

HOW TO BOOK - Please call a childrens centre to book the working day BEFORE the session. Calls will be taken from 9.30am. If you cannot attend please **CALL to CANCEL** as soon as you know.

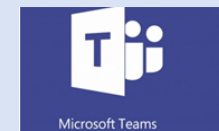
We are delivering
Virtual Group Sessions
via



	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>Barra Hall Toddler Time (1 to 3 Years) 10am to 11am Please book</p>	<p>Barra Hall Attention Hillingdon 10am to 11am By Invite Only</p>	<p>Barra Hall Play to Grow (1 to 5 Years) 10am to 11am By Invite Only</p>	<p>Barra Hall Garden Play (Walkers to 5 Years) 10am to 11am Please book</p>	<p>Barra Hall Baby Group (0 to 12 months) 10am to 11am Please book</p>
	<p>Charville Baby Group (0 to 12 months) 10.30am to 11.30am Please book</p>	<p>Charville Pea Pods (2 to 5 Years) 10am to 11am By Invite Only</p>	<p>Charville Musical Babies (0 to 12 months) 10.30am to 11.15am Please book</p>	<p>Charville Music and Movement (Walkers to 5 Years) 10am to 10.30am Please book</p>	<p>Charville Toddler Time (1 to 3 Years) 10am to 11am Please book</p>
	<p>Pinkwell Stay and Play (0 to 5 Years) 10am to 11am Please book</p>	<p>Pinkwell Story and Rhyme in the Garden (0 to 5 Years) 10am to 11am Please book</p>	<p>Pinkwell Play in the Park (0 to 5 Years) 10am to 11am Please book</p>	<p>Pinkwell Virtual Be Inspired 10am to 11.30am By Invite Only</p>	<p>Pinkwell Stay and Play (0 to 5 Years) 10am to 11am Please book</p>
	<p>Pinkwell Baby Massage (6 weeks to 6 months) 11.15am to 12.15pm By Invite Only</p>	<p>Yeading Musical Babies (0 to 12 months) 10am to 10.45am Please book</p>	<p>Pinkwell Play to Grow (0 to 5 Years) 11am to Midday By Invite Only</p>	<p>Yeading Baby Group (0 to 12 months) 10am to 11am Please book</p>	<p>Yeading Language For Life 10am - 11.30am By Invite Only</p>
	<p>Yeading Attention Hillingdon 11am to 12pm By Invite Only</p>		<p>Yeading Virtual Baby Massage (6 weeks to 6 months) 11am to Midday By Invite Only</p>	<p>Yeading Baby Group (0 to 12 months) 10am to 11am Please book</p>	
			<p>Yeading Garden Play (Walkers to 5 Years) 10am to 11am Please book</p>	<p>Family Support 1:1 sessions are available for parents/carers to access support and advice on topics such as toilet training, parenting/behaviour strategies, breastfeeding and routines. Please book</p>	
			<p>Barra Hall Nurturing Beginings 10.30am to 12.30pm By Invite Only</p>		

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	Monday	Tuesday	Wednesday	Thursday	Friday
AFTERNOON	<p>Barra Hall Walk In the Park (0 to 5 Years) 1.30pm to 2.30pm Please book</p>	<p>Barra Hall Messy Play (Walkers to 5 Years) 1.30pm to 2.30pm Please book</p>	<p>Barra Hall Little Cooks (2 - 5 Years) 1.30pm to 2.30pm By Invite Only</p>	<p>Barra Hall Stay and Play (0 to 5 Years) 1.30pm to 2.30pm Please book</p>	<p>Barra Hall Two Year old Stay and Play 1.30pm to 2.30pm Please book</p>
	<p>Charville Play to Grow (0 to 5 Years) 1.30pm to 3pm By Invite Only</p>	<p>Charville Stay and Play (0 to 5 Years) 2pm to 3pm Please book</p>	<p>Charville Attention Hillingdon 1.30pm to 2.30pm By Invite Only</p>	<p>Charville Virtual Your Bump and Beyond (Antenatal Classes) 1.30pm to 3pm Please book</p>	<p>Charville Play to Learn (2 to 5 Years) 1pm to 2pm Please book</p>
	<p>Pinkwell Attention Hillingdon 1.30pm to 2.30pm By Invite Only</p>	<p>Pinkwell Toddler Time (1 to 3 Years) 1.30pm to 2.30pm Please book</p>	<p>Pinkwell Virtual Your Bump and Beyond (Antenatal Classes) 1.30pm to 3pm Please book</p>	<p>Pinkwell Story and Rhyme In Garden (0 to 5 years) 1.30pm to 2.30pm Please book</p>	<p>Pinkwell Baby Group (0 to 12months) (and expectant parents) 1.30pm to 2.30am Please book</p>
	<p>Yeading Toddler Time (1 to 3 Years) 1.30pm to 2.30pm Please book</p>	<p>Yeading Virtual Step by Step (Parenting) 1.30pm to 3pm By Invite Only</p>	<p>Pinkwell Starting 22nd September Baby Gym (Crawlers to 18 months) 1.30pm to 2.30pm Please book</p>	<p>Yeading Play to Learn (2 to 5 Years) 1.30pm to 2.30pm Please book</p>	<p>Yeading Music and Movement (Walkers to 5 Years) 1.30pm to 2.30pm Please book</p>
	<p>Family Support 1:1 sessions are available for parents/carers to access support and advice on topics such as toilet training, parenting/behaviour strategies, breastfeeding and routines. Please book</p>	<p>Yeading Play to Grow (0 to 5 Years) 1.30pm to 2.30pm By Invite Only</p>	<p>Yeading Virtual Story and Rhyme Time (1 to 5 Years) 1.30pm to 2pm Please book</p>	<p>Charville Messy Play (Walkers to 5 Years) 1.30pm to 2.30pm Please book</p>	

