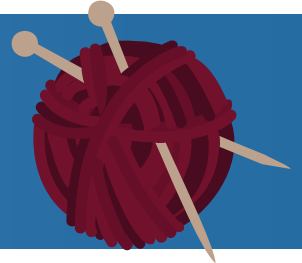


SOCIAL WELLBEING CLUBS

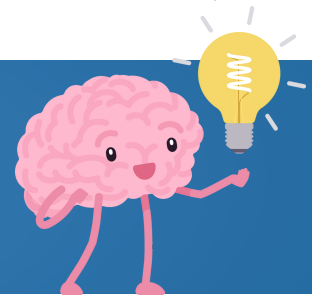
01 KNITTING

- EVERY THURSDAY, 12PM-3PM
- FOR MORE INFO CONTACT RASHEEDA ON 07890 913551



02 COGNITIVE CAFE

- EVERY MONDAY, 2PM-3PM
- FOR MORE INFO CONTACT KELLY ON 07925 148169



03 ART CLASSES

- EVERY TUESDAY & WEDNESDAY, 12PM-4PM
- FOR MORE INFO CONTACT JEANNE ON 07947 390967



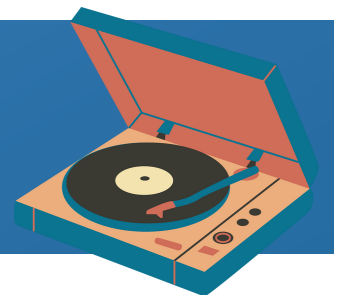
04 MUSIC & MEMORIES

- EVERY MONTH ON THURSDAYS, 10AM-11AM
- FOR MORE INFO CONTACT KELLY ON 07925 148169




05 VINYL CLUB

- EVERY MONTH ON FRIDAYS, 10.30AM-12PM
- FOR MORE INFO CONTACT RABIYA ON 07525 301474



swteam@ageukhhb.org.uk 

020 8589 0067 

Townfield community centre 
Townfield Road, Hayes UB3 2EL

SOCIAL WELLBEING CLUBS

06 CARIB CLUB

- EVERY MONTH ON MONDAYS, 10AM-12PM
- FOR MORE INFO CONTACT JULIET ON 07872 116298



07 IT CLUB

- EVERY WEDNESDAY, 10AM-11.30AM
- FOR MORE INFO CONTACT KELLY ON 07925 148169



08 INTERACTIVE CLUB

- EVERY TUESDAY & THURSDAY, 10AM-13PM
- FOR MORE INFO CONTACT PARVEEN ON 07840 856516



09 FAILTE IRISH CLUB

- EVERY MONDAY, 1PM-3.30PM
- FOR MORE INFO CONTACT RABIYA ON 07525 301474




10 AGEING WELL CLUBS

- EVERYDAY 1PM-3.30PM VARIOUS LOCATIONS
- FOR MORE INFO CONTACT JULIET ON 07872 116298



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