



HILLINGDON  
LONDON

# Yiewsley Children's Centre

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## SUMMER HOLIDAY PROGRAMME - 23 July - 31 August 2018

The Centre is open Monday-Friday (9:00am - 4:00pm) for information and support for families with children up to 5 years of age.

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p><b>Stay and Play *</b> 9:30am - 11:00am (23 July Messy Play) Please book</p>  <p><b>La Leche</b> (Breastfeeding Support) 11:00am - 13:00pm 20 August, Drop in</p> 	<p><b>Pop up sessions</b> 10:00am - 11:00am (18mths to 5 years) 31 July &amp; 14, 21, 28 August Please book</p> 	<p><b>Stay and Play *</b> 9:30am - 11:00am 25 July &amp; 1, 29 August Please book</p> <p><b>Creative Play *</b> 10:00am - 11:00am 22 August Please book</p> <p><b>Sports Day (all ages)</b> 8 Aug, 10:00am - Midday @ Yiewsley Recreational Ground</p>  <p><b>Small Talk</b> 15 Aug, 9:30am - Midday, Referral Only</p>	<p><b>Pebbles</b> 10:00am - 11:15am (under 5's) Invite only</p>  <p><b>Brushing 4 Life</b> Free children's toothbrushes and paste available. Ask a member of staff</p> 	<p><b>Baby Clinic</b> (Weigh &amp; Stay) 9:30am - 11:30am (Dental Health Team visit once a month) Drop-in</p> 
AFTERNOON	<p><b>Fitness Fun</b> 1:00pm - 2:00pm (18mths - 5years) 30 July &amp; 6, 20 August Please book</p> 	<p><b>Rollers &amp; Shakers</b> 1:00pm - 2:15pm (0 - 12mths) Please book</p> <p><b>Baby Weaning</b> 28 Aug, 1:30pm - 3:00pm Please book</p> 	<p><b>Summer Picnic</b> 15 Aug, 11:00am-2:00pm @ Yiewsley Recreational Ground Drop In, ALL ages welcome</p> 	<p><b>Crawlers &amp; Cruisers</b> 1:00pm - 2:00pm (12 - 24mths) Please book</p> 	<p><b>Craft with Nature</b> 1:00pm - 3:00pm (3 - 5 years) 27 July Please Book</p> 

\* Children aged up to 8 years can attend these sessions with a younger sibling.

**PLEASE NOTE:** Due to capacity we would ask you to please arrive on time. If you arrive more than 15 minutes after start of session you will not be permitted to join the session. Please cancel your booking if you no longer need it. Only one Stay and Play session per week can be booked.

Session/Service	Description
<b>Baby Clinic (Weigh &amp; Stay)</b>	Baby weighing clinic with local Health Visitors, please bring your red book. A Breastfeeding Advisor is also available. Partnership with the Health Visiting and Dental Health Teams
<b>Baby Weaning Workshop</b>	A monthly advice and guidance drop in group for parents weaning their baby, provided by the Health Visiting Team
<b>Crawlers &amp; Cruisers</b>	Stay and Play session for children ages 12-24 months and their grownups to play together.
<b>Fitness Fun</b>	An engaging fitness session to give children the opportunity to explore a range of activities that promote physical development.
<b>La Leche</b>	A mother-to-mother breastfeeding support group run by La Leche League
<b>Pebbles</b>	Stay & play session for parents and children to learn through play, planned around the Early Years Foundation Stage
<b>Rollers and Shakers</b>	Stay and Play session for children 0-12 months and their grownups with multi-sensory activity.
<b>Small Talk</b>	A speech and language session for the under 5s. If you have concerns about your child's speech and language please call to speak to someone at the Children's Centre.
<b>Stay and Play</b>	Play, story time, songs and a snack for under 5s and their grownups, planned around the Early Years Foundation Stage.
<b>Creative Play</b>	An opportunity for children to use their imagination and be creative using a variety of media.
<b>Messy Play</b>	An opportunity for children to explore all things messy is developing their sensory skills - change of clothes essential!!!
<b>Craft with Nature</b>	Taster session run by adult education - activities using natural resources for crafting.
<b>Pop up sessions</b>	A range of sessions covering a different topic each week. Please ask at reception.
<b>Sports Day</b>	A fun filled physical activity event held at Yiewsley Recreational ground.
<b>Summer Picnic</b>	Bring along a healthy packed lunch for you and your child to enjoy with others. Teddy bears welcome.

### **Adult learning opportunities starting in September:**

- ✦ **Volunteering Training** at Yiewsley Children's Centre (volunteering opportunities available at Yiewsley or Cherry Lane Children's Centres).
- ✦ **Healthy Lifestyle with Bollywood Bhangra Fitness** at Cherry Lane Children's Centre.
- ✦ **Next Steps ICT** at Colham Manor Children's Centre.
- ✦ **ESOL Speaking and Listening** at Yiewsley Children's Centre.
- ✦ **Strengthening Families, Strengthening Communities** parenting course at Cherry Lane Children's Centre.

For further details please ask at reception, call or e-mail.

To find out what your other local Children's Centre can offer please visit [www.hillingdon.gov.uk/childrenscentres](http://www.hillingdon.gov.uk/childrenscentres)

