



**North Locality Children's Centres: Coteford and Harefield and South Ruislip,  
Easter Holidays Tuesday 2 April 2024 to Friday 12 April 2024**

The Centres are open Monday - Friday (9am to 4pm) for information and support for families with children up to 5 years

**HOW TO BOOK – Please call a children's centre to book. If you cannot attend, please CALL TO CANCEL**

**To see other Children's Centres timetables across Hillingdon Borough please visit [www.hillingdon.gov.uk/childrenscentres](http://www.hillingdon.gov.uk/childrenscentres)**

		South Ruislip Children's Centre Queens Walk HA4 0LR 01895 556806 srcc@hillingdon.gov.uk	Harefield Children's Centre High Street, Harefield UB9 6BT 01895 277108 harefieldcc@hillingdon.gov.uk		Coteford Children's Centre Fore Street, Pinner, HA5 2HX 01895 556682 cotefordcc@hillingdon.gov.uk	
		Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<div style="border: 2px solid blue; padding: 5px; width: fit-content; margin: 0 auto;"> <b>All Centres will be closed on Easter Monday 1 April</b> </div>		<p align="center"><b>Harefield Health Visitor Clinic</b> 9:30am to 10:30am Drop in</p> <p align="center"><b>Harefield Baby Group</b> 0 to 12 months 9:30am to 10:30am 2 and 9 April Drop in</p> <p align="center"><b>Harefield Breastfeeding Drop in Group</b> 2 and 9 April 11:00am to 12:00pm</p> <p align="center"><b>South Ruislip Ruislip Lido Walk</b> 10:00am to 11:00am 9 April Please call to book</p> 	<p align="center"><b>Coteford Stay and Play (Toddler Time)</b> 1 to 2 years 10:00am to 11:15am 3 and 10 April Please call to book</p> <p align="center"><b>Harefield Forest School</b> 2 to 5 years 10:00am to 11:30am 3 and 10 April Please call to book</p> <p align="center"><b>South Ruislip Breastfeeding One to One</b> 9:00am to 4:00pm Appointment only</p> <p align="center"><b>Virtual Weaning Party delivered by the Health Visiting team via Zoom Weekly</b> 10:00am to 11:00am Passcode: Weaning Meeting ID 954 1018 8033</p>	<p align="center"><b>Coteford Stay and Play</b> 0 to 5 years 9:45am to 11:15am 4 April Please call to book</p> <p align="center"><b>Harefield Baby Sensory Play</b> 0 to 12 months 10:30am to 11:30am 4 April Please call to book</p> <div style="border: 2px solid orange; padding: 5px; margin: 5px auto; width: fit-content;"> <p align="center"><b>HAF (Hillingdon Activities and Food Programme)</b> Harefield Infant School Join us for fun and games followed by a healthy meal 4 to 7 years 11:00am to 1:00pm 11 April Please call to book</p> </div> <p align="center"><b>South Ruislip Stay and Play (Toddler Time)</b> 1 to 2 years 9.45am to 11:00am 4 and 11 April Please call to book</p>	<p align="center"><b>Coteford Childrens Integrated Therapy Services (Physio)</b> 9:00am to 12:00pm Appointment only</p> <p align="center"><b>Coteford Messy Play</b> 10:00am to 11:00am 12 April Please call to book</p> <p align="center"><b>Harefield Forest School</b> 2 to 5 years 10:00am to 11:30am 5 and 12 April Please call to book</p> <div style="border: 2px solid purple; padding: 5px; margin: 5px auto; width: fit-content;"> <p align="center">Please use the QR code below for more information on Hillingdon's Start for Life</p>  </div>

