

Uxbridge walk

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A short circular walk of approximately 1.5 miles that takes in 2 attractive parks and a section of the Grand Union canal. The route starts and ends at Uxbridge High Street but can be joined at any point.

- 1** Start on the High Street at the bottom of Harefield Road. Walk along High street, past Fountains Mill Young People's Centre on your left. Cross the road towards the Crown and Treaty pub and continue to walk over the canal road bridge.
- 2** At the Xerox offices turn sharp left onto the path in front of the offices. Proceed through a single gate and turn right onto the canal tow path.
- 3** Exit to the slope and proceed left over the bridge along Rockingham Road.
- 4** At the Dolphin pub, cross over the road and proceed along Waterloo Road, Then branch left into Fray's Way.
- 5** Enter Rockingham Recreation Ground and follow the pathway directly across the park.
- 6** At end of path turn left, Fray's River will be on your right. Proceed out of the park via car park.
- 7** Walk across the road into Rockingham Parade. Directly in front of you, you will see Fasnidge Park gates.
- 8** Enter Fasnidge Park, you will see an orientation board on the right of the gates.
- 9** Keep to the left hand path with the bandstand on your right.
- 10** At Oxford Road crossing, pass the Atrium offices on the left. Follow the road to the next crossroads and Uxbridge High Street.

