

CLlr Colleen Sullivan, the Worshipful the Mayor of Hillingdon

Mayor of Hillingdon's Charitable Trust 2024/25

This year the Mayor is supporting:

**Royal Brompton & Harefield Arts
(Hillingdon Branch)**

and **Radio Hillingdon**

rb&h Arts



Please send your donations to the
**Mayor's Parlour, Civic Centre,
High Street, Uxbridge, UB8 1UW**

Cheques to be made payable to:
'Mayor of Hillingdon's Charitable Trust'

To donate by text, text **MAYORHILL** and the amount to **70085**.

Texts cost your donation plus one standard rate message. Donations are limited to £20 per text and £30 per day.

For Gift Aid email: **mayor@hillingdon.gov.uk**

Please help the Mayor raise funds for these great causes

Registered charity number 1164375



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www.hillingdon.gov.uk/mayor

About the charities...

Royal Brompton & Harefield Arts (Hillingdon Branch)

rb&hArts runs an innovative arts programme at Royal Brompton and Harefield hospitals. The service is charitably funded and is designed to improve the clinical environment, improve patient experience, and enhance the wellbeing of patients, visitors, staff and the local communities surrounding each hospital.

The Mayor has chosen to focus their support on the Hillingdon elements of the musical arts provided by the charity:

- Singing for Breathing aims to complement physiotherapeutic support for respiratory conditions by introducing patients to a new form of exercise that encourages a better understanding of breath control through the use of the voice.
- Award-nominated project Vocal Beats provides opportunities for young people to make music through singing, playing the ukulele and beatboxing.
- Musicians in Residence; playing music on wards and bays engages people of all ages affecting mood, bringing diverse people together, without the need for language.

Radio Hillingdon

Radio Hillingdon is run entirely by volunteers, it receives no NHS funding and all costs are met through fundraising activities.

Based at Hillingdon Hospital, the radio station serves the patients along with care home residents and the wider community.

The team of volunteers broadcast music requests and dedications, national and local news, and play the best selection of music for all ages, 24 hours a day.

Radio Hillingdon can be accessed within the hospital using the bedside entertainment system on Radio Channel 45 and on screens in the hospital. It is also available online, via the Radio Hillingdon app or on your smart speaker.

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