



**Supermarkets and voluntary organisations are offering support to our residents with telephone shopping or priority delivery slots for online shopping.**

### Online shopping options

You, a family member or a friend can get shopping online. You'll be able to order exactly what you want from a wide range of stores; many of which are also offering priority slots for residents who are clinically vulnerable.

You will need to register with the supermarket on their website to book delivery slots and view their product lists.

There are also a number of delivery services that can assist.

- We Deliver Local
- Deliveroo
- Uber Eats
- Local Food Drops

**However, if you are struggling to secure a delivery slot, please call the Community Hub on **020 3949 5786** who will be able to help with obtaining a priority code**

**Please turn over to see options for those who do not have access to the internet**

## Telephone shopping support

### **Morrisons - Shopping Service by phone**

- Doorstep delivery service
- Dedicated line for vulnerable people
- Pay by card at the door
- Call **0345 611 6111 and press option 5**

### **Waitrose - Phone**

- A "care package" that includes staple items as well as some treats
- Designed to feed one adult for a week
- Costs £25 plus £3.50 for delivery (free delivery if ordering 2 boxes)
- This is a "one use only" service
- Call **08000 224055**

### **NHS Volunteer Responders**

You could be eligible if you:

- have received an NHS shielding letter
- are over 70 years old
- are self-isolating as they have confirmed COVID-19 or suspected symptoms; or they have been in contact with someone who has
- are registered disabled
- are pregnant
- have caring responsibilities

How to apply:

- Call between 8am and 8pm on **0808 196 3646**
- Tell them your details and your GP surgery
- They will ask some questions about the kind of support you need
- They will connect you with a volunteer in the local area who will contact you to discuss what shopping support you need and provide you with details on how you can pay.