 people stopped by the stall to say hello and take part in some archaeological themed activities. There was a collection of finds for people to handle and dig boxes with hidden treasures to uncover.

If you missed out on the fun, don't worry, these activities and a few more besides will be part of the Festival of Archaeology event at Cranford Park on Saturday 16 July. Find out more at www.hillingdon. gov.uk/archaeology-festival.

Cllr Jonathan Bianco, Deputy Leader and Cabinet Member for Property, Highways and **Transport,** said: "I'm delighted that work has started to restore Cranford Park to its former glory and the council's investment will protect and renew this important heritage asset for future generations.

"Our outreach work continues to bring the park's history to life and is helping to inspire and attract new audiences."

For more information on the project, visit www.hillingdon.gov.uk/ cranfordpark

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# Thousands celebrate Queen's Platinum Jubilee

Communities across Hillingdon came together last month to celebrate the Queen's Platinum Jubilee and enjoyed a long weekend of street parties, community picnics, retro-style entertainment and other festivities. Hillingdon *People* takes a look at some of the highlights and the projects which will leave an enduring legacy of Her Majesty's remarkable reign.

lillingdon turned red, white and blue in honour of the historic occasion. The council commissioned special high street banners which adorned lampposts across the borough. Platinum Jubilee flags also flew

high in the borough's Green Flag parks and open spaces and on the Civic Centre forecourt.

A raft of entertainment was enjoyed by audiences of all ages in the run up to and during the bank holiday weekend.

The Mayor of Hillingdon, Cllr Becky Haggar, joined in the fun on Tuesday 31 May when she took part in a specially designed virtual reality trail along Uxbridge High Street where, guided by Sir Barnaby Beacon, she followed seven characters using her Smartphone who came to life from Buckingham



Palace to celebrate a different decade of Her Majesty's 70-year reign.

On Wednesday 1 June, around 25 faith leaders gathered in the Mayor's Parlour to demonstrate solidarity ahead of the bank holiday weekend and to celebrate how the occasion has brought our communities together.

The borough's library service also put on an action-packed entertainment programme which was





enjoyed by young and old. Highlights included reminiscence sessions at Hayes End and Oak Farm, fish and chip guiz nights at South Ruislip and Charville, as well as tea parties and arts and crafts sessions for children.

Uxbridge Library also put on a special exhibition so that visitors could travel through the decades of Her Majesty's reign and explore the major events in the Queen's life, both globally and in Hillingdon.

The Battle of Britain Bunker in Uxbridge celebrated with themed crafts in the bunker's 'Mess Hall' which was enjoyed by families of all ages.

On Thursday 2 June, a Town Crier came to Uxbridge to read a special proclamation to mark the Queen's Platinum Jubilee and signify the lighting of the beacon later that evening.

Residents and visitors came together on the Civic Centre forecourt to witness this historic occasion and to listen to a bagpiper and trumpeter

who played specially composed music for the occasion followed by the Jubilate Choir which sang a song for the Commonwealth, A Life Lived with Grace, as the beacon was lit. On Saturday 4 June, a special treasure trail hosted by the Friends of Eastcote House Gardens was enjoyed by residents of all ages. A picnic was also held to celebrate Eastcote House Heritage Day. The Mayor's Platinum Jubilee Picnic in Úxbridge's Fassnidge Park on Sunday 5 June was enjoyed by hundreds of residents who didn't let the rain dampen spirits. The Candy Girls entertained the crowds with classic songs from the likes of Glen Miller, The Andrews Sisters and Vera Lynn, as well as contemporary artists such as Beyoncé and Britney Spears. Sunday 5 June also saw Platinum Jubilee fun come to Manor Farm's Duck Pond Market where visitors browsed stalls selling a tempting array of local

#### Cllr Susan O'Brien, Cabinet Member for Children, Families and Education, said: "As the longest reigning monarch in British history, I'm proud of the way communities have come together to celebrate Her

Majesty's 70 years of service. "We have all been through so much during the last few years and have had to miss out on so many festivities and shared moments, so the Platinum Jubilee has been a fantastic way for us to spend this special time with our friends and loved ones"





















produce, crafts, gifts, homewares and clothing. A miniature street party was also held that afternoon where entertainment included arts and crafts, and games such as archery.

#### Street party success

Residents across Hillingdon embraced the Jubilee spirit by hosting their own street party on Sunday 5 June and more than 100 applications were received. The council offered support by providing free public liability insurance and road closures. The council also offered further support with organising expenses by gifting £250 towards successful applications.

Laura Wood helped to organise the festivities at Pond Green in Ruislip. She said: "The party was a huge success with nearly all of the residents showing their face at one time or another.

#### Local charity honoured

In June, Ruislip Northwood Old Folks Association (RNOFA) was awarded The Queen's Award for Voluntary Service.

This is the highest award a local voluntary group can receive in the UK and is equivalent to an MBE. Founded in 1949, the charity receives a grant from the council to provide affordable three course cooked lunches for residents aged over 60 from its premises in Eastcote and Ruislip Manor. They also organise social outings and activities.

"With a multicultural road, we got to sample cuisines from around the world with residents bringing signature dishes from their home country for us all to sample."

#### Christine Britton, Curate at Emmanuel Church in Northwood.

said: "Thank you so much for all your help with our street party at Chester Road in Northwood.

