

South West Locality Children's Centres

6 September - 22 October 2021



The Centres are open Monday - Friday (9:00am - 4:00pm) for information and support for families with children up to 5 years of age. Due to Covid restrictions we have limited spaces on the face to face sessions and will be prioritising families accordingly.




<p>Cherry Lane Children's Centre Sipson Road, West Drayton, UB7 9DL T. 01895 250393 E. cherrylanecc@hillington.gov.uk</p>	<p>Colham Manor Children's Centre Violet Avenue, Hillingdon, UB8 3PT T. 01895 250211 E. colhammanorcc@hillington.gov.uk</p>	<p>Oak Farm Children's Centre Windsor Avenue, Hillingdon, UB10 9PD T. 01895 250865 E. oakfarmcc@hillington.gov.uk</p>	<p>Uxbridge Children's Centre Whitehall Road, Uxbridge, UB8 2DQ T. 01895 558190 E. uxbridgecc@hillington.gov.uk</p>	<p>Yiewsley Children's Centre Colham Avenue, Yiewsley, UB7 8HF T. 01895 558194 E. yiewsleycc@hillington.gov.uk</p>
--	--	--	--	---

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>Stay & Play @ Yiewsley CC (0 - 5 years) 9:30am - 11:00am Please Book</p> <p>Stay & Play @ Oak Farm CC (0 - 5 years) 10:00am - 11:00am Please Book</p> <p>Baby Group @ Uxbridge CC (0 - 12 months) 10:00am - 11:00am Please Book</p> <p>Language for Life @ Colham Manor CC 10:00am - 11:00am Invite/Referral Only</p> <p>☯ ☯ ☯</p> <p>2 Year Old Funding Information available at all Children's Centres Please Call or Email</p>	<p>Stepping Stones @ Colham Manor CC 10:00am - 11:00am Invite/Referral Only</p> <p>Attention Hillingdon @ Oak Farm CC 10:00am - 11:00am Invite/Referral Only</p> <p>Attention Hillingdon @ Cherry Lane CC 10:00am - 11:00am Invite/Referral Only</p> <p>☯ ☯ ☯</p> <p>Virtual (Microsoft Teams) Your Bump & Beyond (Antenatal classes for first time expectant parents in Hillingdon) Various Dates & Times Booking/Invite ONLY</p> <p>Virtual (Microsoft Teams) Parenting Various Dates & Times Invite/Referral Only</p>	<p>Let's Get Active @ Yiewsley CC (2 - 5 years) 9:30am - 11:00am Please Book</p> <p>Walk in the Park (Colham Green Recreation Ground UB8 3QQ) (All ages welcome) 10:00am - 11:00am Please Book</p> <p>Baby Group @ Colham Manor CC (0 - 12 months) 10:30am - 11:30am Please Book</p> <p>Stepping Stones @ Cherry Lane CC 10:00am - 11:00am Invite/Referral Only</p> <p>Attention Hillingdon @ Uxbridge CC 10:00am - 11:00am Invite/Referral Only</p>	<p>Children's Integrated Therapy Service @ Yiewsley CC 16 September - Speech & Language 21 October - Physiotherapy 9:00am - 12:30pm Booking/Invite ONLY</p> <p>Let's Get Active @ Colham Manor CC (2 - 5 Years) 10:00am - 11:00am Please Book</p> <p>Stay & Play @ Cherry Lane CC (0 - 5 Years) 10:00am - 11:00am Please Book</p> <p>Time for Two's @ Oak Farm CC 10:00am - 11:00am Invite/Referral Only</p> <p>Stepping Stones @ Yiewsley CC 10:00am - 11:00am Invite/Referral Only</p>	<p>Stay & Play @ Colham Manor CC (0 - 5 years) 9:30am - 10:30am Please Book</p> <p>Play to Learn @ Yiewsley CC (0 - 5 years) 10:00am - 11:00am Invite/Referral Only</p> <p>Let's Get Active @ Cherry Lane CC (2 - 5 Years) 10:30am - 11:30am Please Book</p> <p>Baby Group @ Oak Farm CC (0 - 12 months) 11:00am - 12:00midday Please Book</p> <p>Stay & Play @ Uxbridge CC (0 - 5 years) 10:00am - 11:00pm Please Book</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon	<p>Baby Group @ Yiewsley CC (0 - 12 months) 1:30pm - 3:00pm Please Book</p> <p>Stepping Stones @ Uxbridge CC 1:30pm - 2:30pm Invite/Referral Only</p> <p>Baby Massage @ Oak Farm CC 2:00pm - 3:00pm Please Book</p> <p>Baby Group @ Cherry Lane CC (0 - 12 months) 1:30pm - 2:30pm Please Book</p> <p>☯ ☯ ☯</p> <p>Virtual (Microsoft Teams) Be Inspired (Healthy Mind, Healthy Body for Mums) Various Dates & Times Booking/Invite ONLY</p>	<p>Stay & Play @ Cherry Lane CC (0 - 5 years) 1:30pm - 2:30pm Please Book</p> <p>Let's Get Active @ Colham Manor CC (2 - 5 Years) 1:30pm - 2:30pm Please Book</p> <p>Brilliant Parenting @ Oak Farm CC 12:30pm - 2:30pm (5 Oct - 16 Nov) Invite/Referral Only</p> <p>Baby Massage @ Yiewsley CC 1:30pm - 2:30pm Please Book</p> <p>☯ ☯ ☯</p> <p>Virtual Weaning Parties Please contact the Health Visiting Team on: 01895 891302</p>	<p>Children's Integrated Therapy Service @ Oak Farm CC: 8 September - Physiotherapy 27 October - Physiotherapy 10 November - Speech & Language 24 November - Occupational Therapy 1:00pm - 4:00pm Booking/Invite ONLY</p> <p>Stay and Play @ Yiewsley CC (0 - 5 years) 1:30pm - 3:00pm Please Book</p> <p>Let's get Active @ Uxbridge CC (2 - 5 years) 1:30pm - 2:30pm Please Book</p> <p>Language for life @ Oak Farm CC 1:30pm - 2:30pm Invite/Referral Only</p> <p>Stepping Stones @ Colham Manor CC 1:30pm - 2:30pm Invite/Referral Only</p>	<p>Time for Two's @ Cherry Lane CC 1:00pm - 2:00pm Invite/Referral Only</p> <p>Let's Get Active @ Oak Farm CC (2 - 5 Years) 1:30pm - 2:30pm Please Book</p> <p>Nurturing Beginnings @ Uxbridge CC 1:30pm - 3:00pm Invite/Referral Only</p> <p>Stay & Play Plus @ Colham Manor CC (0 - 5 years) 1:30pm - 2:30pm SEND, CDC or Speech & Language Referrals Only</p> <p>Dad's Stay & Play @ Cherry Lane CC (0 - 5 years) Saturdays 10:00am - 11:30am 11 September & 9 October Please Book</p>	<p>Baby Massage @ Colham Manor CC 1:30pm - 2:30pm Please Book</p> <p>Little Chefs (Healthy Eating Club) @ Uxbridge CC (2 - 5 years) 1:30pm - 2:30pm Please Book</p> <p>Stepping Stones @ Oak Farm CC 1:30pm - 2:30pm Invite/Referral Only</p> <p>☯ ☯ ☯</p> <p>Virtual (Microsoft Teams) Workshops 8 October - Toilet Training 15 October - Fussy Eating 22 October - Behaviour Strategies 1:30pm - 2:30pm Please Book</p>
	<p>Other services delivered at the Centres</p>	<p>Midwifery Clinics, Health Visitor Clinics, Breastfeeding support Clinics, Perinatal Mental Health Clinics, Child Development Centre Clinics and Neo Natal Clinics. These are all booked by appointment with the service only.</p>			
<p>Useful information</p>	<p>Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302, Hillingdon Talking Therapies - 01895 206 800</p>				

We are delivering Virtual Group Sessions via:



Breastfeeding support available daily




Find Cherry Lane, Colham Manor & Yiewsley Children's Centres on Facebook



Vitamins can be collected at the Children's Centres



P3 Charity Advice service for parents



Dental care advice for children

