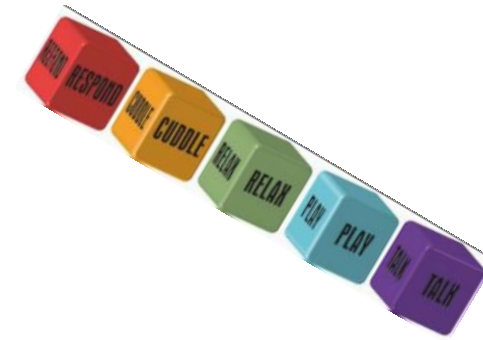












Yiewsley Children's Centre

Colham Avenue, Yiewsley, Middlesex, UB7 8HF Tel:01895 558 194 Email: yiewsleycc@hillingdon.gov.uk



Half Term

28 May - 01 June 2018 - The Centre is open Monday - Friday (9:00am-4:00pm) for information and support for families with children up to 5 yrs old.

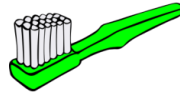
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|---|--|---|--|
| MORNING | <p>Bank Holiday Children's centre is closed</p>  | <p>Dietician 9:00am - 1:00pm Referral by your GP</p>  <p>Pop up session Gardening & Planting 10:00am-11:00am Booking required</p> | <p>Stay and Play 9:30am - 11:00am (under 5's) Please book</p>  <p>Perinatal Clinic 9:00am - 4:00pm Referral Only</p> | <p>Pebbles 9:30am - 11:00am (under 5's) Invite only</p>  <p>Health reviews 8 Month & 2 Year olds 9:30am - 1:30pm Appointments via Health Visiting Team</p> | <p>Baby Clinic (Weigh & Stay) 9:30am - 11:30am, Drop-in <i>Dental Health Team visit once a month</i></p> <p>Antenatal 9:00am - Midday</p>  |
| AFTERNOON | <p>Bank Holiday Children's centre is closed</p>  | <p>Rollers & Shakers 1:00pm - 2:15pm (0 - 12mths) Please book</p> <p>Baby Weaning Workshop 29 May 1:30pm - 3:00pm</p>  <p>Family Support Drop-in 2:30pm - 3:00pm</p> | <p>Just Jhoom Bollywood dance session Ask at reception for more information.</p>  | <p>Crawlers & Cruisers 1:00pm - 2:00pm (12 - 24mths) Please book</p>  | <p>Postnatal Midwife 1:00pm - 4:00pm</p>  |

PLEASE NOTE: Due to capacity we would ask you to please arrive on time and please cancel your booking if you no longer need it. Only one Stay and Play session per week can be booked



Breastfeeding support is available from our team every day; please call to make an appointment

Brushing 4 Life



Free children's toothbrushes and paste. Ask a member of staff

Coming Up



Baby Weaning Workshop
29 May 1:30pm - 3:00pm

2 Year old Funding

Do you qualify for FREE childcare for your two-year old child? To find out more, please speak to a member of our staff team or visit: www.hillingdon.gov.uk/freechildcare

| Session/Service | Description |
|--|---|
| Baby Clinic (Weigh & Stay) | Baby weighing clinic with local Health Visitors, please bring your red book. A Breastfeeding Advisor is also available. Partnership with the Health Visiting and Dental Health Teams |
| Baby Weaning Workshop | A monthly advice and guidance drop in group for parents weaning their baby, provided by the Health Visiting Team |
| Breastfeeding Peer Support Training | This is a 12 week course for women who have breastfed and would like to expand their knowledge and support other mothers in breastfeeding |
| Bump and After | A supportive group for 1 st time parents and babies. Breastfeeding advice available |
| Childminder's Group | Childminders support group, as well as parents interested in meeting childminders. |
| Crawlers & Cruisers | Stay and Play session for children ages 12-24 months and their grownups to play together. |
| Family Support Drop In | These sessions are for parents wishing to speak with the Family Development Worker on a one to one basis, offering support, advice or guidance on a range of issues including parenting, finance, health or anything that could affect the family |
| Fitness Fun | An engaging fitness session to give children the opportunity to explore a range of activities that promote physical development. |
| La Leche | A mother-to-mother breastfeeding support group run by La Leche League |
| Pebbles | Stay & play session for parents and children to learn through play, planned around the Early Years Foundation Stage |
| Rollers and Shakers | Stay and Play session for children 0-12 months and their grownups with multi-sensory activity. |
| Small Talk | A speech and language session for the under 5s. If you have concerns about your child's speech and language please call to speak to someone at the Children's Centre. |
| Stay and Play | Play, story time, songs and a snack for under 5s and their grownups, planned around the Early Years Foundation Stage |
| Ward Councillor Surgery | Yiewsley Ward Councillor's Surgery to assist residents with any issues. |

PLEASE ALSO HAVE A LOOK AT CHERRY LANE AND COLHAM MANOR CHILDREN CENTRES TIMETABLES AT

| | |
|----------------------------------|--|
| Yiewsley Library Sessions | <ul style="list-style-type: none"> • Baby Rhymetime (under 2's)- Tuesday's 2:15pm - 3:15pm • Conversation Classes- Wednesday's 10:00am - 11:00am • Rhymetime (Under 5's)- Friday's 10:00am - 11:00am |
| Useful information | Families Information Service - 01895 556489, Community Midwives - 01895 279472, Yiewsley Health Visitors - 01895 452000, P3 Advice and guidance on benefits, housing, work related issues and much more -01895 436114, Hillingdon Talking Therapies - 01895 206 800 |

www.hillingdon.gov.uk/childrenscentres