"We had a fantastic afternoon and I am so grateful for the council's support and contribution to the party. We even managed to avoid the predicted rain!"

#### Naming the new West Drayton Leisure Centre

The centrepiece of the borough's commemoration of the Jubilee is the official naming of the new leisure centre in West Drayton after Her Majesty's historic achievement.

**Steve McBain** (pictured below) said: "It is an honour and a privilege to be the Chair of RNOFA and I am very pleased for the staff and volunteers that their commitment and dedication to support the elderly in the local area has been

recognised with this award." Find out more about RNOFA by visiting *www.rnofa.org.uk*, emailing *contact.rnofa@gmail.com* or phoning Elm Park Club (Ruislip Manor) on 01895 634962 or Tudor Club (Eastcote) on 020 8866 8603.





Construction work is well underway for the The Platinum Jubilee Leisure Centre, on the corner of Harmondsworth Road and Rowlheys Place. Leader of the Council, Cllr lan Edwards revealed the leisure centre's name on the hoarding at the site on Wednesday 22 June.

The leisure centre will give residents access to the latest sports facilities, including a 25-metre swimming pool, training pool, splash zone, gym and health suite, soft play, climbing wall, youth zone, a café and terrace and even a rooftop 3G turf football pitch. Residents were consulted on the plans in September 2019 and their feedback has been incorporated into the design wherever possible. The build is also being undertaken to the latest environmental standards to ensure minimum carbon output, in keeping with the council's ambition to be carbon neutral by 2030.

#### The Sound of Hayes Clock

A unique sound clock, commissioned for Hayes town centre, that will be installed during the summer, will also mark the Platinum Jubilee and complement the 'Gold Disc' canopy at the Coldharbour/Botwell Lane/ Station Road junction – a popular meeting spot for local residents.

The clock chime uses a bespoke stereo sound recording of local people passing through Hayes as well as train sounds. It will be located at the entrance to Station Approach, convenient for

the nearby pick up/drop off parking points for Hayes & Harlington Station passengers and is made of the same gold anodised aluminium as the canopy and includes seating.

The new clock will maintain the tradition of public clocks being close to railway stations, while also providing a unique focal point that connects Hayes town centre with the new Hayes & Harlington Crossrail Station and the Old Vinyl Factory development. The clock sounds will also be used inside the new Hayes Station/Blyth Road underpass refurbishment.

#### The Queen's Green **Canopy project**

As part of the initiative, Hillingdon

The Queen's Green Canopy project is a tree-planting initiative, which started in summer 2021 and aims to increase and protect native tree cover throughout the UK. People, from local Scout and Guide groups, to community organisations, schools and individuals, were invited to 'Plant a tree for the Jubilee', to create a legacy to benefit future generations, while celebrating the landmark occasion. As well as inviting the planting of new trees, the project dedicated a network of 70 ancient woodlands across the UK and identified 70 ancient trees to mark Her Majesty's 70 years of service. will be planting an English oak tree. It is being cared for at the RAGC until it is further established and will be planted later in the year.





# **Creating wildlife havens and** improving our flood defences

The council took another step in its ambition to be one of London's greenest boroughs by not mowing selected grass verges and green spaces during May. We examine the recent initiatives which are helping to boost biodiversity and wildlife habitats, as well as bolstering the borough's flood defences.

ourteen new wildflower verges have been created in the borough as the council once again joined the eco-friendly 'No Mow May' initiative.

This brings the total number of colourful nature-friendly verges in Hillingdon to 52, with a further 32 wildflower meadows created in parks and open spaces across the borough.

'No Mow May' is organised by wildlife conservation charity Plantlife and championed by hundreds of organisations and gardeners throughout the UK.

The scheme encourages local authorities – and residents – to not mow grass areas during the month, which in turn promotes flowering plants essential for pollinators and vital foraging habitats for other animals and invertebrates.

Closely-mown, short grass looks neat, but has a low ecological value as it benefits fewer species. Letting grass grow longer boosts the number and variety of plants and animals, enriching our local ecology.

The expansion of the scheme follows successful pilot projects last year and has received positive feedback from residents and visitors to the borough.



The roadside verges are planted with popular wildflowers such as poppies and cornflowers, and in those areas of parks and green spaces left unmowed, native species including cuckoo flowers and even bee orchids, have been recorded.

The 14 new wildflower verges can be found at Mezen Close, Northwood; Rickmansworth Road, Northwood; Chestnut Avenue, Northwood; Howletts Lane, Ruislip; Torcross Road, South Ruislip; Cowley Road/ Ferndale Close, Uxbridge; Lansbury Drive, Hayes; Charville Library triangle,

Hayes; Park Lane, Hayes; Hemmen Lane, Hayes; Hesa Road, Hayes; Coldharbour Lane, Hayes; Ávondale Drive, Hayes and Lake Gardens, Hayes.

In January 2020, the council declared a climate emergency. Improving foraging opportunities for pollinators and other wildlife are among the measures being taken to enhance and improve local biodiversity levels to make the borough somewhere residents and wildlife can thrive.

Find out more about the No Mow May Project at www.plantlife. org.uk/everyflowercounts.







Newt waterways now open The Mayor of Hillingdon, Cllr Becky Haggar officially opened the borough's newt waterways and flood defence scheme at Hillingdon House Farm on the eve of the Queen's Platinum Jubilee bank holiday weekend.