Contact Us

Pinkwell Children's Centre 01895 250533 pinkwellcc@hillington.gov.uk Pinkwell Lane, Hayes, UB3 1PG	Barra Hall Children's Centre 01895 277877 bhcc@hillington.gov.uk Wood End Green Road, Hayes, UB3 2SA	Charville Children's Centre 01895 250104 charvillecc@hillington.gov.uk Bury Avenue, Hayes, UB4 8LF	Yeading Children's Centre 01895 250360 ycc-enquiries@hillington.gov.uk Carlyon Road, Hayes, UB4 ONR		
	Monday	Tuesday	Wednesday	Thursday	Friday
Midwifery Clinic (Invites ONLY)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9:30am to MIDDAY)	Midwife (9am to 4pm) Midwife (9am to 2:30pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm)
Other Services (Invites ONLY)	Perinatal Mental Health (9am to 4pm) Health Visitor (9am to 4pm)	Perinatal Mental Health (9am to 4pm) Health Visitor (9:15am to 4pm) Health Visitor (9.15am to 4pm)	Perinatal Mental Health (9am to 4pm) Health Visitor(9am to 4pm)	Children's Integrated Therapy Services (9:30am to MIDDAY) Speech and Language Therapy (9:30am to MIDDAY) Health Visitor (9.15am to 4pm)	Health Visitor (9:30am to 12:30pm) Health Visitor (9.15am to 4pm)

Useful information - Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302
 Hillingdon Talking Therapies - 01895 206 800 - Children's Integrated Therapy Service - 01895 488 200

<p><u>Dads/Male Carers Group</u> Last Saturday of each month 10am - 11.30am</p> <p style="text-align: center;">25th September 30th October 27th November 18th December</p> <p style="text-align: center;"><u>Pea Pods</u> Every Tuesday 10am - 11am</p> <p>Pea Pods Group is a follow on sessions from Attention Hillingdon. The sessions support families that are awaiting a Child Development/ Speech and Language assessment for early intervention to support their child's individual needs.</p>	<p style="text-align: center;">Navigator Yiewsley Advice Centre (Housing, Education, Training, Employment, Health, Benefits)</p> <div style="text-align: center;">  <p>T. 01895 436114</p> </div> <p style="text-align: center;">Please ask for more information:</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">Virtual Oral Health Education Session for Parents & Carers via ZOOM Please call 01895 558194 for more information</p> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div>	<p style="text-align: center;">2 Year Old Funding</p> <p>Do you qualify for FREE childcare for your two-year old child? To find out more, please speak to a member of our staff team or visit: www.hillingdon.gov.uk/freechildcare</p> <p>The Centres are open Monday - Friday (9:00am - 4:00pm) for information and support for families with children up to 5 Years of age.</p>	<p>With Healthy Start, you get free vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.</p> <p style="text-align: center;">https://www.healthystart.nhs.uk</p> <p style="text-align: center;">Virtual Weaning Party Wednesdays 10am-11am Please click to join: https://zoom.us/j/95410188033?pwd=RUtURlM3Z0xmTOVRMHNpClDnN2ZLUT09 Meeting ID: 954 1018 8033 Passcode: Weaning Questions will be answered during the session. If you have any further questions or concerns, please contact. Telephone: 01895 891 302 e-mail: cnw-tr.hillingdonchildrecc@nhs.net</p>
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Also check out the other children's centres timetables at: www.hillingdon.gov.uk/childrenscentres