

Where is the shut off for:	
Gas	
Water	
Electricity	

Vulnerable neighbours, friends and family to check on during emergencies and extreme weather. If I/we are vulnerable, who will check on us?			
Name:	Contact details:	Carer details (if applicable):	Address:

Insurance	Provider	Policy number	Contact number/ email
Building (and contents)			
Property			
Car			
Personal/health			
Other			

Emergency and non-emergency phone numbers	
Emergency services (police, fire, ambulance, coastguard)	999 or 112
NHS non-emergency	111
Police non-emergency	101
Power cuts and electricity emergencies	105
Affinity Water emergencies	0345 357 2407
Thames Water sewage emergencies	0800 316 9800
Floodline	0345 988 1188
Cadent Gas emergencies	0800 111 999
Hillingdon Council	01895 250111
Doctor's surgery	
School	

Information sources

BBC London Radio

94.9 FM

Capital FM

95.8 FM

LBC

97.3 FM

Hillingdon Council

www.hillingdon.gov.uk
[@Hillingdon](#)
[@hillingdoncouncil](#)
[www.hillingdon.gov.uk/whatsapp](https://londonboroughofhillingdon.gov.uk/whatsapp)

Metropolitan Police

[X @metpoliceuk](#)
[@metpolice_uk](#)
[metpoliceuk](#)

MET Office UK Weather Warnings

[weather.metoffice.gov.uk/warnings-and-advice/uk-warnings](#)

Flood Alerts

[check-for-flooding.service.gov.uk/alerts-and-warnings](#)

London Fire Brigade Incident Updates

[www.london-fire.gov.uk/incidents](#)

Grab-and-go bags

A grab-and-go bag is a small emergency kit that is easy to take with you if you need to leave right away. It's a good idea to make a grab-and-go bag for your home, workplace and vehicle. Each member of the household should have their own bag.

Where are our grab-and-go bags located?

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Grab-and-go bag checklist

- | | |
|-----------------------------------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Copy of household emergency plan | <input type="checkbox"/> Power bank |
| <input type="checkbox"/> Long life food/snacks | <input type="checkbox"/> First aid kit |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Personal toiletries |
| <input type="checkbox"/> Prescription medication | <input type="checkbox"/> Blanket |
| <input type="checkbox"/> Seasonal clothes | <input type="checkbox"/> Baby items (if applicable) |
| <input type="checkbox"/> Wind up/battery-powered radio | <input type="checkbox"/> Pet items (if applicable) |
| <input type="checkbox"/> Cash in small bills | <input type="checkbox"/> Map |
| <input type="checkbox"/> Important documents, insurance papers and ID | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> Torch | <input type="checkbox"/> Pen and notepad |
| <input type="checkbox"/> Phone charger | <input type="checkbox"/> Spare keys (car and house) |

Other information

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Store this document in a waterproof resealable bag in your grab-and-go bag.
For more printable copies, visit www.hillingdon.gov.uk/emergency-plan.

Household emergency plan

What routes can we take to evacuate our home?

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Where will we meet if we have to evacuate our home?

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Who will pick the children up from school if I/we are unable to?

Name	Contact details

Who will look after our pets if I/we are unable to?

Name	Contact details

Who can we stay with if we are evacuated or cannot stay at home?

Name	Contact details	Address