Situated behind Hillingdon Sports and Leisure Complex, the wetlands and nature trail – complete with ditches, ponds and scrapes – is the latest in the borough's new environmental projects to boost biodiversity and protect rare and endangered species, including the great crested newt. This one was created with the support of members of the Uxbridge Green Gym, who volunteer there every Wednesday.

As well as offering nature walks, pond-dipping and volunteering opportunities, the newt waterways are also home to some impressive wooden sculptures, created by local artist Brian Savill, from storm damaged oak trees in Joel Street, Northwood.

The five-hectare site is in the floodplain of the River Pinn which has been experiencing rising water levels in recent years, due to nearby development and a reduction in green space. By creating space for the excess water to 'slow the flow' into the river, the new wetlands will play an important role in preventing flooding and tackling the cumulative effects of climate change on the borough.

To learn more about Hillingdon's wetlands, visit www.hillingdon.gov.uk/ wetland-projects.

wildflower verges and areas of longer grass.



#### Flood-protecting rain gardens built in two Hayes estates

Two estates in Hayes have undergone environmentally friendly facelifts to make them kinder to wildlife and futureproof them against climate change. The council partnered with environmental charity Groundwork to build rain gardens at Wilkins Close and Gurney House, with work on the schemes completed in June. The rain gardens are landscaped areas that will collect rainwater, allowing it to pool and then soak into the ground slowly before reaching the drainage system. These planted features will help reduce the risk of local flash flooding by providing a permeable surface to collect surface water and reducing run off to the local sewer system.



#### HILLINGDON environment

#### Cllr Eddie Lavery, Cabinet Member for Residents' Services, said:

- "We are committed to helping the environment and keeping the borough green and pleasant – both of which are brilliantly achieved by our
- "We now have more than 16,000 square metres of wildflower meadows spanning our parks and open spaces.
- "As well as providing vital habitats for wildlife, we're also reinforcing the
- borough's flood defences through the creation of new wetlands at
- Hillingdon House Farm and our new rain gardens in Hayes."

They will help remove pollutants that wash off nearby roads. The greenery will also benefit

local wildlife such as birds and insects and provide a welcome boost to local biodiversity.

Lindy Kelly, Executive Director of Groundwork London, said: "We're delighted to be developing this programme of work in Hillingdon and excited to be building more climate resilient and healthier places with funding support from the GLA and Thames Water.

"The project will see climate resilient design combined with local green skills employment opportunities, and is a great opportunity for residents to help shape where they live."



# **Exclusive affordable extra-care housing for Hillingdon's over-65s**

The council has a variety of affordable extra-care housing developments which exclusively provide private accommodation for residents over the age of 65 with additional care needs. Take a look at what these purpose-built flats have to offer and hear from some of the people who love living there.

ocated in Yiewsley, Hayes and Ickenham, our extra-care housing sites offer older residents the opportunity to continue living a fully independent life, but with care staff to support with any assessed care needs and an in-built call system available on-site 24 hours a day for added security and peace of mind in case of an emergency.

Each flat is built to a high standard and offers the comfort, security and privacy of a private home. Key features include modern fitted kitchens, en-suite bathrooms, integrated appliances, and many flats even have a private balcony or garden.

The developments, which are situated close to local facilities and public transport, also offer communal living and garden areas, a restaurant, hairdressers, a treatment room, guest accommodation and a laundry room. Residents, and their families, are invited to join in with group activities and social events arranged by staff and other residents.

If you're interested in moving into one of these flats or know someone who might be, why not share the details overleaf and even take a virtual tour of the developments on our website?

#### Explore our extra-care developments



**Grassy Meadow Court** 

Grassy Meadow Court, Hayes was built to the University of Stirling's 'Gold Standard' for dementia design.

Close attention has been given to the detail, colour and layout of the building to help residents with dementia or impaired memory to navigate their way around it.

All 88 self-contained apartments have a private balcony garden, and communal facilities include two central courtyard garden areas, a restaurant, café, hairdressing salon and a dedicated prayer area.

Grassy Meadow Court is close to Hayes town and Uxbridge Road where there are a variety of banks, supermarkets, a post office and local shops. It is well served by local bus routes and is near to Hillingdon

#### Support 24 hours a day, 365 days a year

All four of our extra-care buildings have a care manager and care staff on-site 24 hours a day, 365 days a year to provide assessed care and support needs in case of an emergency.

The level of care and support you receive will be discussed and agreed as part of your care and support

planning, and will be sensitive to your culture, needs and wishes. Extra-care housing and care staff are on hand during the day to offer help with accessing local facilities, advise on housing and tenancy matters, arrange events and activities, and make sure that everything is well-managed. Hospital and Botwell Green Sports and Leisure Centre. The nearest station is Hayes & Harlington.

Ashley Wade (pictured below) moved into Grassy Meadow Court in December 2021. She had previously lived in privately rented accommodation in Harefield but had several problems with the property. She realised when talking to a friend that she wanted to feel secure and happy and that she felt neither of those things. Ashley had read about the council's extra-care homes in *Hillingdon People* and decided to enquire about a flat.

She said: "I love living at Grassy Meadow, it has been a godsend and I get to see people every day. It was only when I moved that I realised how much I missed seeing people daily and that I had been isolated. The best thing about extra-care is the security it offers and if you need support you know someone is there."





