



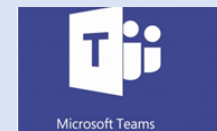
HOW TO BOOK - Please call a childrens centre to book the working day BEFORE the session. Calls will be taken from 9.30am. If you cannot attend please **CALL to CANCEL** as soon as you know.




	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>Barra Hall Toddler Time (1 to 3 years) 10am to 11am Please book</p> <p>Pinkwell Getting Ready for Nursery Stay and Play (3 - 4 years) 9.30am to 10.30am By Appointment Only</p> <p>Yeading Attention Hillingdon 11am to 12pm By Appointment Only</p> 	<p>Barra Hall Attention Hillingdon 10am to 11am By Appointment Only</p> <p>Pinkwell Story and Rhyme In Garden (0 to 5 years) 10am to 11am Please book</p> <p>Charville Garden Play (Walkers to 5 Years) 10am to 11am Please book</p> <p>Yeading Getting Ready for Nursery Stay and Play (3 - 4 years) 10am to 11.30am <u>24th August Only</u> By Appointment Only</p> 	<p>Barra Hall Stay and Play (1 to 5 years) 10am to 11am By Invite Only</p> <p>Pinkwell Fun in the Park (0 to 7 years) 10am to 11am Please book</p> <p>Charville Baby Music (0 to 12 months) 10.30am to 11.15am Please book</p> <p>Yeading Garden Play (Walkers to 5 Years) 10am to 11am Please book</p> <p>Yeading Getting Ready for Nursery Stay and Play (3 - 4 years) 10am to 11.30am <u>25th August Only</u> By Appointment Only</p>	<p>Barra Hall Garden Play (Walkers to 5 Years) 10am to 11am Please book</p> <p>Charville Physical Play (Walkers to 5 Years) 10am - 11am Please book</p> <p>Yeading Baby Group (0 to 12 months) 10am to 11am Please book</p>  <p>Family Support 1:1 sessions are available for parents/carers to access support and advice on topics such as toilet training, parenting/behaviour strategies, breastfeeding and routines. Please book</p>	<p>Barra Hall Baby Group (0 to 12 months) 10am to 11am Please book</p> <p>Pinkwell Stay and Play (0 to 5 years) 10am to 11am Please book</p> <p>Charville Music and Movement (18 months to 5 years) 10.30am to 11:15am Please book</p> <p>Yeading Come Talk with Me 10am - 11.30am By Appointment Only</p> <p>Yeading Getting Ready for Nursery Stay and Play (3 - 4 years) 10am to 11.30am <u>27th August Only</u> By Appointment Only</p>

HOW TO BOOK - Please call a childrens centre to book the working day BEFORE the session.
Calls will be taken from 9.30am. If you cannot attend please **CALL to CANCEL** as soon as you know.



We are delivering
Virtual Group Sessions
via:



	Monday	Tuesday	Wednesday	Thursday	Friday
AFTERNOON	<p>Barra Hall Park Walk In the Park (0 to 7 Years) 1.30pm to 2.30pm Please book</p>	<p>Barra Hall Story and Rhyme Time (1 to 3 years) 2.30pm to 3.15pm <u>Starting 3rd August</u> Please book</p>	<p>Barra Hall Getting Ready for Nursery Stay and Play (3 - 4 years) 1.30pm to 3pm By Appointment Only</p>	<p>Barra Hall Stay and Play (0 to 5 Years) 1.30pm to 2.30pm Please book</p>	<p>Barra Hall Two Year old Stay and Play 1.30pm to 2.30pm Please book</p>
	<p>Pinkwell Toddler Time (1 to 3 years) 1.30pm to 2.30pm Please book</p>	<p>Pinkwell Baby Group (0 to 12months) (and expectant parents) 1.30pm to 2.30am Please book</p>	<p>Pinkwell Attention Hillingdon (0 to 12 months) 1.30pm to 2.30pm Please book</p>	<p>Pinkwell Buggy Walk (0 to 12months) 1.30pm to 2.30pm Please book</p>	<p>Pinkwell Baby Group (0 to 12 months) (and expectant parents) 1.30am to 2.30pm Please book</p>
	<p>Charville Baby Group (0 to 12 months) 1.30pm to 2.30pm Please book</p>	<p>Virtual Step by Step (Parenting) 1.30pm to 2.30pm By Appointment Only</p>	<p>Virtual Your Bump and Beyond 1.30pm to 3pm Please book</p>	<p>Virtual Your Bump and Beyond 1.30pm to 3pm Please book</p>	<p>Yeading Play to Learn (2 to 5 years) 1.30pm to 2.30pm Please book</p>
	<p>Yeading Baby Music (0 to 12 months) 1.30pm to 2.15pm Please book</p> 	<p>Charville Attention Hillingdon 2.15pm to 3pm By Appointment Only</p> 	<p>Charville Toddler Time (1 to 3 years) 1.30pm to 2.30pm Please book</p> <p>Yeading Music and Movement (18 months to 5 years) 1.30pm to 2.30pm Please book</p>	<p>Virtual Story and Rhyme Time (1 to 5 years) 1.30pm to 2pm Please book</p> 	<p>Family Support 1:1 sessions are available for parents/carers to access support and advice on topics such as toilet training, parenting/behaviour strategies, breastfeeding and routines. Please book</p>

