

Adapting services to meet cultural needs



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Goshawk Gardens is a supported living home for adults with learning disabilities. The scheme promotes independence for service users and encourages them to prepare their own meals as part of their self-sufficiency.

One service user expressed that they wanted to continue eating the same diet as at home but couldn't find any meals in the supermarkets, nor have the skills to cook themselves.

The service user is now supported to shop for and cook their own meals when they wish to do so. The family have also sourced a local chef who delivers culturally specific food when required.



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The service user and their family are extremely happy with the bespoke and creative solution.

The service user is being supported to continue their cultural traditions and build new skills and confidence.

Relationships between the service, family and service user have also benefitted from working closer together.



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