

South East Locality Family Hub and Children's Centres

Charville, Hayes, Pinkwell and Yeading

2 September to 1 November



Thriving healthy households



HILLINGDON
LONDON

www.hillingdon.gov.uk/family-hubs

Useful information

How to Book

Families can book onto one session per week.

Please call a children's centre to book. If you cannot attend, please call to cancel.

To book additional sessions, please call on the centre on the day, to see if any spaces have become available for that day.

Hillingdon family hubs and children's centres

To see other family hubs and children's centres timetables across Hillingdon Borough please visit www.hillingdon.gov.uk/children's-centres

To view our range of services, session descriptions and to see other family hubs and children's centres timetables visit www.hillingdon.gov.uk/family-hubs

Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit www.hillingdon.gov.uk

Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

Charville Children's Centre

Bury Avenue, Hayes, UB4 8LF

☎ 01895 250104

@ charvillecc@hillington.gov.uk

Hayes Family Hub

College Way, Hayes, UB3 3BB

☎ 01895 558850

@ hayesendfamilyhub@hillington.gov.uk

Pinkwell Children's Centre

Pinkwell Lane, Hayes, UB3 1PG

☎ 01895 250533

@ pinkwellcc@hillington.gov.uk

Yeading Children's Centre

Carlyon Road, Hayes, UB4 0NR

☎ 01895 250360

@ ycc-enquiries@hillington.gov.uk

Health and partner services contacts

Midwifery Community Midwives

☎ 01895 279472

Health Visiting Team

☎ 01895 891302

🌐 www.hillingdoncyp.cnwl.nhs.uk

🌐 www.cnwl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service

Hillingdon Talking Therapies

☎ 01895 206800

🌐 talkingtherapies.cnwl.nhs.uk/hillingdon

P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit www.cnwl.nhs.uk/children-integrated-therapy-service

☎ 01895 488 200

Other information

Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit www.hillingdon.gov.uk/funded-childcare.

Start for Life

For more information on Hillingdon's Start for Life, visit www.hillingdon.gov.uk/start-for-life

Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit www.hillingdon.gov.uk/healthystart to get help to buy food and milk (Healthy Start) or contact your local Family Hub or Children's Centre.

SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. www.hillingdon.gov.uk/send

Further support for your family

For further help and support for your family, visit www.hillingdon.gov.uk/stronger-families

You can also follow us on Facebook and Instagram.



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Charville Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Bottle to Cup Workshop (9th September) 1 to 5 years 9.45am to 11.15am Booking required.</p> <p>.....</p> <p>Stay and Play (Starts 16th September) 0 to 5 years 9.45am to 11.15am Booking required</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Botwell Library Family Development Worker Meet & Greet 30th September 2pm to 3.15pm Booking required</p> <p>.....</p> <p>Botwell Library Brush For Life 14th October 2pm to 3pm Booking required</p>	<p>Parent Space 10am to 11.30am By Invitation Only</p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm Appointment Only</p> <p>.....</p> <p>Garden Play Walkers to 5 years 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Health Visitor Child Health Reviews 9am to 4pm Appointment Only</p>	<p>Speech and Language Therapy 9am to 12pm Appointment Only</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Stay and Play at William Byrd Primary School 0 to 5 years Starts 11th September (Will not run 9th & 16th October) UB3 5EW Stay and Play 10am to 12pm Booking required Term Time Only</p> <p>.....</p> <p>Ducklings Online 1.30pm to 3pm By Invitation Only</p>	<p>Early Bird 9.30am to 12pm By Invitation Only</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Ducklings Online 1.30pm to 3.00pm By Invitation Only</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30 to 2.30pm Booking required</p>	<p>Toddler Stay and Play 12-30 months 10.15am to 11.15am Booking required</p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm Appointment Only</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 28 September 26 October Booking required</p> <p>Virtual Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/children's-centres for more details</p>



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Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Child Health Clinic 9.30am to 11.30am Drop in</p> <p>2 Year Health Reviews 9am to 12pm Appointment only</p> <p>Breastfeeding Support 9.30am to 11.30am Drop in</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Richmond Fellowship 9am to 4pm Appointment only</p>	<p>Attention Hillingdon Term time only 9.30am to 10.30am Invitation only</p> <p>CITs Physiotherapy 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Richmond Fellowship 9am to 4pm Appointment Only</p>	<p>Attention Hillingdon Term time only 9.30am to 10.30am Invitation only</p> <p>CAMHS 0-5 Service 9am to 4pm Appointment only</p> <p>2 Year Health Reviews 9am to 12pm Appointment Only</p> <p>Perinatal Mental Health 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>SALT Intensive Interaction 9am to 1pm Appointment only</p>	<p>Postnatal Baby Group 0 to 4 months 6-week course 10am to 11.15am Booking required</p> <p>CAMHS over 5's 9am to 4pm Appointment only</p> <p>CITs 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Richmond Fellowship 9am to 4pm Appointment only</p> <div>SEE BELOW FOR THE AFTERNOON TIMETABLE</div>	<p>Baby Group 9 to 17 months 10am to 11.15am Booking required</p> <p>SALT Intensive Interaction 9am to 1pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Parent Carer Support 20 September 10am to 12pm Drop in</p> <p>SENDIASS 18 October 9.30am to 11.30am Drop in</p>	<p>Please ask about additional sessions during the half term (28 October to 1 November)</p> <p>Yeading Dad's and Male Carers Group 10am to 11.30am 28 September 26 October Booking required</p> <p>Virtual Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p>