#### **Park View Court**

Park View Court, Yiewsley consists of 60 private flats, and similarly to Grassy Meadow Court close attention was paid to the design and colour of the building to enable residents with dementia or impaired memory to navigate it.

Each flat has a private balcony garden and residents have access to a shared garden with a water feature, raised flower beds, potting shed and covered seating areas with gazebos.

Communal facilities include an on-site restaurant, hairdressers, treatment room, prayer area, and an assisted bathroom with Bluetooth connectivity to enable the use of light, sound and music.

Park View Court is well served by buses to nearby towns and close to the shops and facilities in Uxbridge. Other local amenities include Hillingdon Hospital, a post office and local shops. The nearest stations are Uxbridge and West Drayton.

**Birdie Whittaker** moved into Park View Court two years ago prior to the first COVID-19 lockdown. She had previously lived in a rundown flat and her son Leroy had made some enquiries about extra-care and visited Park View.

#### Cottesmore House

Cottesmore House is located close to both West Ruislip and Ickenham and consists of 48 private flats (one and two-bed), of which 23 offer double occupancy for couples looking for somewhere to live together.

The complex has a variety of shared facilities including a café, hairdressing salon, shared lounges and relaxing communal gardens. Both West Ruislip and Ickenham

Both West Ruislip and Ickenham offer plenty of shops, cafés, banks and supermarkets. Cottesmore House is well served by local bus routes and is near to West Ruislip station.

#### HILLINGDON housing

**Leroy** said: "Where my mum had been living wasn't good for her health. I was surprised at the way Park View looked, it was very airy compared to where my mum had been living. I met the site's supervisor and she was very nice. Since moving, Park View is keeping mum well and on her toes." Birdie said: "Moving to Park View made me feel better, more relaxed and the care works well for me. I'm able to go to social activities like bingo and Christmas/summer parties and Leroy often comes too. "The carers and staff are excellent, they often look after me as if I'm their own mum and are always available to help me when needed." Leroy added: "There was one time when mum felt unwell and the care staff immediately called an ambulance. The speed they dealt with it was unbelievable.







#### **Triscott House**

Triscott House is close to Haves Town and within easy reach of local supermarkets, shops and banks. The complex consists of 47 flats and offer's communal landscaped gardens for residents to enjoy. Prospective new tenants can choose either a one-bedroom or two-bedroom flat, all with powerassisted doors. Communal facilities include an assisted bathroom for those with additional needs. hydrotherapy suite, hair salon, prayer area and cafeteria. There is also a space where activities take place. The complex is well served by local buses. The nearest



#### Cllr Jane Palmer, Cabinet Member for Health and Social Care, said: "It is amazing to hear how much of a

difference these developments make to our residents.

"They really do provide fantastic facilities and a high level of care for older residents allowing them to continue to live an independent life."

For more information, take a virtual tour of the developments and eligibility criteria, visit www.hillingdon.gov.uk/ extracarehousing





# A warm welcome to the new Mayor of Hillingdon

Cllr Becky Haggar was elected to the prestigious role of Mayor of Hillingdon at the council's Annual General Meeting on Thursday 12 May. *Hillingdon People* finds out more about the borough's latest first citizen.

n this esteemed role, which highlights a range of positive work across the borough, the Mayor will attend local events, performances and exhibitions, and welcome schools and community groups to the Mayor's Parlour and Council Chamber.

The Mayor will be accompanied by her husband and Mayor's Consort, Marios Kaikitis, and escorted by her daughters, Pollyanna and Ellie.

Cllr Haggar has been a Hillingdon resident since the age of two and was councillor for the Eastcote and East Ruislip ward for eight years since she was first elected in 2014. In May 2022, Cllr Haggar was elected to represent the new Eastcote ward.

She said: "I am excited about serving the community as Mayor of Hillingdon. I have always enjoyed getting involved in local initiatives and events and have a passion for charity work and helping others. I look forward to a busy and exciting year ahead, full of vibrant events, and thoroughly enjoyed the recent Queen's Platinum Jubilee celebrations.

"My aim is to create new friendships and partnerships with residents, and highlight the fascinating history of this great borough, and how we all play a part in both its past and future." Cllr Haggar has used the life experiences learnt from her late husband's illness and passing, to work with council officers as Carers' Champion for the borough, improving services and advocating carers' voices. She has received several awards for her services in the community, including British Airways and Our Local Hero awards. Away from politics, Cllr Haggar enjoys the outdoors, gardening, and walking her dog. She is a keen history buff and admirer of beautiful architecture and historical places of interest. This year's Mayor's Charity Appeal will support The Daniella Logun Foundation and the Magically Marvellous Picture House.

The Daniella Logun Foundation supports children and young people diagnosed with brain tumours and their families living in Hillingdon





and its surrounding areas. The Mayor has chosen this charity following her work and support of Daniella's family through their journey and since the passing of their amazing daughter in 2016.

The Magically Marvellous Picture House charity helps disabled residents gain skills in photography, allowing the community the chance to see life through their eyes via photographs. The charity is also creating a shop and training centre to enable the skills being learnt to be used in the workplace and reduce unemployment. The Mayor was inspired by this young and growing charity when it came to her attention while working with various other disability charities.

