

South East Locality Family Hub and Children's Centres

Charville, Hayes, Pinkwell and Yeading

28th July to 5th September 2025



Thriving healthy households



HILLINGDON
LONDON

www.hillingdon.gov.uk/family-hubs

Useful information

How to Book

Families can book onto one session per week.

Please call a centre to book. If you cannot attend, please call to cancel.

To book additional sessions, please call the centre on the day, to see if any spaces have become available for that day.

Hillingdon family hubs and children's centres

For information on our services, session descriptions, and to view other family hubs and children's centres timetables, please visit www.hillingdon.gov.uk/family-hubs

Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit www.hillingdon.gov.uk/youth-offer

Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

Charville Children's Centre

Bury Avenue, Hayes, UB4 8LF

☎ 01895 250104

@ charvillecc@hillington.gov.uk

Hayes Family Hub

College Way, Hayes, UB3 3BB

☎ 01895 558850

@ HayesFamilyHub@Hillingdon.gov.uk

Pinkwell Children's Centre

Pinkwell Lane, Hayes, UB3 1PG

☎ 01895 250533

@ pinkwellcc@hillington.gov.uk

Yeading Children's Centre

Carlyon Road, Hayes, UB4 0NR

☎ 01895 250360

@ ycc-enquiries@hillington.gov.uk

Health and partner services contacts

Midwifery Community Midwives

☎ 01895 279472

Health Visiting Team

☎ 01895 891302

🌐 www.hillingdoncyp.cnwl.nhs.uk

🌐 www.cnwl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service

Hillingdon Talking Therapies

☎ 01895 206800

🌐 talkingtherapies.cnwl.nhs.uk/hillingdon

P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit www.cnwl.nhs.uk/children-integrated-therapy-service

☎ 01895 488 200

Other information

Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit www.hillingdon.gov.uk/funded-childcare.

Start for Life

For more information on Hillingdon's Start for Life, visit www.hillingdon.gov.uk/start-for-life

Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit www.hillingdon.gov.uk/healthystart

SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. www.hillingdon.gov.uk/send

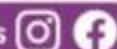
Children, young people and parents Directory of Services

For information on children, young people and family services in Hillingdon, visit careandsupport.hillingdon.gov.uk

Further support for your family





For further help and support for your family, visit www.hillingdon.gov.uk/stronger-families

Hillingdon Family Hubs





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Charville Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Garden play Walkers to 5 years 4th, 18th August & 1st September 10am to 11.30am Booking required</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.15pm to 2.45pm Booking required</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p>Centre Closed for Bank Holiday 25th August</p> </div>	<p>Parent Space 10am to 11.30am By Invitation Only</p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm Appointment Only</p> <p>.....</p> <p>Toddler Stay & Play 12-30 months 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Health Visitor Child Health Reviews 9am to 4pm Appointment Only</p>	<p>Midwife 9.00am to 4.00pm Appointment Only</p> <p>.....</p> <p>CNWL Speech and Language Groups 9.30 to 1pm Appointment Only</p> <p>.....</p> <p>Ready to Go 2 to 4 years 30 July Online workshop 10am to 11.30am Invitation only</p> <p>.....</p> <p>Hillingdon Play day 10am to 2pm 6th August</p> <div style="text-align: center;">  </div> <p>Booking required</p> <p>.....</p> <p>SENDIASS DROP IN 13th August 9.30am to 11.30am Drop in</p>	<p>Midwife 9.00am to 4.00pm Appointment Only</p> <p>.....</p> <p>A visit to Charville Library with Story and Rhyme Time 0 to 5 years 10.15 to 11am 7th August Booking required</p> <p>.....</p> <p>Ready to go (School Readiness) 2 to 4 years 9.45 to 11.15am 14th, 21st 28th August Booking required</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Ready to Go 21st August Online workshop 1.30pm to 3pm Invitation only</p>	<p>Stay and Play 0 to 5 years 9.45am to 11.15am Booking required</p> <p>.....</p> <p>Perinatal Mental Health 9.00am to 4.00pm Appointment Only</p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/children's-centres for more details</p> <p>.....</p> <div style="text-align: center;">  <p>For other <i>free</i> activities across the summer scan the QR code below</p> <div style="text-align: center;">  </div> <div style="text-align: center; margin-top: 20px;">  <p>Five to thrive champions</p> </div> </div>

Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Child Health Clinic 9.30am to 11.30am Drop in</p> <p>2 Year Health Reviews 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Waythrough 9am to 4pm Appointment only</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p>Centre Closed for Bank Holiday 25 August</p> </div>	<p>Exploring Nature Norman Leddy Gardens 0 to 8 years Meet at Norman Leddy Gardens UB3 2RJ 10.30am to 11.30 am Booking required</p> <p>Midwife 1pm to 4pm Appointment only</p> <p>Physiotherapy 9am to 12pm Appointment only</p> <p>CNWL Speech and Language Groups 9.30 to 12pm Appointment Only</p> <p>Waythrough 9am to 4pm Appointment Only</p>	<p>Hillingdon Play day 10am to 2pm 6 August  Booking required</p> <p>Ready to Go 2 to 4 years 30 July Online workshop 10am to 11.30am Invitation only</p> <p>HAF Events 4 to 11 years 13th August 10.30am to 12.30pm Booking required with FSM code</p> <p>CAMHS 0-5 Service 9am to 4pm Appointment only</p> <p>2 Year Health Reviews 9am to 12pm Appointment only</p> <p>Midwife 9am to 12pm Appointment only</p>	<p>Summer Holidays Activity Club Reception to year 2 10am to 11.15am Booking required</p> <p>CAMHS over 5s 9am to 4pm Appointment only</p> <p>CITs 9am to 12pm Appointment only</p> <p>Midwife 9am to 12pm Appointment only</p> <p>P3 (Advice and support) 11am to 7pm Starting 7 August Call to book: 01895 436 114</p> <p>Waythrough 9am to 4pm Appointment only</p>	<p>Baby Group 9 to 17 months 10am to 11.15am Booking required</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>SENDIASS 15 August 9.30am to 11.30am Drop in</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p>SEE NEXT PAGE FOR THE AFTERNOON TIMETABLE</p> </div>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/ children's centres for more details</p> <p>Hillingdon libraries are also running free activities and sessions, scan the QR code below </p>





Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Stay and Play Plus 0 to 5 years 1.45pm to 2.45pm Booking required</p> <p>.....</p> <p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 11 to 19 years 4pm to 7pm *See notes section for more details.</p> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p>Centre Closed for Bank Holiday 25 August</p> </div>	<p>Baby Group 0 to 8 months 2pm to 3pm Booking required</p> <p>.....</p> <p>Stop Smoking 1pm to 4pm Appointment only</p> <p>.....</p> <p>Midwife 1pm to 4pm Appointment only</p> <p>.....</p> <p>Shaw Trust 1pm to 4pm Appointment only</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 7pm Term time only *See notes section for more details</p>	<p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>.....</p> <p>HAF Event 4 to 11 years 13th August 1.30pm to 3.30pm Booking required with FSM code</p> <p>.....</p> <p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm Not running on 6 and 13 August Booking required</p> <p>.....</p> <p>DWP/Jobcentre Plus Advice and Support 1pm to 3pm Fortnightly sessions 6, 20, August and 3 September Drop-in</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 8pm</p>	<p>Ready to go (School Readiness) 2 to 4 years 1.30pm to 3pm Booking required</p> <p>.....</p> <p>Perinatal Maternal Journaling Group 1pm to 2.15pm Invitation Only</p> <p>.....</p> <p>Hillingdon Youth Offer 13 to 24 years 4.30pm to 7.30pm</p> <p>.....</p> <p>Ready to Go 21st August Online workshop 1.30pm to 3pm Invitation only</p>	<p>Let's Get Active 18 months to 5 years 1.45pm to 2.45pm Booking required</p> <p>.....</p> <p>Garden Play 0 to 6 years 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Free Computer and Wifi Session Must have a child under 19 or 25 years with SEND 1.15pm to 3.15pm Booking required</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 8 to 11 years 4pm to 5.30pm *See notes section for more details.</p>	<p>*Hillingdon Youth Offer 8 to 25 years Various programs includes counselling, mentoring, transition support, sexual health information and advice, substance use and misuse support, programs for girls and young women and programs for boys and young men and LGBTQ+. For more information visit www.hillingdon.gov.uk/targeted-programmes</p>