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon	<p><b>Coteford Musical Babies</b> 0 to 12 months 1:30pm to 2:30pm 8 April Please call to book</p> <p><b>Harefield Stay and Play</b> 0 to 5 years 1:30pm to 3:00pm 8 April Please call to book</p> <p><b>South Ruislip P3 Advice</b> 1:00pm to 4:00pm Please call to book</p> <p><b>South Ruislip Baby Group</b> 0 to 12 months 1:30pm to 2:30pm 8 April Please call to book</p>	<p><b>Coteford Stay and Play Plus for children with SEND</b> 1:30pm to 2:30pm 2 and 9 April Please call to book</p> <p><b>Harefield Breastfeeding One to One</b> 2 and 9 April Appointment only</p> <p><b>Harefield Scootercise</b> 2:00pm to 3:00pm 2 April Please call to book</p> <p><b>South Ruislip Messy Play</b> 2 April 2:00pm to 3:00pm Please call to book</p>	<p><b>Harefield Child Development Reviews</b> 1:00pm to 3:30pm Invite only</p> <p><b>Harefield Parent/Carer support Brilliant parents and Stronger Families Team</b> 3 April Drop in - 1pm to 3pm Call for more information.</p> <p><b>South Ruislip Messy Play</b> 1:00pm to 2:00pm 10 April Please call to book</p> <p><b>South Ruislip Breastfeeding Drop in Group</b> 1:00pm to 2:30pm 3 and 10 April</p>	<p><b>Coteford Stay and Play</b> 1:30pm to 2:30pm 4 April Referral/Invite only</p> <p><b>South Ruislip Stay and Play Plus for children with SEND</b> 1:30pm to 2:45pm 4 and 11 April Please call to book</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;">  <p><i>We also deliver Virtual Groups and Sessions via Microsoft Teams. We have a range of online sessions and workshops offering advice and support. Please ask a member of staff for more details or pick up a leaflet in the Children's Centre</i></p> </div>	<p><b>Coteford Messy Play</b> 2:00pm to 3:00pm 5 April Please call to book</p> <p><b>South Ruislip Stay and Play</b> 0 to 5 years 1:00pm to 2:30pm 5 and 12 April Please call to book</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;"> <p><b>Harefield Saturday Stay and Play At Harefield Children's Centre</b> 4 May 6 July 11:00am to 12:15pm</p> </div>
	<p>Midwifery (CCC) Breast Feeding 1-1 (SRCC) Health Visitor's Clinic (CCC) <u>Appointment only</u></p>	<p>Midwifery (SRCC) Midwifery (CCC) Breast Feeding 1-1 (HCC) Health Visitor's Clinic (HCC) <u>Appointment only</u></p>	<p>Midwifery (CCC) Perinatal Mental Health (CCC) Breast Feeding Specialist Clinic (SRCC) Health Visitor's Clinic (HCC) <u>Appointment only</u></p>	<p>Midwifery (HCC) Midwifery (SRCC) Health Review's (CCC) <u>Appointment only</u></p>	<p>Midwifery (SRCC) Midwifery (CCC) Physio (CCC) <u>Appointment only</u></p>


 <p>Please call for more info</p>	<p><b>Navigator Yiewsley Advice Centre</b> (Housing, Education, Training, Employment, Health, Benefits)</p> <p> T: 01895 436114</p>	<p>Virtual Oral Health Education Session for Parents &amp; Carers via ZOOM Please call 01895 558194 for more information</p>	<p>2 Year Old Funding Do you qualify for <b>FREE</b> childcare? for your two-year old child? To find out more, please speak to a member of our staff team or visit: <a href="http://www.hillingdon.gov.uk/freechildcare">www.hillingdon.gov.uk/freechildcare</a></p>	<p>With <b>Healthy Start</b>, you get <b>free</b> vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.</p>	<p>SEND Local Offer <a href="https://www.hillingdon.gov.uk/send">https://www.hillingdon.gov.uk/send</a> "Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers."</p>	<p>Like and follow us on Facebook Hillingdon Children's Centre's North</p> 
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Other services delivered at the centres

Midwifery Clinics, Health Visitor Clinics, Breastfeeding Support Clinics, Perinatal Mental Health Clinics, Physiotherapy, Speech and Languages  
These are all booked by appointment with the service only or call one of the Children's Centres for more information

## Health & Partner Services

### North Locality Children's Centres: Coteford and Harefield and South Ruislip, Easter Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>Coteford</b> <b>Health Visitors Clinic</b> 9:00am to 12:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breast Feeding</b> <b>One to One</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Childrens Integrated Therapy</b> <b>Services</b> (Physio, Speech and Language, and Occupational Therapy) 9:30am to 4:00pm Please call CITS to book (01895 488200)</p> <p style="text-align: center;"><b>South Ruislip</b> <b>P3 Advice</b> 1pm to 4pm Please call to book</p>	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Health Visitors Clinic</b> 9:30am to 10:30am Drop in</p> <p style="text-align: center;"><b>Harefield</b> <b>Breastfeeding</b> <b>Drop in Group</b> 9:30am to 10:30am Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Breastfeeding</b> <b>One to One</b> 12:00pm to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Health Reviews</b> 9.30am to 11.30am Invite only</p>	<p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>Coteford</b> <b>Perinatal Mental Health Clinic</b> 9:00am to 1:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Talking Therapies</b> 9:00am to 16:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Health Reviews</b> 1:00pm to 4:00pm Invite only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breastfeeding</b> <b>One to One</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Breastfeeding Drop in</b> 1pm to 2.30pm Appointment only</p>	<p style="text-align: center;"><b>Coteford</b> <b>Health Reviews</b> 9:00am to 1:00pm Appointment only</p> <p style="text-align: center;"><b>Harefield</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <div style="text-align: center; border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="font-size: small;">Five to Thrive Building brains for better futures</p>  </div>	<p style="text-align: center;"><b>Coteford</b> <b>Childrens Integrated</b> <b>Therapy Services</b> (Physio) 9:00am to 12:00pm Appointment only</p> <p style="text-align: center;"><b>Coteford</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;"><b>South Ruislip</b> <b>Midwifery Services</b> 9:00am to 4:00pm Appointment only</p>
	<p><b>Midwifery Community Midwives</b> 01895 279472</p>		<p><b>Health Visiting Team</b> 01895 891302</p>		<p><b>Hillingdon Talking Therapies</b> 01895 206800</p>

The Centres are open Monday - Friday (8.30am to 4pm) for information and support for families with children up to 5 years