



HILLINGDON

South East (Hayes) Children's Centres

5th September to 21st October

The Centres are open Monday - Friday (9:00am - 4:00pm)

HOW TO BOOK - Please call a Children's centre to book the working day BEFORE the session. Calls will be taken from 9.30am. If you cannot attend please **CALL to CANCEL** as soon as you know.

We are delivering
Virtual Group Sessions
via




	Monday	Tuesday	Wednesday	Thursday	Friday	
MORNING	<p>Barra Hall Stay and Play (0 to 5 Years) 10am to 11:15am Please book</p> <p>Baby Massage 10:30am to 11:30am Invite only Starts 26th September</p> <p>Charville Baby Group (0 to 12 months) 10.00am to 11:30am Please book</p> <p>McMillan Stay and Play (starts 12th September) (0 to 5 Years) 10am to 11:15am Please book</p> <p>Pinkwell Stay and Play (0 to 5 Years) 10am to 11:15am Please book</p> <p>Yeading Attention Hillingdon 11am to 12pm By Invite Only</p> <p>Yeading Stay and Play Plus (0 to 5 Years) 10am to 11am By Invite Only Starting 19th Sept</p>	<p>Barra Hall Attention Hillingdon 10am to 11am By Invite Only</p> <p>Barra Hall Let's Get Active (Walkers to 5 Years) 11:15-12:15am Please Book</p> <p>Charville Stay and Play Plus (2 to 5 Years) 10am to 11am By Invite Only</p> <p>McMillan Garden Play (0 to 5 Years) 10am to 11:15am Please book</p> <p>Pinkwell Garden Play (0 to 5 Years) 10am to 11:15am Please book</p> <p>Yeading Musical Babies (0 to 12 months) 10am to 10:45am Please book</p> <p>Yeading Attention Hillingdon 11am to 12pm By Invite Only</p>	<p>Barra Hall Little Cooks 10am to 11:15am By Invite Only Starts 21st September</p> <p>Barra Hall Baby Group (0 to 6 months) 10:15am to 11:15am Please Book Starts 28th September</p> <p>Charville Look what I can do 10am to 11:15am Please book</p> <p>Pinkwell Look What I can Do (2 to 5 Years) 10am to 11:30am Invite Only</p> <p>Yeading Parent Space (0 to 5 Years) 10am to 11am Invite Only</p> <p>Yeading Attention Hillingdon 11am to 12pm By Invite Only</p>	<p>Barra Hall Garden Play (0 to 5 Years) 9:30am to 10:30am Please book</p> <p>Charville Music and Movement (Walkers to 5 Years) 10am to 11am Please book</p> <p>McMillan Music and Movement (Walkers to 5 Years) 10am to 11am Please book</p> <p>Yeading Baby Group (0 to 12 months) 10am to 11:30am Please book</p> <p>Yeading Attention Hillingdon 11am to 12pm By Invite Only</p> <p>Pinkwell NEW! Breastfeeding Drop In 11am to Middy</p>	<p>Barra Hall Baby Group (0 to 12 months) 9th - 30th September 10am to 11am Please book</p> <p>Barra Hall Early Bird Starts 7th October 9:30am to 11:30am Invite only</p> <p>Charville Toddler Time (1 to 3 Years) 10am to 11am Please book</p> <p>McMillan Stay & Play Plus 9, 16, 23 and 30 September only 10am to 11:15am Invite only</p> <p>Yeading Language For Life 10am - 11:30am By Invite Only Starts 16th September</p>	
						<p>Ask about our... Locality Community Outreach!</p>

South East (Hayes) Children's Centres

5th Sep - 21st October

HOW TO BOOK - Please call a Children's Centre to book the working day BEFORE the session. Calls will be taken from 9.30am. If you cannot attend please **CALL to CANCEL** as soon as you know.

