

# Childhood Asthma

## FREE Online Workshops

### Workshop Dates


ALL SESSIONS: 4PM - 5PM

Monday 15th May

Monday 5th June

Monday 3rd July

**CONTACT THE TEAM TO RESERVE  
YOUR PLACE**

 01895 543 437

 [nhsnwl.myhealth@nhs.net](mailto:nhsnwl.myhealth@nhs.net)

Scan the code to register  
your space

SCAN ME



### What's Included In The Workshop ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
---	--------------------	--------------	-----------------	--------------	-----

**SESSIONS PRESENTED BY A HILLINGDON ASTHMA NURSE**