

Women in the Community



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The Stronger Communities Team work with different equality groups to promote equality, inclusion and cohesion.

The team identified a need to support, harness and promote the cross representation and intergenerational challenges for women in the local community.

The purpose is to address gender imbalance; women have not, and in many respects still do not have, the same rights as men.



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The team support, coordinate and organise a variety of events, for example:

- Supporting Hillingdon's Women in the Community Network
- Celebrating International Women's Day
- Co-ordinating multi activities across the business, public and community sector

These events bring women together, highlight the achievements of women and address the barriers and challenges still faced.



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The team aim to involve as many people as possible in understanding the discrimination women face and how this can be positively challenged.

Through workshops, art, awareness events, talking therapies and women only sessions, women said they felt more empowered to make choices and challenge where they felt appropriate, were able to explore in a safe environment the impact of domestic abuse and also share cultural barriers that can hinder change.

By understanding these barriers in a supportive environment, women identified how they could overcome them and for example explore further education and career options.



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