	Monday	Tuesday	Wednesday	Thursday	Friday
AFTERNOON	<p>Barra Hall Walk In the Park (0 to 5 Years) 1:30pm to 2:30pm Please book</p>	<p>Barra Hall Musical Babies (0 to 12 months) 1:30pm to 2:30pm Please book</p>	<p>Barra Hall Time for Twos (2 Years) 1:30pm to 2:45pm By Invite Only</p>	<p>Barra Hall AWG 12:30pm to 2:30pm Invite only</p>	<p>Barra Hall Parent Space 1:30pm to 2:30pm Invite only</p>
	<p>Charville Parent Space (0 to 5 Years) 1:30pm to 2:30pm By Invite Only</p>	<p>McMillan Attention Hillingdon 1:30pm to 2:30pm By Invite Only</p>	<p>Charville Attention Hillingdon 1:30pm to 2:30pm By Invite Only</p>	<p>Stay and Play (0 to 5 Years) 1:30pm to 2:30pm Please book</p>	<p>Charville Play to Learn (1 to 5 Years) 1pm to 2pm Please book</p>
	<p>McMillan Messy Play (Walkers to 5 Years) 1:30pm to 2:30pm Please book</p>	<p>Pinkwell Stay and Play (2 Year Olds only) 1:30pm to 2:45pm Please book</p>	<p>McMillan Baby Gym (Movers to 16 months) 1:30pm to 2:30pm</p>	<p>Charville Stay and Play (0 to 5 Years) 1:30pm to 3pm Please book</p>	<p>Pinkwell Stay and Play (0 to 5 years) 1:30pm to 2:45pm Please book</p>
	<p>Pinkwell Attention Hillingdon 1:30pm to 2:30pm By Invite Only</p>	<p>Yeading Your Bump and beyond 1pm to 3pm By Invite Only Starting 13th September</p>	<p>Pinkwell Parent Space 1:30pm to 2:45pm Invite Only</p>	<p>McMillan Parent Space 1:30pm to 2:30pm Invite only</p>	<p>Yeading Music and Movement (Walkers to 5 Years) 1:30pm to 2:30pm Please book</p>
	<p>Yeading Forest School (2 to 5 Years) 2pm to 3pm Please book</p>	<p>Yeading Sign Along Stay and Play (1 - 5 years) 2pm - 3pm Till 4th Oct Invite Only</p>	<p>Yeading Story and Rhyme Time (1 to 5 Years) 1:30pm to 2:30pm Please book</p>	<p>Pinkwell Baby Group (birth to walkers) 1:30pm to 2:30pm Please book</p>	
		<p>Yeading Family Links (Parenting) 1pm to 3pm By Invite Only Starting 4th October</p>	<p>Family Support 1:1 sessions are available for parents/carers to access support and advice on topics such as toilet training, parenting/behaviour strategies, breastfeeding and routines. Please book</p>	<p>P3 1pm - 4pm (Advice on; Housing, Education, Training, Employment, Health, Benefits)</p>  <p>Yeading Play to Learn (1 to 5 Years) 1:30pm to 2:30pm Please book</p>	<div style="border: 1px solid black; padding: 5px;"> <p><u>Dads/Male Carers Group</u> Last Saturday of each month 10am - 11.30am</p> <p>24th September 29th October 26th November 17th December</p> </div>

Barra Hall Children's Centre 01895 277877 bhcc@hillingdon.gov.uk Wood End Green Road, Hayes, UB3 2SA	Charville Children's Centre 01895 250104 charvillecc@hillingdon.gov.uk Bury Avenue, Hayes, UB4 8LF	McMillan Children's Centre 01895 556092 mcmillancc@hillingdon.gov.uk Judge Heath Lane, Hayes, UB3 2PD	Pinkwell Children's Centre 01895 250533 pinkwellcc@hillingdon.gov.uk Pinkwell Lane, Hayes, UB3 1PG	Yeading Children's Centre 01895 250360 ycc-enquiries@hillingdon.gov.uk Carlyon Road, Hayes, UB4 0NR
--------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------

Also check out the other children's centres timetables at: www.hillingdon.gov.uk/childrenscentres

	Monday	Tuesday	Wednesday	Thursday	Friday
Midwifery Clinic (Invites ONLY)	Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)	Midwife (9am to 4pm) Midwife (9am to 4pm) Midwife (9am to 4pm)
Other Services (Invites ONLY)	Perinatal Mental Health (9am to 4pm) Health Visitor (9am to 4pm) Richmond Fellowship (9:00am to 4:00pm) Physiotherapy (8.45am to 12:00pm) Speech and Language Therapy (9:30am to 12.30pm) Health Visitor (9:15am to 4pm) ADS Barra Hall (16:30 to 20:00) Monday to Friday	Perinatal Mental Health (9am to 4pm) Richmond Fellowship (9:00am to 4:00pm) Health Visitor (9:15am to 4pm) Health Visitor (9:15am to 4pm) 	Perinatal Mental Health (9am to 4pm) Health Visitor (9am to 4pm) Speech and Language Therapy 9:30am to 12:30pm Speech and Language Therapy (9:30am to 12.30pm)	Perinatal Mental Health (9am to 4pm) Children's Integrated Therapy Services (9:30am to MIDDAY) Speech and Language Therapy (9:30am to MIDDAY) Richmond Fellowship (9:00am to 4:00pm) Health Visitor (9.15am to 11) Breastfeeding 11:00 to 12:00 P3 1:00pm to 4:00pm Health Visitors 9:15am to 4pm	Perinatal Mental Health (9am to 4pm) Health Visitor (9:30am to 12:30pm) Health Visitor (9:15am to 4pm) 

Useful information - Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302
 Hillingdon Talking Therapies - 01895 206 800 - Children's Integrated Therapy Service - 01895 488 200

Virtual Weaning Party Wednesdays 10am-11am Please click to join: <https://zoom.us/j/95410188033?pwd=RUtURlM3Z0xmT0VRMHNpClDnN2ZlUT09> Meeting ID: 954 1018 8033
 Passcode: Weaning Questions will be answered during the session. If you have any further questions or concerns, please contact.
 Telephone: **01895 891 302** e-mail: cnw-tr.hillingdonchildrencc@nhs.net

2 Year Old Funding, Do you qualify for FREE childcare for your two-year old child? To find out more, please speak to a member of our staff team or visit: www.hillingdon.gov.uk/freechildcare

With Healthy Start, you may be entitled to free vouchers week to spend on milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses, and infant formula milk. You can also get free vitamins. <https://www.healthystart.nhs.uk>