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Pinkwell Children's Centre activities timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Ready to go (School Readiness) 2 to 4 years 3-week programme 4th, 11th 18th August 10am to 11.30am</p> <p>Scout in the Park 0 to 5 years 1.30pm 2.30pm Booking required</p> <p>P3 (Advice and support) Starting from 11TH August Alternating Mondays 9:00am – 4pm Book direct with P3 on 01895 436 114</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="color: red; text-align: center;">Centre Closed for Bank Holiday 25th August</p> </div>	<p>Child Health Reviews 9am to 3:30pm By appointment</p> <p>Midwifery Clinic 9am to 4pm By appointment</p> <p>Garden Play 0 to 5 years 1.30pm to 2.30pm Booking required</p>	<p>Midwifery Clinic 9am to 4pm By appointment</p> <p>Stay and Play Plus 0 to 5 years 10am – 11am Booking required</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm (Not running 6th & 13th August) Booking required</p> <p>Ready to Go 2 to 4 years 30 July Online workshop 10am to 11.30am Invitation only</p> <p>Hillingdon Play day 10am to 2pm 6th August  Booking required</p>	<p>Messy Play 13 months – 5 years 10am 11am Booking required</p> <p>Breastfeeding Drop-in Group 10:30am – 11:30am</p> <p>Health Visitor Child Health Clinic 1pm-3pm Drop in</p> <p>Ready to Go 21st August Online workshop 1.30pm to 3pm Invitation only</p> <p>Parent Space 1.30pm to 2.30pm By Invitation Only</p>	<p>Midwife Clinic 9am to 4pm</p> <p>Health Visitor Reviews Invite only 9am to 3.30pm</p> <p>Baby Group (Bumps and up to 12 months) Booking required 10am to 11am (Baby group time change on 29th August to 1.30 to 2.30 pm)</p> <p>Stay and Play 0 to 5 years 10 to 11:30am 29th August only (CITS Occupational Therapy)</p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/ children's centres for more details</p> <div style="text-align: right; margin-top: 20px;">  <p>Five to thrive champions</p> </div>

Yeading Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>P3 (Advice and support) Starting from 4TH August Alternating Mondays 9:00am – 4pm Book direct with P3 on: 01895 436 114</p> <p>.....</p> <p>Twinkle Twinkle (A Portage group for young children with Downs Syndrome) 10.15am to 11.30am 4th August Booking required</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p>Centre Closed for Bank Holiday 25th August</p> </div>	<p>Stay and play 0 to 5 years 10am to 11.30am Booking required.</p> <p>.....</p> <p>Ready to go (School Readiness) 2 to 4 years 1.30pm to 3pm 29th July, 5th & 14th August Booking required</p>	<p>Child Health Clinic 9.30am to 11.30am Drop in</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>Ready to Go 2 to 4 years 30 July Online workshop 10am to 11.30am Invitation only</p> <p>Health Visitor Child Health Reviews 1pm to 4pm Appointment Only</p> <p>Garden Play Walkers to 5 years 1.30pm to 2.30pm 20th, 27th August & 3rd September. Booking required</p> <p>Forest School with Hillingdon Libraries 30th July and 13th August 1.30pm – 2.30pm 4 to 7 years Booking required through Children's Centre</p>	<p>CNWL Speech and Language Groups 9am to 4pm Appointment Only</p> <p>Midwife 1pm to 4pm Appointment Only</p> <p>Parent Space 1.30pm to 3pm By Invitation Only</p> <p>Ready to Go 21st August Online workshop 1.30pm to 3pm Invitation only</p>	<p>Stay and Play Plus 0 to 5 years 10am to 11am 1st, 8th & 15th August Booking required.</p> <p>.....</p> <p>Toddler Stay and Play 12 to 30 months 1.30pm to 2.30pm Booking required</p> <p>Midwife 9am to 4pm Appointment Only</p>	<p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillingdon.gov.uk/children's-centres for more details</p> <p>.....</p> <p>Online Weaning Party delivered by the Health Visiting team via Zoom 10am to 11am Passcode Weaning Meeting ID 954 1018</p>



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