



SEND and Inclusion Training for Parents/Carers 2025/26



HILLINGDON
LONDON

www.hillingdon.gov.uk

Details of course costs, times, dates (where applicable), location and how to register interest can be found under each course's description. Please click within the contents to find the course which you are interested in booking.

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Terms and conditions of booking for Central/Universal training

The following terms and conditions relate to the courses listed in this guide and others provided by the SEND and Inclusion Service which arise during the academic year.

Making a booking

Bookings should be made at least two weeks in advance as trainers will make a decision on whether the course is viable to run at that time. If uptake is low, the course may be subject to cancellation. Similarly, courses that are popular may close for new bookings once capacity is reached and operate a waiting list.

Each service will provide their own method of confirmation- this may be an automatically generated email from the Microsoft Form, confirmation from Learning Pool or communication via other means. If you have not received confirmation of your place on a course, please contact the relevant service via email as listed below.

Payment terms

Many courses are available without charge to attendees. However, some courses are chargeable to cover costs of accreditation, textbooks for attendees or because they are offered by a traded service. Payment must be made in advance of course attendance and refunds are not permitted in the case of non-attendance. These training sessions are heavily subsidised.

Cancellation or non-attendance

If an attendee cannot attend the course, please notify the relevant department as soon as possible but at least 24 hours before the course is scheduled to start. Services can be reached on the numbers listed below. Settings, schools or individuals who do not attend courses and do not provide sufficient notice to allow others to take their place may be prevented from attending training in the future.

The Service may be required to cancel a training course. Attendees will be notified in advance of the training session using the contact details listed on the booking form.

Evaluations

All delegates will be requested to complete an evaluation form; the information provided will help to improve the training offer and future delivery of the training. We kindly request you to return these evaluation forms promptly so that we can measure the effectiveness of our training offer.

Contact details

To contact the relevant service regarding a course listed in the brochure, please see below:

- **Sensory (HS, VI and MSI)**
sassensory@hillingdon.gov.uk

SEND Advisory Service

Vision Impairment Training

For parents/Carers

How to book: Please send an email to sasadmin@hillingdon.gov.uk

Location: Please note all trainings listed below are held **virtually**. A Microsoft Teams link will be sent prior to the session

How can I help my VI child at home? Accessible stories and books.

This session will also include an informal opportunity to meet the team and learn how they support families and young people.

Wednesday 19th 2025, 11.30am – 12.15pm, Virtual

Transitions: What do I need to do?

Wednesday 4th March 2026, 11.30am – 12.15pm, Virtual

Hospital reports explained, CVI certificate and Signposting.

This session will also include signposting to charities and provide information on Wakelet, Disability Living Allowance (DLA) and Disability Access Fund (DAF).

Wednesday 9th July 2026, 11.15am – 12.15pm

Hearing Impairment Training

My child can't hear properly. Now what?

For parents/ carers of children who have been assessed by an audiology clinic as needing hearing technology such as hearing aids, bone conduction aids or cochlear implants.

This 2-hour session will help you to learn more on how to support your child.

Areas to be covered will include how we hear, different types of hearing needs, the role of specialist equipment, the impact of deafness on learning and development and signposting to other D/deaf related services.

Thursday 26th February 2026, 9.30am-11.30am, Uxbridge Family Hub

How to book:

Register your interest [here](#) or use the QR code:



Autism Training

Cygnets Autism Support Programme

Cygnets is an autism support programme for parents and carers of children and young people ages 5-18 who are autistic, are awaiting an ASD assessment or who have social communication differences.

Cygnets Autism Support Programme gives parents and carers an opportunity to develop their understanding of autism and consider ways to support their child. It also provides the opportunity to meet other people in a similar position and hear about their experiences in an informal but supportive atmosphere. The course consists of 6 3-hour sessions and an additional 3-hour module.

The Cygnets programme is now being offered by the SEND Advisory Service within participating schools. If you are interested in attending, please look out for adverts at your child's school.

Family Hubs and Children's Centres

The following programme offer is for children aged 0-5yrs and their families:

Early Learning and Child Development

Attention Hillingdon

Course Description

A programme to help develop children's attention, speech and listening skills. Delivered over 8 sessions.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

Food Explorers

Course Description

A 4-week program for children with limited diets and sensory sensitivities around food. Children will explore different foods through touch, smell and taste, aiming to increase the variety of foods they eat.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

Language for Life

Course Description

A 4-week programme providing tips and hints in supporting child's language development, using child led play, singing, books and stories, imaginative play, turn taking and conversation. Week 4 includes a speech and language therapist.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

Stay and Play Plus sessions

Course Description

A session for children who may need additional support with their learning and development. This includes children who have attended Attention Hillingdon and/or Language for Life, children with additional needs and disabilities and those waiting for a diagnosis. It provides a variety of resources and play activities to meet the needs of the group.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

Twinkle Twinkle (for children 0-5 with a diagnosis of Down's Syndrome)

Course Description

A monthly group facilitated by Portage with activities to support development. Opportunities to speak with a Portage Worker who have specialised knowledge, experience and can give specific advice. This is a good opportunity to meet with other families.

How to book

For further details and how to book, please contact Yeading Children's Centre: [Yeading Children's Centre - Hillingdon Council](#)

Family Support

Autism Parent Support Group

Course Description

Support and advice group run by parents for parents and carers of children who have a diagnosis of Autism or who are waiting for a diagnosis. Drop-in sessions take place from 9.30am to 11am at Colham Manor Children's Centre once every month during term time.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

Chatter Tots Stay and Play Sessions

Course Description

A fortnightly unique group for pre-school children with hearing needs and their families. All the activities during the sessions will be chosen to help your family's communication skills using spoken and/or sign language. There will also be opportunities to discuss your child and their specific needs.

This group is jointly run by Hillingdon's Hearing Specialists including Teacher/s of the Deaf, Hearing Support Officer & Specialist Speech & Language Therapist.

How to book

If you would like to join us in this exciting opportunity, we need you to let us know. This will allow us to plan our activities with your child's needs in mind.

Please confirm your attendance by calling, texting, or emailing your assigned Teacher of the Deaf or emailing: SASAdmin@hillingdon.gov.uk

Early Bird (National Autistic Society)

Course Description

A welcoming programme for parents and carers of children aged 2 to 6 with a diagnosis, or awaiting diagnosis, of autism. Gain insights into autism, improve communication, and better understand your child's behaviour.

The 6-week course offers weekly 2-hour sessions, available in Family Hubs and Children's Centres during the day (with creche provided), or online in the evenings for your convenience. Courses run every half term.

How to book

For further details and how to book, please contact your local Family Hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

SENDIASS Drop-in Sessions

Course Description

A drop-in session to provide information and advice for parents and carers of children with special educational needs and disabilities.

How to book

For further details and how to book, please contact your local Family hub or Children's Centre by going to: [Family hubs and children's centres - Hillingdon Council](#)

One-off workshops

We offer several topic-based workshops, including Toilet Training, Toothbrushing for with children with SEND, Sleep workshops and 'What do I Do Now?' sessions for parents awaiting a diagnosis of autism (or newly diagnosed) . For details on all programmes, please see our locality and online timetables: [Family hubs and children's centres - Hillingdon Council](#)