Contact Us

Pinkwell Children's Centre 01895 250533 pinkwellcc@hillington.gov.uk Pinkwell Lane, Hayes, UB3 1PG	Barra Hall Children's Centre 01895 277877 bhcc@hillington.gov.uk Wood End Green Road, Hayes, UB3 2SA	Charville Children's Centre 01895 250104 charvillecc@hillington.gov.uk Bury Avenue, Hayes, UB4 8LF	Yeading Children's Centre 01895 250360 ycc-enquiries@hillington.gov.uk Carlyon Road, Hayes, UB4 ONR		
	Monday	Tuesday	Wednesday	Thursday	Friday
Midwifery Clinic (appointments ONLY)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9:30am to 12:00pm) Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 2:30pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)
Other Services (appointments ONLY)	Perinatal Mental Health (9am to 4pm)	Perinatal Mental Health (9am to 4pm) Health Reviews (9am to 4pm) Health Visitors's Clinic (9:30am to 12:30pm)	Perinatal Mental Health (9am to 4pm) Health Visitors's Clinic (9am to 4pm)	Health Visitors's Clinic (9am to 4pm) Children's Integrated Therapy Services (9:30am to 12:00pm)	Health Visitors's Clinic (9:30am to 12:30pm)

Useful information - Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302, Hillingdon Talking Therapies - 01895 206 800 - Children's Integrated Therapy Service - 01895 488 200



4th August Only
Pinkwell
 With Harlington Library
 Play in the Park
 and Teddy Bear Picnic
 (0 to 7 years)
 10am to 12pm
Yeading - The Warren Park
 Teddy Bear Picnic
 (0 to 7 years)
 11am to 12.30pm
Barra Hall
 Play Day Bear Hunt
 (0 to 7 years)
 10am to 11am
 Please Book

**Navigator Yiewsley
 Advice Centre**
 (Housing, Education,
 Training, Employment,
 Health, Benefits)
 T. 01895 436114



Please ask for more
 information:



**Virtual Oral Health
 Education Session
 for Parents &
 Carers via ZOOM**
 Please call
 01895 558194 for
 more information



2 Year Old Funding
 Do you qualify for FREE
 childcare for your two-
 year old child?
 To find out more, please
 speak to a member of
 our staff team or visit:
[www.hillingdon.gov.uk/
 freechildcare](http://www.hillingdon.gov.uk/freechildcare)

The Centres are open
Monday - Friday
(9:00am - 4:00pm)
 for information and
 support for families
 with children up to 5
 years of age.

With Healthy Start, you get
 free vouchers every week to spend on
 milk, fresh, frozen, and tinned fruit and
 vegetables, fresh, dried, and tinned
 pulses, and infant formula milk. You can
 also get free vitamins.
<https://www.healthystart.nhs.uk>
Virtual Weaning Party
 Wednesdays 10am-11am
 Please click to join:
[https://zoom.us/j/95410188033?pwd=RU
 tURlM3Z0xmTOVRMHNpCldnN2ZLUT09](https://zoom.us/j/95410188033?pwd=RUtURlM3Z0xmTOVRMHNpCldnN2ZLUT09)
Meeting ID: 954 1018 8033
Passcode: Weaning
 Questions will be answered during
 the session. If you have any further
 questions or concerns, please
 contact.
 Telephone: **01895 891 302**
 e-mail:
cnw-tr.hillingdonchildrecc@nhs.net

Also check out the other children's centres timetables at: www.hillingdon.gov.uk/childrenscentres