



Hillingdon Antenatal Breastfeeding Workshops

First Thursday of every month: **12pm to 2pm**
Repeated 6pm to 8pm

Infant Feeding Team: **01895 891 302** or
cnwl.hillingdonbreastfeedingsupport@nhs.net



NHS
**Central and
North West London**
NHS Foundation Trust

Come to meet others, share experiences
and ask questions

Antenatal Breastfeeding Workshops

Our virtual groups are a space where you can get help and support with feeding your baby. The groups are hosted by Hillingdon Infant Feeding Team, and aimed at mothers to be and partners from around 34 weeks.

No booking required. Join using the QR code below.



Meeting ID: 983 2978 8809
Passcode: 998877