The Deputy Mayor is Cllr Shehrvar Ahmad-Wallana and his Escort is Tooba Wallana

If you would like the Mayor to 🜔 attend your activity or event, call 01895 250763 or email mayor@ hillingdon.gov.uk. To find out more about the Mayor's Charity Appeal and donate, visit www.hillingdon.gov.uk/mayorcharity

# Supporting apprenticeship opportunities in Hillingdon

The council's apprenticeship scheme launched five years ago, and since then more than 115 new apprentices and 203 existing employees have been trained in new skills. Find out about the opportunities which this initiative offers and how you could take part to start or further your career.

unded through the Apprenticeship Levy the initiative was introduced by the government in April 2017 to fund the direct study and training of apprentices.

The council has an annual target of 63 apprenticeships and supports 35 maintained schools which have a combined target of 66 per year.

Hillingdon's programme provides apprentices with direct routes into paid employment as they gain the real-world experience and training they need to forge ahead with a career in their chosen field.

The scheme also supports existing employees with their career aspirations and development by offering opportunities to completely retrain in a new sector or help those looking to enhance their skills and gain relevant qualifications to support their role or potential promotion.

Apprentices at the council work in a variety of service areas, from horticulture, town planning, libraries and carpentry, to legal, accounts, project planning and social work, with the programmes ranging from Level 2 entry to Level 7 masters.

Harrow College and Uxbridge College, Dynamic Training in Uxbridge and Apprentice College are on hand to help the council deliver the programme and provide apprentices with accredited qualifications.

Between April 2021 and June 2022, 19 new apprentices and 30 existing employees have undertaken courses within the council. In addition,

HILLINGDON **people** July/August 2022

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Ross Chaplin is a Trainee Building Control Surveyor. He said: "I started off as an apprentice in the building control team and two years later I then moved up to become a trainee surveyor where I was able to achieve a Level 4 diploma in Building Control Surveying."

Progressing well with his studies, Ross soon hopes to become a Level 1 Building Control Surveyor.

To any resident considering pursuing an

apprenticeship, Ross has these words of advice: "Being an apprentice in Hillingdon was a great experience as I was able to work and contribute towards helping the residents of the borough that I have lived in my whole life.

"One thing I took from my apprenticeship programme is that it really helped me to improve my existing skillset and develop new skills that I will be able to use throughout the rest of my working and personal life."



Caleb Bannister is a Technical Support Administrator for Hillingdon's Virtual School and started off at the council as a Level 3 Business Administrator before securing his current permanent role.

He said: "Being an apprentice at Hillingdon has opened so many doors for me in terms of opportunity and experience. I have been able to pick up loads of new skills, confidence and knowledge which will benefit my future endeavours.

"I've had opportunities to work in various teams, new areas and to find out more about what takes place in the council."

substantive new skills. The content

of the training must be materially

different from any prior training,

In the future the council is looking

to work with Hillingdon businesses

to fund apprenticeship training

schemes. For more information,

hillingdon.gov.uk.

email *learninganddevelopment@* 

Find out more and apply by visiting 🗋

www.hillingdon.gov.uk/jobs and www.hillingdon.gov.uk/

apprenticeships

or a previous apprenticeship.

40 school apprentice programmes commenced during this period.

There are apprenticeship positions currently being advertised across the council. Individuals can undertake an apprenticeship, provided the learning will allow them to acquire

Cllr Douglas Mills, Cabinet Member for Corporate Services, said: "Apprenticeships provide an invaluable route for people to develop the skills they need to move into work or progress their careers. "We're proud of our track record of providing apprenticeships for local

people, as well as giving our workforce the skills they need to develop professionally."



## Update from the Neighbourhoods Superintendent

Policing the Platinum Jubilee

It's been a busy few months for the Metropolitan Police Service (MPS), both London-wide and locally, as we worked hard to ensure communities were able to enjoy the Queen's Platinum Jubilee celebrations safely and securely whilst maintaining our ability to respond to crimes and incidents. The four days of events and celebrations across London and Hillingdon presented a unique policing challenge which I am proud to say West Area and Hillingdon officers met with flying colours! It also provided an excellent opportunity to engage with local people, and West Area police officers visited more than 160 events across the four days.







Aged 40-74? Find out about our FREE NHS

Ensuring residents could feel safe whilst celebrating a once in a lifetime moment in history made us feel proud of the work we do and reminds us of the importance of serving the community in a visible, approachable and professional manner.

#### **Recruiting local people**

To police Hillingdon effectively, and to be trusted by the community, we need to reflect as closely as possible the community in which we serve. This means attracting more police recruits from under-represented communities in Hillingdon. We acknowledge that people from under-represented backgrounds bring with them different life experiences to add to the wealth of experience our people already have.

To help recruit candidates from diverse backgrounds locally, we've set up an outreach team to build confidence in those communities where historically trust has been low; inform people about the roles available within policing; inspire people to be the change they want to see; and support them in actively applying to join the MPS.

Across the borough we have been running recruitment events where the outreach team make people aware of the fantastic opportunities available at the MPS for anyone aged between 18 and 57. These will continue during the coming months, so please look out for outreach events in your local area. Even if you are not thinking about joining the police these offer good opportunities to speak with us about issues which are specific to your local area. Find out more by visiting

www.met.police.uk.

