



North Locality Children's Centres, South Ruislip, Coteford and Harefield

September to October 2021

The Centres are open Monday - Friday (9am to 4pm) for information and support for families with children up to 5 years

HILL

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>Two Year Funding Event Coteford 20 September 10.30am to 11.30am Invite only</p> <p>Stay and Play for two year olds Coteford 27 September to 18 October 10.30am to 11.30am Please call to book the day before</p> <p>Stay and Play 0 to 5 year olds Harefield 10.00am to 11.30am 6 September to 25 October Please call to book the day before</p> <p>Baby Group 0 to 12 months South Ruislip 10.00am to 11.00am 6 September to 25 October Please call to book the day before</p>	<p>Happy Hedgehogs SEN Stay and Play Coteford 10.30am to 11.30am 7 September to 26 October Please call to book</p> <p>Small Talk Harefield 9.00am to 12.00pm Starting 7 September Invite only</p> <p>Stay and Play 0 to 5 year olds South Ruislip 9.30am to 11.00am 7 September to 26 October Please call to book the day before</p>	<p>Stay and Play 0 to 5 year olds Coteford 10.00am to 11.30am 8 September to 27 October Please call to book the day before</p> <p>Baby Group (musical babies) Harefield 0 to 12 months 10.30am to 11.30am 8 September to 27 October Please call to book the day before</p> <p>Supporting Autism Virtual 10.00am to 11.30am 22 September to 13 October Referral/Invite only</p>	<p>Attention Hillingdon Harefield 2 to 4 years 10.00am to 11.00am 9 September to 21 October Referral/invite only</p> <p>Little Cooks South Ruislip 2 to 5 years 10.00am to 11.30am 16 September to 14 October A four week course covering healthy eating and cooking Please call to book your place</p>	<p>Forest School Harefield Confident walkers to 4 years 10.00am to 11.30am 17 September to 22 October Six week course Please call to book</p> <p>Stay and Play Forces Families Held at the link at RAF Northolt 0 to 5 years 10.00am to 11.00am 24 September to 22 October Please call Harefield to book</p>
AFTERNOON	<p>Nurturing Beginnings Coteford 1.00pm to 2.30pm 27 September to 1 November Referral/Invite Only</p> <p>P3 Advice Coteford 1.30pm to 4.00pm Starting on 6 September Please call to book</p> <p>Language for Life Harefield 1.30pm to 2.30pm 27 September to 25 October Invite only</p> <p>Step by Step Parenting Virtual 1.00pm to 2.00pm 20 September to 11 October Please call to book</p>	<p>Baby Massage Coteford 0 to 6 months 1.30pm to 2.30pm 21 September to 12 October A four week course Please call to book</p> <p>Stay and Play For under two's South Ruislip 1.00pm to 2.30pm 7 September to 26 October Please call to book the day before</p>	<p>Your Bump and Beyond (antenatal programme) Virtual 1.00pm to 2.30pm 8 September to 22 September Please call to book</p> <p>Child Development Reviews Harefield 1.15pm to 4.15pm Starting 8 September Invite only</p> <div style="border: 1px solid black; background-color: yellow; padding: 5px; margin-top: 10px;"> <p>Please note that bookable sessions can be booked after 10.00am by ringing one of the centres the day before that session starts.</p> </div>	<p>Baby Group Coteford 0 to 12 months 1.30pm to 2.30pm 9 September to 28 October Please call to book the day before</p> <p>Baby Massage Harefield 0 to 6 months 1.30pm to 2.30pm 16 September to 7 October A four week course Please call to book</p> <p>Stay and Play 0 to 5 year olds South Ruislip 1.30pm to 3pm 9 September to 28 October Please call to book</p>	<p>1 to 1 Sessions Coteford 2.00pm to 4.00pm Referral/Invite only</p> <p>1 to 1 Sessions Harefield 2.00pm to 4.00pm Referral/Invite only</p> <p>1 to 1 Sessions South Ruislip 2.00pm to 4.00pm Referral/Invite only</p>

Contact Us:

South Ruislip Children's Centre
Queens Walk HA4 0LR
01895 556806
srcc@hillington.gov.uk

Harefield Children's Centre
High Street, Harefield UB9 6BT
01895 277108
harefieldcc@hillington.gov.uk

Coteford Children's Centre
Fore Street
Pinner HA5 2HX
01895 556682

	Monday	Tuesday	Wednesday	Thursday	Friday
Midwifery Clinic (appointments ONLY)	Midwifery (CCC) Breastfeeding 1 to 1 (SRCC)	Midwifery (SRCC) Breastfeeding 1 to 1 (HCC)	Midwifery(CCC) Virtual Weaning Party Run by the Health Visiting Team on Zoom Meeting ID: 954 1018 8033 Passcode: Weaning Wednesdays 10:00am to 11:00am	Midwifery (HCC) Midwifery (SRCC)	Midwifery (SRCC)
Other Services (appointments ONLY)	Physiotherapy/Speech and Language (SRCC) Breastfeeding 1 to 1 (SRCC) Health Visitors Clinic (CCC)	Health Visitors Clinic (HCC) Speech and Language (HCC)	Perinatal Mental Health (CCC) Breastfeeding Specialist Clinic by appointment (SRCC)		
Useful information	Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302, Hillingdon Talking Therapies - 01895 206800				

Please ask for more information:



Navigator Yiewsley Advice Centre
(Housing, Education, Training, Employment, Health, Benefits)
T. 01895 436114



Virtual Oral Health Education Session for Parents & Carers via ZOOM
Please call 01895 558194 for more information



2 Year Old Funding
Do you qualify for **FREE** childcare for your two-year old child?
To find out more, please speak to a member of our staff team or visit:
www.hillingdon.gov.uk/freechildcare



With **Healthy Start**, you get **free** vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.

Also check out the other children's centres timetables at: www.hillingdon.gov.uk/childrenscentres