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Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Stay and Play Plus 0 to 5 years 1.45pm to 2.45pm Booking required</p> <p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>SENDIASS 9 September 1pm to 3pm Drop in</p> <p>Hillingdon Youth Offer (various programmes) 11 to 19 years 4pm to 7pm By referral only. *Go to the notes section for more information.</p>	<p>Baby Group 0 to 8 months 1.30pm to 2.30pm Booking required</p> <p>Your Bump and Beyond Workshop 10 September 1pm to 3.30pm Booking required</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 7pm Term time only By referral only. *Go to the notes section for more information.</p> <p>Hillingdon Youth Offer Drop-in (youth club) School years 7-9 4pm to 6.30pm Drop-in</p>	<p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm Booking required</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 8pm By referral only *Go to the notes section for more information.</p>	<p>Wellbeing for Mums Course 1pm to 2.30pm Invitation only</p> <p>The Hub Club 4 to 7 years Term time only Starting 17 October 3.30pm to 4.30pm Booking required</p> <p>Hillingdon Youth Offer 13 to 24 years 4.30pm to 7.30pm By referral only *Go to the notes section for more information.</p>	<p>Let's Get Active 1.45pm to 2.45pm Booking required</p> <p>Stay and Play at McMillan Early Childhood Centre 0 to 5 years Term time only Starts 13 September 1pm to 3pm Booking required</p> <p>Hillingdon Youth Offer 8 to 11 years 4pm to 5.30pm By referral only *Go to the notes section for more information.</p>	<p>*Hillingdon Youth Offer 8 to 25 years For more information on targeted projects, visit www.hillingdon.gov.uk/targeted-programmes</p>



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Pinkwell Children's Centre activities timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Immunisation Clinic 9.30am to 4pm By appointment Stay and Play 0 to 5 years 10am to 11.30am Booking required Attention Hillingdon 9 September to 1 October 1.30pm to 2.30pm By invitation	Health Visitor Child Health Reviews 9am to 4pm By appointment Midwifery Clinic 9am to 4pm By appointment Stay and Play at Stay City Hotel 0 to 5 years Starts 17 September Term time only 9.30am to 11.30am Drop in for residents only Attention Hillingdon 9 September to 1 October 1.30pm to 2.30pm By invitation	Midwifery Clinic 9am to 4pm By appointment Stay and Play at William Byrd School 0 to 5 years Starts 11 September Term time only 10am to 12pm Booking required Parent Space 10am to 11.30am By invitation Language for Life 2 to 23 October 10am to 11am By invitation Stay and Play 0 to 5 years 1.30pm to 3pm Booking required	P3 Advice 9.30am to 12pm Booking required Breastfeeding Support Group 10.30am to 11.30am Drop in Baby Group Bumps and babies aged 0 to 12 months 10am to 11am Booking required Health Visitor Child Health Clinic 1pm to 3pm Drop in Five to Thrive Stay and Play 0 to 5 years 10 October 1.30pm to 2.30pm Booking required Virtual Session Fussy Eating 7 November 1.30pm to 2.30pm	Midwifery Clinic 9am to 4pm By appointment Health Visitor Child Health Reviews 9am to 4pm By appointment Stay and Play Plus 0 to 5 years 10am to 11am Booking required Virtual Session Toilet Training 1 November 11.15am to 12.15pm Baby Group Bumps and Babies 0 to 12 months 1.30pm to 2.30pm Booking required	Yeading Dad's and Male Carers Group 10am to 11.30am 28 September 26 October Booking required Virtual Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details Please ask about additional sessions during the half term (28 October to 1 November)



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Yeading Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Let's Get Active 1 to 5 years 10am to 11am Booking required.</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Twinkle Twinkle (A Portage group for young children with Downs Syndrome) 10.15am to 11.30am 9th September 7th October Booking required</p> <p>.....</p> <p>Botwell Library Family Development Worker Meet & Greet 30th September 2pm to 3.15pm Booking required</p> <p>.....</p> <p>Botwell Library Brush For Life 14th October 2pm to 3pm Booking required</p>	<p>Stay and play 0 to 5 years 10am to 11.30am Booking required.</p> <p>.....</p> <p>P3 (Advice and Support) (Housing, Education, Training, Employment, Health, Benefits) 1pm to 4pm Booking required</p>	<p>Child Health Clinic 9.30am to 11.30am Drop in</p> <p>.....</p> <p>Midwife 9am to 1pm Appointment Only</p> <p>.....</p> <p>Virtual Weaning Party delivered by the Health Visiting team via Zoom 10am to 11am Passcode Weaning Meeting ID 954 1018</p> <p>.....</p> <p>Health Visitor Child Health Reviews 1pm to 4pm Appointment Only</p> <p>.....</p> <p>Forest School 11th September – 16th October 2 to 5 years 1.30pm to 3pm By Invitation Only</p>	<p>Speech and Language Therapy 9am to 4pm Appointment Only</p> <p>.....</p> <p>Midwife 1pm to 4pm Appointment Only</p> <p>.....</p> <p>Parent Space 1.30pm to 3pm By Invitation Only</p>	<p>Stay and Play Plus 0 to 5 years 10am to 11am Booking required.</p> <p>.....</p> <p>Toddler Stay and Play 12 to 30 months 1.30 to 2.30pm Booking required</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 28 September 26 October Booking required</p> <p>.....</p> <p>Virtual Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p>



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