**Superintendent Anthony Bennett Neighbourhoods Superintendent** West Area BCU



# **Health Check**

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

A FREE NHS Health Check can help you reduce these risks and make sure that you stay health

# HILLINGDON?

### **LEISURE**

**Woodland Centre** at Ruislip Lido Monday 1 August to Friday 5 August, 11am to 3pm Arts, crafts, woodland activities and walks. For booking and more information, call Diana on 07736 974497 or Lucy on 07961 157215 Cost: Free **Ruislip Lido** 

#### Playday 2022 Wednesday 3 August, 10am to 2pm

Start your summer by celebrating children's right to play. This funpacked day will offer a variety of activities including bouncy castles, BMX bikes, the mobile library, youth bus, puppet shows, arts and crafts and lots more... Cost: Free Visit www.hillingdon.gov.uk/

playday for more information Hillingdon Athletics Stadium

#### **Family Fridays at** the bunker Fridays 5, 12, 19 and 26

August, 10am to 4pm Join in with special events aimed at families and adults in the Battle of Britain Bunker's visitor centre. Cost: included in admission fee to the bunker/visitor centre Find out more by visiting battleofbritainbunker.co.uk or emailing bunker@ hillingdon.gov.uk Battle of Britain Bunker

#### Tea dance at the **Civic Centre** Monday 8 August, 1pm to

3pm (doors open at 12.30pm Put on your dancing shoes, dance the session away and socialise at our friendly and fun tea dance. Light refreshments (cold drinks and biscuits) will be available. Open to Hillingdon residents aged over 65 plus one quest.

HILLINGDON people July/August 2022

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Cost: Free but tickets must be booked in advance at discover. hillingdon.gov.uk/events Middlesex Suite

### EXERCISE

#### New cycle ride programme

**Tuesday 26 July to Thursday 28 July, 9.30am to 12.30pm** Our new guided cycling programme for residents begins this summer. Rides are free and designed for ordist of all leads from beginner. cyclists of all levels, from beginners to those who are more advanced. The programme begins with three family rides that are part of our Summer Reading Challenge events and activities. The rides are 30 minutes long between two libraries and include a welcome from library staff and bicycle check. Find out more at www.hillingdon.gov.uk/cycling or email sportandphysicalactivity@ hillingdon.gov.uk to book a place

#### Tai Chi and Qigong classes

Tuesdays, 3pm in St John's Church Hall, Pinner Wednesdays, 10am in St Matthew's Church Hall, Northwood Fridays, 11.15am in Northwood Recreation Ground The chance to learn something new. A gentle, flowing exercise. Mind and body in tandem. Good for your balance, body posture and co-ordination. Cost: £12 pay as you go For more information and to book, text Ged on 07909 503584 or visit www.laughingmonktaichi.com

#### Yoga with Dinta

Saturdays, 10.50am to midday Dinta is fully qualified in Dru Yoga, which combines yoga postures with breath awareness



Hillingdon has an exciting array of activities to keep you and the family entertained during July and August.



Bowls

Tuesday evenings May to September, 6pm

Join a friendly and enjoyable

sport. Fassnidge Bowls Club

based in Uxbridge's Fassnidge

Park is welcoming new members

of all ages. All you need to have a go is a pair of flat soled shoes.

For more information, call

Keith on 07887 542810 or

Trevor on 07850 683466

Fassnidge Bowls Club

which increases our sense of physical health, emotional wellbeing, mental clarity and spiritual connection. This form of voga can help with a variety of fitness goals including core strengthening, weight loss and boosting immunity. Cost: £10 per class For more information, email vogawithdinta@aol.co.uk or call 07870 981885 **St Lawrence Church** 

### THEATRE



#### The Stage Is Yours 2022

Work with an experienced director, choreographer and musical director to rehearse songs, drama scenes and dance routines from hit West End and Broadway musicals, for a performance on the Compass Theatre stage.

#### Five-day workshops for ages 7 to 14

Monday 25 to Friday 29 July, 10am to 4pm Cost: £120 Monday 22 to Friday 26 August, 10am to 4pm Cost: £120

Two-day workshops for ages 4 to 6 Thursday 28 to Friday 29 July, 10am to 4pm Cost: £50 Thursday 25 to Friday 26 August, 10am to 4pm

Cost: £50

#### The Stage Is Yours shows Friday 29 July and Friday 26 August, 1.30pm and 3pm Cost: £6 Book places/tickets via www.hillingdontheatres.uk or by calling 01895 250615 **Compass Theatre**

#### **The Addams Family** Friday 12 to Saturday

13 August, 7pm SPA Productions is extremely pleased to be presenting this year's 31st Summer Showcase The Addams Family. Their show celebrates the creepy and kooky antics of this wickedly funny family, who don't quite fit the mould but through love and support of each other navigate the confusing, shocking and sometimes horrifying modern world that they try to fit into. Cost: £19.50 Concessions: £17 To book, visit becktheatre. org.uk or call the box office on 0343 310 0044 **Beck Theatre** 

The Detective Project Thursday 18 August, 10am (for ages seven to nine), midday (for ages 10 to 12) and 2pm (for ages 13+) Award-winning forensic sciencebased event exploring how crime is investigated. Come and investigate a crime from beginning to end using real techniques and equipment. Use fingerprinting, DNA, shoe marks and codecracking to identify the culprit. Children must be accompanied by an adult throughout. Cost: £3 per child and booking is essential

