

Transitions Project

16-25 year olds



DASH
Wood End Centre
Judge Heath Lane
Hayes
UB3 2PB
020 8848 8319
info@dash.org.uk



Support We Provide

If you are aged between 16 and 25 years old, with a disability, then we will be able to support you with the following:

- ➔ Advice for the young person and/or family
- ➔ Help to fill in forms relating to benefits
- ➔ To attend appointments relating to benefits
- ➔ Promotion of independent living skills
- ➔ Attending GP, dental and eye test appointments
- ➔ Guidance to attend local community groups in Hillingdon

Disablement Association Hillingdon known more commonly as DASH, was formed in 1984 and is a user-led charity based in Hillingdon, West London.

DASH challenges peoples perceptions and encourages disabled people of all ages to reach their full potential. We provide advice, support and activities that allow disabled people to take control of their lives and become more independent, confident and part of the community.



DASH Reg Charity No. 1093818
Reg Company No. 4204456

www.dash.org.uk