To book, visit www.hillingdontheatres.uk or call 01895 250615 The Stables, Manor Farm



### **VENUES**

**Battle of Britain** Bunker Wren Avenue, Uxbridge, UB10 0GG

Beck Theatre Grange Road, Hayes, UB3 2UE

**Botwell Green Library** 

East Avenue, Hayes, UB3 2HW

Ickenham, Uxbridge, UB10 8RP

**Compass Theatre** 

Manor Farm Bury Street, Ruislip, HA4 7EP

**Hillingdon Athletics** 

Rockingham Parade, Uxbridge, UB8 2UW

Middlesex Suite Civic Centre, High Street, Uxbridge, UB8 1UW

Stadium

f you wish to publicise an event, please email details to hillingdonpeople@hillingdon.gov.uk or send to ngdon People, 35/05 Civic Centre, High Street, Uxbridge, UB8 1UW. Events are selected at the editor's discretion

Saturday 27 August, 7pm Until Sunday 18 Sep The challenge encourages children to visit Souls Reunited are musicians their local library and pick up rewards for reading. This year's theme, Gadgeteers, is run in conjunction with the Science Museum and and singers who have come together to perform on stage, remembering Naresh Puni, who aims to inspire young readers to think about everyday science and how it impacts their lives. left a huge void after his untimely demise, at the prime of his love Free events will take place across borough libraries with Lego and science-themed activities. of music. Led by Bali Brahmbhatt along with Bollywood stars Saira Find out more at www.hillingdon.gov.uk/ Khan and Vinod Shinde, this summer-reading **Hillingdon Libraries** concert is going down memory lane. Enjoy the nostalgia! All funds raised are for educating **Reading Friends** children in remote parts of India.

To book, visit becktheatre. office on 0343 310 0044 **Creative Play with Lego** Friday 29 July, 4pm to 4.45pm Fun and relaxed family Lego play session. Open to five to

Kem Chhe with Bali

Cost: £25 to £35

**Beck Theatre** 

Cost: Free

org.uk or call the box

**LIBRARIES** 

11-year-olds and their families. Book by emailing botwellgreen-library@ hillingdon.gov.uk with your name, your library card or Hillingdon First card number, the name, date and time of the activity and a contact telephone number **Botwell Green Library** 

**Fassnidge Bowls Club Recreation Ground** Chestnut Avenue, Northwood, HA6 1HR Harlington Library Pinkwell Lane, Hayes, UB3 1PB **Ruislip Lido** Reservoir Road, Ruislip, HA4 7TY St Lawrence Church Gatting Way, Uxbridge, UB8 1ES 2 Bridle Rd, Pinner HA5 2SJ St John's Church Hall Church Lane, Pinner, HA5 3AA

### Summer Reading Challenge 2022



# **Book Bunch**

Friday 29 July, 4pm to 4.45pm A fun and interactive reading group that reads and discusses books together and plays word games. Open to seven to 11-year-olds. Cost: Free

Book by emailing harlington-library@hillingdon.gov.uk with your name, your library card or Hillingdon First card number, the name, date and time of the activity and a contact telephone number Harlington Library

#### Craft Group Tuesday 2 August, 11.30am to 12.30pm

Bring your sewing, knitting, crochet or other craft projects along to the library and get creative along with other likeminded crafters. Open to adults. Cost: Free

Book by emailing yiewsleylibrary@hillingdon.gov.uk with your name, your library card or Hillingdon *First* card number, the name, date and time of the activity and a contact telephone number Yiewsley Library

#### Summer family days Tuesdays 2, 9, 16, 23 and 30 August, at 2pm

Join the borough's archives and museums team for different history-based activities every Tuesday this August. Create artwork for display, find out about the 1960s, make maps and lots more.

# Northwood

St Matthew's Church Hall Hallowell Road, Northwood, HA6 1DW

Cost: Free, but booking is essential by emailing archives@hillingdon.gov.uk Level 6, Uxbridge Library

#### **Professor Indexia's** Secret Laboratory Thursday 18 August, from 10am to 4pm

Hillingdon Libraries celebrate all things scientific for this year's Summer Reading Challenge. Meet eccentric Professor Indexia and delve into his experimental laboratory. Use the brain scanner to join a team and earn points as vou complete different activities and experiments. For families with children aged four to 11. Cost: Free. Just drop in Find out more at libraryevents@hillingdon. gov.uk or by calling 01895 556262 The Great Barn, Manor Farm

#### **Tovertafel sessions** Various dates, locations and times

Visit the libraries' magic tables and enjoy a series of 'light' interactive games developed for people living with dementia and other disabilities. We welcome adults and children with special needs to discover the magic with their families or carers. Organisations are welcome to book in advance Cost: Free Find out more and book at www.hillingdon.gov.uk/ magic-tables

Hillingdon Libraries

#### Uxbridge Library High Street, Uxbridge, UB8 1HD

Yiewsley Library High Street, Yiewsley, UB7 7BE

Residents without internet access can visit their nearest library to access online listings.



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### **MEDIEVAL JOUSTING** 20 & 21 AUGUST

Explore Chiltern Open Air Museum this summer and discover over 30 historic buildings including a 1940s prefab, Victorian tollhouse and working historic farm.

> Special events including: Viking Raid, Garden's Day, Classic Vehicle Show, plus family crafts and activities.

Book tickets and more info at www.coam.org.uk

Chiltern Open Air Museum, Newland Park, Gorelands Lane, Chalfont St Giles, Buckinghamshire, HP8 4AB.

#### Apply > Book > Pay > Request > Report Do it online 24/7 at www.hillingdon.gov.uk

#### Environment and roads

Abandoned Vehicles > Environment and Anti-Social Behaviour > Flytipping > Graffiti > Parks and Green Spaces > Pest Control > Roads and Pavements > Special Collections > Street Lighting and Cleansing > Waste and Recycling 01895 556000

Licensing > Animal Welfare 01895 277433

Food Health and Safety 01895 250190

#### Learning

Adult Learning www.hillingdon.gov.uk/ adultlearning 01895 556455

Library Information Desk 01895 250714

School Admissions www.hillingdon.gov.uk/ schooladmissions 01895 556644

School Transport 01895 250008 Truancy Hotline 01895 250858

#### **USEFUL SERVICES** AND AGENCIES

Addiction, Recovery, Community, Hillingdon (ARCH) 01895 207777

Affinity Water 0345 357 2407

Age UK Hillingdon 020 8756 3040

Alzheimer's Society Hillingdon 01923 823999

Asphaleia Action 01895 272478

Carers Trust Hillingdon 01895 811206

Centre for ADHD and Autism Support 020 8429 1552



Haste Hill Public Golf Course 01895 250777 Highgrove Pool and

Fitness Centre 01895 630753

Hillingdon Sports and Leisure Complex 0345 130 7324

Hillingdon Theatres www.hillingdontheatres.uk 01895 250615

Queensmead Sports Centre 020 8845 6010

Uxbridge Public Golf Course 01895 556750

#### Local democracy

Councillors, Meetings and Democracy 01895 250636 **Electoral Services** and Registrars 01895 558250

**Citizens Advice Consumer** Helpline 0808 223 1133

**Citizens Advice Hillingdon** 0344 848 7903

Communicare Counselling Service 01895 256056

**Disablement Association** Hillingdon (DASH) 020 8848 8319

HD Carers Support Group 07752 169849

Healthwatch Hillingdon 01895 272997

Hillingdon Autistic Care and Support (HACS) 020 8606 6780

Hillingdon Brain Tumour and Injury Group 01895 713205



# HILLINGDON CONTACTS



Mayor's Office 01895 250763

#### Planning

www.hillingdon.gov.uk/ planning 01895 Ž50230

Building Control. Inspections and Dangerous Structures 01895 558170

**Dangerous Structures** (out of hours) 01895 250111

Local Land Charges 01895 556115

#### General

Adoption and Fostering 0800 783 1298

Brown Badges 01895 277277

Council Tax and Benefits www.hillingdon.gov.uk/ counciltax 0300 123 1384

Families' Information Service 01895 556489

Fraud Hotline www.hillingdon.gov.uk/ reportfraud 0800 389 8313

Hillingdon Chamber of Commerce 01895 545940 Hillingdon Independent Domestic Violence Advocacy (HIDVA) 020 8246 1745 Hillingdon Mind 01895 271559 Hillingdon Parent Carers Forum www.hillingdonpcf.com Hillingdon U3A 07532 268002 Hillingdon Women's Centre 01895 259578 Home-Start Hillingdon 01895 252804 P3 Navigator Advice Centre 01895 436114 Samaritans 116 123 (freephone) Victim Support 08 08 16 89 111 (freephone)

Hillingdon *First* Card www.hillinadon.aov.uk/ hillingdonfirst 01895 556677

Hillingdon Social Care Direct (adults) > Blue Badges > Freedom Passes Meals Service ▶ TeleCareLine 01895 556633

Housing Services www.hillingdon.gov.uk/ housing 01895 556666

Social Care – Children (Stronger Families Hub) 01895 556006

Substance Use and Misuse or Sexual Health 01895 250721

Trading Standards www.hillingdon.gov.uk/ tradingstandards 01895 250164

All other council enquiries (not listed above) 01895 250111

#### Hospitals

Harefield Hospital 01895 823737 Hillingdon Hospital 01895 238282 Mount Vernon Hospital 01923 826111 Northwick Park Hospital 020 8864 3232 Watford General Hospital 01923 244366 NHS 111

#### **Police and Fire**

Metropolitan Police Non-emergency 101 Textphone 18001 101 Hillingdon Neighbourhood Watch all@hillingdonnhw.co.uk Hillingdon Fire Station 020 8555 1200

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College is for everyone! It doesn't matter if you already have qualifications or not – we can talk to you about the options available and give you advice to help with your future

**FINISHED YEAR 11?** – our A Level programme and vocational career-focused courses are the perfect option and a fantastic alternative to 6th Form!

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**HNCs & HNDs** – aim higher with cost-effective university-level undergraduate qualifications

**PART-TIME COURSES** - gain a new skill or retrain with an evening or daytime course

**APPRENTICESHIPS** - for adults and school leavers who want to qualify while they are working.









\*Uxbridge College is part of **HCUC** – a merger between Harrow College and Uxbridge College. HCUC is the number 1 college in London for 16-18 year old achievement, confirmed by the Department for Education's (DfE) most recent achievement data for 2018/19, published March 2020.